

# Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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## Mount set to graduate 580 students

Mount St. Mary's 207th Commencement Ceremony, to be held on Sunday, May 10, will honor more than 580 undergraduate and graduate students.

This year's Commencement speaker is R. James Nicholson, former Secretary of Veterans Affairs. During his tenure from 2005 to 2007, Nicholson advocated for veterans in the U.S. government and worked toward their continued care, support and dignity.

Before becoming Secretary of Veterans Affairs, Nicholson was the U.S. Ambassador to the Holy See from 2001 to 2005, where he became well known in Rome for his persistent advocacy for human dignity. He gave special attention to issues such as human trafficking, religious freedom, starvation and bio-tech food, HIV-AIDS, and international terrorism. During his time as Ambassador, he was knighted by Pope John Paul II for his work representing the U.S. to the Vatican. He currently serves on the board of directors of the Daniels Fund, the Consortium of Catholic Academics and the Horatio Alger Association.

The Emmitsburg News-Journal has four seniors on staff who will

be graduating this month: Caroline King, Bridgette Nitza-Buwala, Kyle Ott, and Alexandra Tyminski.

Caroline King, an English major, has served as the arts writer for the Emmitsburg News-Journal. She plans on moving to San Diego, California to pursue a writing career, where she will use the skills that she has learned while on staff and as a student.

Bridgette Nitza-Buwala is currently the sports writer for the ENJ and has been the Thurmont news reporter in the past. A Criminal Justice major, Bridgette may decide to either pursue a Masters of Business Administration at the Mount, or work in the human services field. She is a member of the George Henry Miles Honor Society and is looking forward to making an impact on others' lives after graduation.

Kyle Ott, a History and English double major, is currently the Assistant Editor and Senior Columnist for the ENJ. He has written as a "Four Years at the Mount" columnist since his freshman year, and he is looking forward to continuing his studies at the Newhouse School of Public Communications at Syracuse University. Afterwards, he



The Emmitsburg News-Journal congratulates all the Mount graduates, especially its four graduating writers: Bridgette Nitza-Buwala, Kyle Ott, Alexandra Tyminski, and Caroline King. We would also like to congratulate our Managing Editor, Kathryn Franke, who will be receiving her MBA. (See page 42 for related story)

hopes to become a reporter. The accomplishment that he is most proud of has been finishing a book on using games in the classroom to teach history with Dr. Greg Murry of the Mount's History Department.

Alexandra Tyminski is the English Editor and Creative Writer for the ENJ. She will be graduating with a Bachelor's Degree in Business and will be working as a public relations account executive at RMR & Associates, an integrated market-

ing and public relations firm located in Rockville, MD. She is most excited to use the skills that she has learned at the Mount in the "real world."

The Emmitsburg News-Journal congratulates all the Mount graduates — especially our four graduating writers! Caroline, Bridget, Kyle and Alexandra are exceptional individuals we have full faith that their positive impact on the world will know far reaching and beneficial to all mankind.

## Liberty Estates begins to make progress

By 2023, Liberty Township may be more than twice its current size if all goes according to the settlement agreement reached between the Liberty Township Supervisors and Wormald Companies.

After years of negotiations a conceptual development layout was signed by the developer Liberty Development Company, LLC, the Township Supervisors, and interveners in 2007. However the economic downturn of 2008- forced Wormald to temporarily place most of the project on hold. In 2011 Wormald reactivated a portion of the project and have since obtained preliminary approvals for the initial 70 lots.

At the April 7 Liberty Township meeting, supervisors and concerned residents listened to updates from Wormald, reporting that the project now consists of 569 lots (originally 1181 lots) for single-family detached residential dwellings on lot sizes ranging from 7,000 square feet to over 86,000 square feet, to be developed in 15 phases, some concurrent.

Wormald said they had obtained approval of the Liberty Estates preliminary plan in 2012 from the Township Supervisors. This plan

covers the 70 lots on the west side of the overall project. These lots are approximately 2 acres each, as well as some of the overall open space depicted on the Concept Plan. The remaining 499 lots are within the area they are calling Liberty East; no plans have yet been submitted for this area. They are hopeful this will occur before the cold weather sets in again.

Wormald is coordinating tasks with the assistance of several sub consultants, one being the 72-hour well pump testing for onsite groundwater supply system. It includes obtaining permission from several adjoining property owners to place water-level monitors in their wells, before, during, and after test. Before testing can begin, Wormald said they need to track down several adjoining owners that are within a 1,500 sq. ft. radius of the test wells for permission before they can begin the testing. Results of the testing, along with the final application for the groundwater withdrawal will be submitted to the Pennsylvania Department of Environmental Protection.

Wormald hopes to begin pump testing for ground water supply within the next one to two months. The time frame to begin



The 569 new homes slated for Liberty Estates, located just north of the border on Track Road, will result in even more evening rush hour congestion in Emmitsburg.

selling and building homes will most likely be in the next 18-24 months from now, but this is dependent on agency response to our various forthcoming plan and permit submittals.

Wormald's goal is to submit the preliminary and final plans by this fall. Given historical agency review timeframes, Wormald anticipates this to take 18-24 months (earliest

for this to be around summer 2016 and latest around spring 2017).

The agreement also allows for some potential tax benefits to current residents. Because the roads will be maintained by the homeowners' association, current township residents will not incur additional expenses to maintain the roads while new residents' taxes will help pay for current road maintenance.

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## NEWS

## Incarnation to offer “World Religions” series

Beginning in May, Pastor Chris Spruill of the Incarnation UCC will begin an adult education series titled “World Religions.” The purpose of the call will be to explore the major religions of the world. Participants will study the origin and subsequent development of each religion to gain an understanding of the religion from its historical context.

In addition to the history of the reli-

gion, Pastor Spruill will explore the doctrines, beliefs, rituals, and practices of each religion to all one to gain knowledge of the content of the religion and the religious experience of its believers. The overarching purpose of our work together is to form an understanding and appreciation of each world’s religion. Pastor Spruill will expand upon the purpose of this course in an upcoming

edition of From the Pastor’s Desk column.

Class will meet every other Wednesday evening at 7PM at Incarnation United Church of Christ in Emmitsburg and will run through August of 2016. The first class - Introduction to the Study of Religion – will be held May 20. A full list of classes can be found on the Incarnation’s website at <http://www.emmitsburg.net/iucc>. The course is free and open to the public.

## Town Comprehensive Plan update

After six years, the Planning Commission began rolling out the details to update the Emmitsburg Comprehensive Plan. As a guide, it allows the town to express basic goals and make day-to-day development decisions on the basis of reasoned and adopted policies, rather than on the individual merits of proposals. This provides the basis for making changes to zoning, subdivision, and other regulations that govern land use and infrastructure development of the community.

Town planner Susan Cipperly believes that, being situated on the border with Pennsylvania, Emmitsburg has a unique opportunity to interact with any joint planning, environmental, recreational, tourism, and economic development efforts undertaken by Frederick and Adams County entities,

as well as the National Park Service activities. There have been some efforts in the past, and Emmitsburg should participate in and encourage these regional and interstate opportunities, as they would be of benefit to the local community as well as the region as a whole. “Many of the goals of the 2009 plan have been accomplished or are underway. This will be a good way to document the progress,” said Cipperly.

As the town cannot designate more land use than systems can support, water and sewer capacity are being calculated and need to be incorporated into the land use plan. Further, Cipperly stated, “The update is not a complete reworking of the plan or a complicated review. The formatting has been changed to reflect the Twelve Visions. Each vision will have a section,

plus some additional sections that are needed.”

Once the Planning Commission deems a satisfactory draft is complete it will be sent to the Maryland Department of Planning. They will have sixty days to send it to other agencies and provide comments back to the Planning Commission, who will then hold a public hearing.

Any changes from the public hearing will be made and the completed plan will be sent to the Board of Commissioners, who will then review it and decide to adopt it or send it back to the Planning Commission for revisions.

The comprehensive plan can consider requests for changes in land use and zoning. To date, the town staff has received two notices of interest in seeking zoning revisions for properties.

## Emmitsburg NEWS-JOURNAL

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Letters to the Editor, notice of upcoming events, news stories, and interesting and creative articles are welcome and may be submitted via regular U.S. Mail to P.O. Box 543, Emmitsburg, MD 21727, or by email to [editor@emmitsburg.com](mailto:editor@emmitsburg.com).

## Changes coming to RT 76 and US 15 intersection

Somewhere down the road residents of Emmitsburg will see changes occurring on US 15

The Maryland State Highway Administration (SHA) has started the design stage for a project to improve three intersections along US 15 near Emmitsburg. The intersections are near MD 76 (Motters Station Road). At this time, the project is in the early stages. It is funded

for design only and construction has not been funded or scheduled.

This spring drivers may have noticed markers along US 15 in that area. The markers are part of a surveying effort by SHA’s design consultant to gather information. They are determining the project’s potential limits and right-of-way impacts.

The purpose of this project is to widen US 15. By widening US 15

SHA will add acceleration lanes and left turn lanes at the intersections of US 15 and Orndorff Road/Saint Anthony Road, Motters Station Road, and College Lane.

At the same time, other changes will be made at US 15 and Motters Station Road. The intersection would be altered to prohibit left-turn movements from Motters Station Road onto US 15. SHA states

that this change is due to traffic volumes and safety considerations.

This new configuration is known as the “J Turn” treatment. Vehicles that wish to turn left off of Motters Station Road onto US 15 would first have to turn right onto US 15. They will then have to U-turn at the nearby College Lane or Orndorff Road intersections. SHA believes the new left-turn and accel-

eration lanes will provide a safe area for the U-turning vehicles.

At this time SHA states the design portion of this project is approximately 65 percent complete. As the planning process moves forward, SHA will reach out to the community. They will share the design and they welcome any input from drivers and residents in the area.

## Emmitsburg Ambulance Co. reinstated

Effective May 16, the Emmitsburg Volunteer Ambulance Service (EVAS) will be open again for business. Chief Tom Owens of the Frederick Department of Fire and Rescue Service (DFRS) made the decision to reinstate EVAC due in part to them pro-

viding the required list of ten trained members. However, concerns over the EVAS reliance on Mount St. Mary’s students to meet the minimum staffing requirements persist, given the students will not be available to answer calls when school is out of session.

Dating back to 1998, EVAC’s failure rate and inability to meet county standards has come under extreme scrutiny. During those periods of suspension, EMS services have been provided by the Vigilant Hose Company (VHC).

The most recent issues concerning the Emmitsburg Volunteer Ambulance Company began in December of 2013 when the DFRS came to the leadership of the VHC and asked if they would be willing to house the county ambulance in their station along with the 24/7 career EMS staff then assigned to the EVAC.

While the EVAS will be re-instated, it will be answering calls without the current career county EMS staff. The staff has requested not to be transferred back to the EVAS as they were uncomfortable with the work environment at the EVAC and did not want to go back. The career EMS staff will be transferred to other stations and replaced with different EMS personnel.

A stipulation made by Chief Owens for reinstating EVAC is that they would begin serious discussions with the VHC concerning a merger or consolidation of the two organizations. This is not the first time the

suggestion has been made to merge the two companies.

In an editorial to community of Emmitsburg, published in this edition of the paper, Tim Clarke, President of the VHC said the Emmitsburg Ambulance Company “has been struggling for many years with recruiting and retaining members and key leaders for the organization, to the point that DFRS has repeatedly asked VHC to step in and provide a location and leadership to the career EMS staff.”

The explanation provided to the VHC leadership was that there were serious work environment concerns for their career personnel at the EVAC and they wanted the career staff moved to another location to hopefully alleviate the issue while continuing to provide quality EMS service to the community. VHC agreed to assist as requested.

EVAC was contacted several times for a statement, but failed to respond.

See page 23 for the VHC’s editorial to the community of Emmitsburg on the status of EMS services.

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# Knouse Foods tax settlement approved

Unanimously approved settlement was made by the Adams County Commissioners for a real estate tax assessment appeal from Knouse Foods Cooperative Inc. at their April 1 meeting.

Knouse Foods Cooperative, located along Orrtanna Road and Carroll's Tract Road, filed an appeal in 2008 for their 531,577-square-foot Orrtanna plant, containing various sections. The three "separately-deeded parcels" are within Highland and Hamiltonban townships and Fairfield Area School District as well as Gettysburg Area School District, said Adams County Director of Tax Services, Daryl Crum.

"It's always a challenging situation when they span over multiple years,"

Commissioner Marty Karsteter Qually said. "We really work with our townships and school districts to keep this process moving."

Based upon one-half of their 1990 fair market values, and when the appeal was filed, Knouse Foods Cooperative's total assessed value of three parcels came to be \$4,366,398, Crum said. He also noted that the 2008 fair market value was found to be \$19,846,264 for the property with a common-level ratio of 22 percent. "Knouse proffered an appraisal of \$8,612,500," Crum continued. "Despite that, the board denied the appeal."

Officials from Knouse Foods appealed to Adams County Court of Common Pleas, which forced

the county to have their own appraisal. Crum said the county hired Pat Noone, of Noone and Associates to move forward with the case. Noone found a fair market value of \$11,500,000 for the property. "Two years later, through the reassessment process, the new 2010 value and assessment were established at \$9,103,900," Crum added. For 2009 taxes, the fair market value was found to be \$11,500,000 with the assessed value at \$2,530,000, including the 22 percent common-level ratio.

In 2010, Knouse Foods Cooperative had the same fair market value as 2009, but an assessed value of \$2,553,000. According to Crum, the total 2010 assessment and tax-

es 2011 to the present and future is \$9,103,900. Broken down each parcel, the first has an assessed value of \$4.4 million, while the second parcel is \$418,000 and the third is \$4.1 million.

"With all factors considered including the downturn in the real estate market which occurred over the affected years, I believe that this is the best possible outcome, even if this were taken to trial," Crum said.

Until there is legal change from the Pennsylvania Consolidated Assessment Law, Crum said that the 2010 assessments are in effect from 2011 through 2015. The county will only refund overpayment to Knouse Foods Cooperative in 2009

and 2010 taxes because there was an agreement "to values established at the time of the 2010 reassessment," stated Crum. Adding, "There will be no further change to the current tax rolls as a result."

In other news, the Hamiltonban Township Engineer has decided to close the bridge spanning Tom's Creek at the Gum Springs end of Mount Hope Road for safety reasons. Upon further inspection, it was decided that the steel beam superstructure is in serious condition. The Board of Supervisors are working with the Township Engineer to develop a plan of action to replace or repair the bridge. For additional information, please contact the Road Department at 717-642-8531.

# Criminal Justice Advisory Board receives award

Adams County CJAB recently earned the Pennsylvania Commission on Crime and Delinquency Criminal Justice Advisory Board Best Practices award. The award was announced March 24 on behalf of the County Commissioners Association of Pennsylvania (CCAP) Committee on County Criminal Justice System Best Practices for the 21st Century.

The primary goal of the Adams County Criminal Justice Advisory Board (CJAB) is to make the community safer for residents, Commissioner Chairman Randy Phiel said in a press conference held at the courthouse in early April. "Secondly, their goal is to make all our judicial practices as effective as possible," Phiel con-

tinued. The county will officially receive the award at a ceremony on June 15. Commissioner Marty Karsteter Qually thanked the members saying, "You are doing what needs to be done to help the citizens of Adams County," "This award reflects that."

As well, Adams County Court of Common Pleas President Judge Michael George shared some of the history of the advisory board that started with 15 members in 2007. The board has now grown to 17 voting members, 35 associate members, and three sub-committees. They are focused on drug and alcohol abuse, mental health issues, as well as IT issues that the county is facing.

Reflecting on the success of the

CJAB, George said "We had a mission to improve the quality of life within Adams County by supporting the local criminal justice system through an ongoing forum for collaboration among key decision-makers." "The ongoing goal has been to create and coordinate opportunities, methods and processes within Adams County to improve the criminal justice system and lead toward more dignified, efficient, respectful and sustainable service to the community."

In addition to working closely with the Pennsylvania Commission on Crime and Delinquency, George listed a number of accomplishments the advisory board has been respon-

sible for bringing to the county in the last eight years - from focusing on educational efforts of heroin and prescription drug abuse, to partnering with probation services to offer supervision for people with mental health issues.

Other programs include Crisis Intervention Training (CIT), which is currently offered through the county's district attorney office. In January, CIT coordinator and county detective Eric Beyer put together a week-long program to help avoid criminalizing behavior that stems from mental illness. More than 20 people from across the county were part of the first-ever program. George said CJAB also has brought

in \$1.2 million in grant funding to benefit the county.

District Attorney Shawn Wagner, who has been involved on the board since its inception, said CJAB's goal is to make sure offenders go through the criminal justice system and come out as better people.

The district attorney's office has implemented a number of measures through CJAB, including the addition of prescription medication drop-off boxes throughout the county. "We are fortunate in Adams County because of our size," Wagner said. "We are able to come together and solve issues. I've worked in larger counties and you don't see this level of collaboration or cooperation."

# Carroll Valley and Fairfield area news briefs...

A veteran's memorial may soon appear at Carroll Valley Commons. It would be located near Valley View Trail by Toms Creek, said Carroll Valley Mayor Ron Harris. The memorial would include the American flag standing 25-feet tall, and surrounding it would be a 20-ft flags representing each branch of the military. A light would shine on the flags at night. "This is the vision we have right now," Harris said. A committee meeting for this will be held at the AMVETS No. 172 on Fairfield Road, Harris said. The meeting is not be a public meeting "as of right now," Harris said. "We want to get some ideas together, then we will

get together with the public on this," he said.

Austin Mackey, 15, a sophomore at Fairfield High School, is the project manager for the memorial. He made a presentation to Carroll Valley Borough Council Tuesday night. For the past four years, Mackey has been a member of the Fairfield Troop 76. "I really thought the veterans in the area needed a better memorial to recognize their efforts," Mackey said after the meeting.

In Fairfield news, Richard Mathews will not be appearing on the Democratic primary ballot in May. In a decision filed in early April, Adams County Court of Common Pleas Judge

John Kuhn ruled one of the signatures on Mathews' petition was invalid. Kuhn heard the case because of a civil lawsuit filed by Sara Laird, a member of the Democratic Party. Since Mathews only gathered the minimum number of signatures required, 10, his petition was void.

Kuhn ruled that Theresa Petrosky's signature was invalid because the address listed by her name on the petition was different than the one on her voter registration card. In lieu of submitting an affidavit, Mathews, who represented himself during the hearing, attempted to present a letter supposedly written by Petrosky that stated she signed the petition. Attorney

Matthew Battersby, who represented Laird, objected since he could not cross-examine Petrosky. Kuhn sustained Battersby's objection.

"The difference between an affidavit and a letter is significant because the former includes an unsworn document containing statements of fact and a statement by the signatory that is made subject to penalties," Kuhn wrote in his decision. "Without having the elector present, and subject to cross-examination, or having an affidavit that subjects the elector to penalties for false swearing the receipt of does not offer the level of credibility required to meet the candidate's burden."

Like the majority of school board candidates, Mathews attempted to cross-file and seek both major parties' nomination for a board position. His Republican petition was not challenged so he will still be on that party's ballot in the May 19 primary election.

In other news, The Penn State Extension is hosting a clinic to provide free basic water testing for homeowners in Adams County. The workshop is May 19th from 1:00 - 3:00 PM at the Adams County Extension Office at 670 Old Harrisburg Road, Gettysburg. The workshop is free. For more information please call 263-9226 or go to <http://extension.psu.edu/home-water-septic>.

  
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# NEWS

## Thurmont sidewalk program update

Work on the sidewalk program in Thurmont began on March 23, with construction beginning on North Church Street at the Burger King. The sidewalk contractors have begun the first phase of the program, which involves tearing out the existing sidewalk. At the March 24 town meeting, Jim Hummerick presented the program schedule to the mayor and commissioners.

The schedule for the project has many moving parts. At the meeting, Hummerick explained that the con-

struction would be moving around a lot and he wanted to let the mayor and commissioners know where and why it would be doing that. According to Hummerick, there are two areas where the town has had to postpone construction. The first location is Sandy Springs Lane. The town is currently awaiting approval to begin the third phase of the sewer rehab project. Once they are given the green light, the town will begin installing a new sewage line in that area.

The second location is the south

side of East Main Street. This delay is due to repairs on the traffic signal that was removed by a truck a few months back. The town is waiting on the new traffic signal to be engineered and then replaced. Hummerick says this will take about six weeks to finish. Due to these repairs on both locations, the town knows that it would be unwise to have the sidewalk construction done to those areas at the same time as the other repairs. Luckily for the town, the sidewalk contractor is willing to work around those two areas

and jump back to them at a later date.

In the meantime, the contractors will be working on other areas, including West Main Street up to Route 15, back down through the north side of East Main Street, and up to Town Square and Center Street. Hummerick informed the mayor and commissioners that the areas that will be most impacted by the construction will be between CVS and Sandy Spring Lane.

While the sidewalk contractors are waiting to be able to work on Sandy Spring Lane and the south side of East

Main Street, they will be able to finish up the few areas they were unable to finish last year. With these areas that need finishing, the postponed areas, and the anticipated traffic and parking issues, the project will take longer than expected. The contractors are expecting there to be some difficulties once they reach the Square and the surrounding areas due to traffic. The contractors will be doing their best to get the construction done as quickly as possible and without causing too much of an inconvenience for residents. Hummerick says the contractors are hoping to be finished with the project by the end of the summer.

## Thurmont is going green

Thurmont has begun taking steps to become a Sustainable Maryland Certified Community. Jim Hummerick, the town's Chief Administrative Officer, says that by becoming certified, the town will show that they care for the environment and are taking care of their natural resources. This process will ultimately give the community the ability to access training tools and funding and receive professional advice and direction when it comes to taking care of the environ-

ment.

The town took the first step toward this certification by looking for volunteers to create a "Green Team." Hummerick began his search for volunteers for the team in March. In early April, Hummerick began hearing back from residents who wanted to be a part of the team. There was no set number for how many volunteers the town was looking for, nor were there many regulations. Anyone was welcomed, even if they lived outside of the town's corpo-

rate limits. According to Hummerick, many of the volunteers have a "wide range of experience with green practices."

Once a team is assembled they will begin to tackle the requirements to become certified. The team will get the chance to choose from a list of "action" items that will lead them to certification. These items include things that the town of Thurmont is already doing along with new items they are excited to tackle. The team must per-

form these items and document them.

The town is currently working on creating and promoting their own Farmer's Market. They have also adopted a pet waste ordinance and have been promoting a local business directory. Hummerick gave a sneak peek at a few of the new items the team will be tackling. The team will be creating a community garden, promoting green business recognition, and offering "innovative demonstration projects" to the community.

The "Green Team," once put together, will go through an orientation meeting and set off to work right after that. Hummerick is hop-

ing to get the town certified within a year. However, the team's job will not end once the town has received their certification. The "Green Team" will continue their efforts to make sure the town maintains the expectations of a Sustainable Maryland Certified Community. "The project is ongoing," says Hummerick. The team will be working to make sure the town is upholding the goals and objectives that come with being certified. Becoming a Sustainable Maryland Certified Community is Thurmont's way of helping create a better way of life both in their community and in Maryland.

## New truck regulation sign approved

The State Highway Administration (SHA) Office of Traffic and Safety is taking action against the truck traffic issue in the Square of Thurmont. After much effort from Thurmont Officer William Dixon and Chief Administrative Officer Jim Hummerick, there is now a solution to the illegal truck turns that take place in the Square.

The town of Thurmont has been dealing with tractor-trailers making illegal turns in the Square for some time now. Due to the length of the trucks, they are unable to effectively make turns in the Square. The trucks often end up causing damage to the

sidewalks and utility poles, and they often block traffic. The SHA has posted signs in the past regarding the weight of the trucks. Unfortunately, the weight of the trucks was not the issue; rather, length was the issue.

Knowing that there needed to be restrictions on the length of the trucks, Dixon has been working to persuade the SHA that there needs to be a length restriction in the Square. After months of work, Dixon was able to succeed in getting the SHA on board.

The SHA Office of Traffic and Safety has made it clear that they will be joining their efforts to enforce

the regulations for truck turns in the Square. The association has approved a new sign that will show the new length restrictions for trucks. The sign's design makes it easily visible to drivers. The sign is a bright yellow

one, accompanied by the "no turn" length restriction signs.

The signs that are currently on the signal mast in the Square will be replaced with the new signs. There will be two standing signs that will be lo-

ated on Westbound MD-77 and Southbound MD-550. Now that the signs have been approved, it will take a few weeks for them to be created so they are ready for installation. The estimated date of installation is sometime in June. Once the signs are up, the Thurmont police will be enforcing the new length regulations.

## Cut and Dip at Candyland

Gateway Candyland & Liquors owned by John and Maggie Doll and Renovations owned by Clare Bennett will join together to help local 4-H member Margo Sweeney with her community service project. Margo has decided with the passing of both grandfathers, Sterling Bollinger and Harold Sweeney she will have a Cut and Dip fundraiser. Renovations will be cutting a minimum of eight inches of your hair to donate to Children with Hair Loss. Margo and several of her friends and family will have their hair cut off. Gateway Candyland will be dipping ice cream for the Frederick Dialysis Center. Both events will take place at Gateway



Candyland & Liquors Sunday May 3rd from noon until close; haircuts will take place under the tent from 2 to 4. If would like to make a mon-

etary donation please make checks payable to Gateway Market 14802 Franklinville Rd, Thurmont Maryland 21788.

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<p><b>NEW!</b> Heineken                  18 PAK BOTTLES <b>\$20<sup>99</sup></b></p>	<p><i>Happy Mother's Day</i>  <b>Sunday, May 10th!</b></p>		<p><b>Bud Light Rita Fiesta</b>                  24 PAK 8 Oz. Cans <b>\$22<sup>99</sup></b></p>
<p><b>Summer Special!</b>                  Bacardi Flavors Rum                  750ML <b>\$11<sup>99</sup></b>                  1.75L <b>\$22<sup>99</sup></b></p>	<p><b>Stella Artois</b>                  20 PAK BOTTLES <b>\$19<sup>99</sup></b></p>	<p><b>NEW!</b> Bud Light Mixx Tail                  Firewalker, Hurricane Long Island                  11.5 oz. Alum. Btls. 8 PAK <b>\$13<sup>99</sup></b></p>	<p><b>NEW!</b> New Amsterdam Mango Vodka                  750 ML BOTTLE <b>\$12<sup>99</sup></b></p>
<p>Red's Apple &amp; Strawberry Ale, Shock Top, Bud Light Lime, Bud Light Platinum, Beck's, Michelob Ultra Light Land Shark, Smith &amp; Forge                  4 PAK 16 OZ. CANS <b>\$3<sup>99</sup></b></p>	<p><b>Paul's Pit Stop</b>                  DISCOUNT BEER, WINE &amp; LIQUOR                  Website: <a href="http://m.paulspitstop.net">m.paulspitstop.net</a>                  150 S. Seton Ave., Emmitsburg, MD 21727  <b>301-447-6262</b>                  Monday-Thursday 9 am-10 pm,                  Friday &amp; Saturday 9 am-11 pm,                  Sunday 11-8 pm</p>		<p><b>Miller Light Coors Light</b>                  18 PAK BOTTLES <b>\$13<sup>99</sup></b></p>
			<p><i>We Have A Wide Selection Of Summer Beer In Stock Now!</i></p>

# 100 years ago this month

May 7

## Emmit Cornett Band

The festival held last Friday and Saturday evenings by the Emmit Cornett Band, for the purposes of purchasing new uniforms was a success. The amount raised was about \$100. The band would like to take the opportunity to thank all those who helped make the festival a success, and gratefully acknowledges the generous patronage of the public on that occasion.

## Cornelia Black Dies

On Friday morning, April 30, Mrs. Cornelia Black, widow of the late James Black, died at her home at Rocky Ridge after an illness of about two weeks. Mrs. Black was a member of the Mount Tabor Reformed Church at Rocky Ridge and took a very active part in the work of the Sunday School and church. She will be greatly missed by those associated with her in the church and also her many friends in the community. Since the death of her husband in December 1913, she has been serving as the post-mistress at Rocky Ridge.

## Accused of Robbing the Sleeping

William Brawner, of near Mount St. Mary's College, was brought before Squire Shuff on Tuesday night charged by Bernard Cool, Thomas Little and Albert Shorb, of the same vicinity, of having cut their clothes while the three slept in the college barn and making away with the remnants of their payrolls. The defendant was giving a hearing by Squire Shuff on the Square, and after weighing the evidence, he held Brawner on \$100 bail for the action of the grand jury. The hearing attracted a large crowd of people.

## Town Election Very Quiet

The election of officers for the Corporation of Emmitsburg was held at Fireman's Hall on Monday. It was the quietest election ever held in this place. There was but one ticket in the field - that was nominated at the public meeting of citizens - and this received 56 votes. Mr. John Matthews was reelected Burgess, and Mr. Harner, Commissioner for three years. Burgess Matthews and Mr. Harner, with the hold over members, Messrs Charles Ryder and William Morrison, will constitute the town government for the ensuing year.

May 14

## G. A. R. Will Decorate Graves

Flags will be given out in the churches of Emmitsburg next Sunday to be placed on the graves of veterans on the following Friday. It has come to the attention of the local G. A. R. men that these flags - which are fast colors and remain in proper condition from year-to-year - have been taken from the graves and used for other purposes. Therefore the Post requests that the flags placed on the soldier's graves be left undisturbed.

## Rail Station Accident

Mr. John Rosensteel, station agent of the Emmitsburg Rail Road, had a very painful accident last Saturday. It seems that while unloading freight Mr. Rosensteel lost his balance and fell between the car and the dock, badly straining his back and bruising his shoulders. He has been confined to his house since, but expects to return to his work in a day or two.

## Caught Violating Dry Law

The first arrest since Carroll County went dry was made on Sunday, when the Westminster and Reisterstown bus was stopped on the outskirts of Westminster. Four men with several suitcases full beer and whiskey that had been purchased at Reisterstown, were taken custody. The men were given a hearing and each was fined \$50 and costs.

## Scarlet Fever

Owing to the outbreak of Scarlet Fever, the local school did not take part in the second annual public school demonstration exercises and parade held in Frederick today. Master Joseph Zimmerman and Mr. Richard Biggs are quarantine for Scarlet Fever. The Emmitsburg School has been thoroughly fumigated. Dr. Ralph Browning, county health officer said: "The school building has been thoroughly fumigated and the greatest precaution has been taken to prevent the fever from spreading. There is absolutely no danger whatever of an epidemic. Parents of the school should not hesitate for a moment in having their children, or wards, attend school regularly."

May 21

## Scarlet Fever Closes School

Following the development of another case of Scarlet Fever the local public school was closed on Wednesday by

the order of Dr. Ralph Browning. The school will remain closed the rest of the term.

## Fire at "Villa Rest"

A fire in the closet room at "Villa Rest", the home of Mr. Joseph Popp, near Emmitsburg, threatened serious damage yesterday morning about 10 o'clock. Prompt action on the part of the members of the household and the timely assistance of neighbors prevented the fire from spreading. The use of water put out the flames. A large quantity of linen and bed clothing were ruined.

## Mrs. Mary's Zurgable

Mary's Zurgable, wife of William Zurgable died suddenly at her home on Green Street, Wednesday morning, of acute indigestion. Mrs. Zurgable was the daughter of Mr. and Mrs. James McGrath of this place, and was born and lived in this locality nearly her entire life. She is survived by her husband and seven children at home.

## Soldiers Here Over Sunday

The Second Battalion, Third Field Artillery from Fort Myer and the Hospital Corp from Walter Reed Hospital, arrived in Emmitsburg Sunday afternoon around two o'clock, coming over the state road from Frederick. They pitched tents in Mr. Fitzgerald's field, on the Gettysburg Road, just north of town and spent the night here. The soldiers carried a wireless station with them, which they used to communicate with Washington for orders. News of the coming of the soldiers drew a large crowd to the Square to see them pass through, and during the day a large number people visited the camp.

## Speed Limit Posted

For the protection of pedestrians and to avoid confusion when vehicles pass on the streets, the town commissioners have placed the traffic signs in the public square with the caution "Keep to the right" and stating the regulation in regard to speed, which is 5 mph. In addition, new black and yellow signs showing the directions to various points have been placed around the square.

## Boozers To Raise Finds for Reisterstown Boozers

The Emmitsburg chapter of the Former-Former Boozers Association has announced they will hold a fundraiser

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## NEW HOTEL SLAGLE GARAGE

West Main Street. EMMITSBURG, MD.

tomorrow night to help raise funds for the four men arrested in Carroll County last week on charges of violating that county's new dry law. The fundraiser will take place in the Hotel Slagle's bar. Boozers will skip every fifth drink and donate the money to the Reisterstown Boozers. "50 bucks is a lot of money to lose on some stupid law women folk tricked their husbands into passing." Said Boozers President Dan Shorb. "That's probably two full months of drinking money. It's just downright wrong. How's a man supposed to face the world without booze?"

May 28

## Boozers Raise Four Dollars

The Former-Former Boozers fundraiser last week only managed to raise \$4 because many members opted to spend the money they were to have donated by skipping their fifth drink to buy their sixth drink. "Many of our members have a hard time counting to 5 in the first place, counting to 5 when they were drunk was just asking too much of hard working men." Said Boozers John Glass. "While they failed to raise real money, at least the money was put to good use in buying booze here in Emmitsburg." Said Glass.

## New Freight Service

An automobile freight service has been inaugurated between Frederick and Emmitsburg. The new line, on its ini-

tial trip Tuesday, carried a full load of freight for the local merchants. An autocar truck is used, and it is proposed to make two trips a week, and more if the amount of business justifies additional trips.

## Congregational Meeting of Lutherans

At the annual congregational meeting of the Lutheran Church it was decided to increase the salary of the pastor, Rev. Charles Rhinewald, to wire the parsonage for electricity, and to install a telephone for communications.

## Civic League To Improve Fountain

A special meeting of the Emmitsburg Civic League was held in the public school building, last Thursday, May 20, to consider plans for beautifying and improving the fountain. It will be remembered that last year under the auspices of the Civic League this was done, and as the efforts were generally appreciated by the public, the same plan will be followed this year. The improvements considered include, new water pipes, straightening all bent parts, painting, and raising of the coping and re-sodding the lawn. It is hoped that this will be accomplished before the commencement of the collages so that Emmitsburg will present a pleasing appearance to all visitors.

To read past editions of 100 years ago this month visit the History Section of Emmitsburg.net.

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## FROM THE DESK OF . . .

## County Councilman Kirby Delauter

Budget season is here and we received the County Executive's proposed FY 2016 budget last week. She proposes \$10 million in new spending which includes \$4.2 Million "above" maintenance of effort for county public schools. The Executive's budget adds 20 new full time positions, which adds recurring costs to an already strained fiscal picture. The two biggest revenue producers are, the property tax and the income tax are up \$19 Million collectively. This is based on existing tax rates of \$1.06 (property) and \$2.96 (income). Property assessments are up 3.30%, which generates \$8.8 million in additional revenues just in the property tax alone. In my opinion, we should reduce the tax rate to reflect the constant yield to \$1.04 per \$100 of assessed value. Leaving it at \$1.06 is nothing more than a hidden tax increase. If we do not hold the constant yield tax rate, you will see an \$8.8 Million tax in-

crease. I don't see the executive in the press talking about this, I wonder why?

There are many issues I have with this budget beginning with one time transfer of \$2 Million to cover the assumption of sale of County buildings. Why would we need to transfer \$2 Million for this? The buildings are still for sale and until they're sold, I don't think it costs \$2 Million to let them sit empty. Another caveat to this is that for example, 520 N Market street, a county building that as a county building, generates \$0 tax revenue. Once sold to the private sector, it would generate \$36,000 annually of tax revenue just in property tax. It makes no sense for the county to own any buildings, but it appears the County Exec is gearing up to hire more county employees and fill up these buildings that were for sale. Fiscally responsible or fiscally ridiculous? You make the call.

In the public works department, the infamous sewer camera truck

is back in the budget. This is the same truck I nixed 3 years ago because the previous truck they had was 16 years old and had 20,000 miles on it. Also, it was not even workable for over two years. They have \$400,000 budgeted for yes, a new one again. The Executive wants to add nine full time benefitted positions in highway operations so they can remove deer carcasses, trim trees, do weed control, and build headwalls. She wants to add two HVAC positions to maintain county buildings. This is a complete waste of taxpayer funds. She claims it a net \$0 effect since we were paying contractors to do this work previously.

So again, let me make this very simple, if you had an issue with your HVAC or tree trimming or weed control at home, would you (a) hire a person, buy them a truck, pay the benefits (healthcare, vacation, sick days holidays, floating days, picnics, etc) or would you (b) call a contractor and have the issue taken care of through the private

sector? I think you know the answer and it surely doesn't have a net effect of \$0. Her fuzzy math says it does and if you believe that, please contact me I have some swamp land in Florida for sale.

The previous BoCC outsourced fleet services for maintenance etc., it worked great and saved the taxpayer a substantial amount of money. The Executive wants to hire a full time maintenance technician. Anyone ever see Jiffy Lube, or Quick Lube, the Lube Center, or your local garage that does maintenance on cars and trucks? Again, would you hire your own mechanic, or take your car to Jiffy Lube? You make the call.

As I close, let us not forget about the Lime Kiln rehabilitation at Fountain Rock Nature Park. \$600,000 to do some masonry repairs to a prehistoric lime kiln that if you took a visitor there today, they would look at it and say, "that's nice". If we spend \$600,000 on masonry repairs, that same visitor will look at

it and say, "that's nice". This is not needed at this point in time. There is \$173,000 allocated for an addition to the County Attorney's office, totally unnecessary as well as the \$50,000 salary for the board of education liaison which is nothing more than a political appointed payback. That position is a duplication of effort and accomplishes nothing.

So there you have it in a nutshell. It's going to be interesting to say the least. We have a budget that meets maintenance of effort (the state mandated minimum increase) plus an added \$4.2 Million above maintenance of effort funded as well. We have two Teachers on the Council that will vote on millions of dollars that will help their coworkers as well as themselves. I'm not saying they're bad people, but they are in a bad position. If they vote for these added Millions to the BoE, the taxpayers will scream foul, claim they're padding their own pockets. If they don't, it will be very hard walking the halls among your peers at FCPS to say the least. I don't envy them in that position; it's a no win for our two elected teachers.

## Council President Bud Otis

Your County Council received the 2016 proposed Frederick County budget April 15 and we have been reviewing it ever since. The County Budget has two sections, one is the Board of Education, and the other is the General Budget covering all of the other spending for the County.

We held a public Hearing on April 20 to discuss the Board of Education's requests. We had a good turnout and everyone who wanted to speak had an opportunity to do so. On April 21 we held

the hearing on the General Budget at Winchester Hall. We didn't have a big turnout but again everyone who wanted to speak was able to do so.

I point this out as I want you to know that I think it is important to hear from the person who is paying the tax that support the county spending and that is you, a tax payer in this County. On April 29 we will be voting on the spending cuts we think are necessary and that the Council feels need to be reduced.

The budget has to be balanced

and I can assure you it will be. We can make change up until May 25 when legally we have to send the budget back to the County Executive for final approval. She can then accept or veto the Budget and then the Council would need five votes to overturn her veto and then the budget would stand as the Council had submitted it.

Let me assure of one thing and that is there will be no tax increases connect to the budget requests. Any increases in spending with have to come as a result of an in-

crease in revenue coming from the income taxes and property taxes at their current rates.

I know budget hearings and spending requests can be boring and sometimes difficult to understand. However it is a serious piece of business and we are giving our best so we can keep taxes down and pay the counties bills and provide the services that are needed to make this county the great place for of us to enjoy. By keeping the expense down we can afford to live, work and play in this great county we call our home.

Another item that has come before the Council is the request to

make Trout Run a historical site. We have held two Public hearing on this request so far. At our last meeting we tabled the request for thirty days. It will not come up again until at least May 19 or June 2. The requested was tabled and the record close. This will give the Council member's time to review the thick packet of material the lawyer, representing those who were making the appeal had it present to us. It was three hours before the Council meeting April 22 and the Council member's needed time to read it. The Council will issue their answer soon so stay tuned.

## Emmitsburg Mayor Don Briggs

Dave Haller, Jerry Muir and I met again with the State Highway Administration (SHA) staff assigned to the Emmitsburg Square project

this time at the SHA Frederick office. Plans and pricing are moving along. The revitalization project time line is still set for scheduled meetings

this year. Final review is scheduled for May 2016, go for permits in August 2016, construction bid-out 2016 and start construction in May 2017.

The town will become the first municipality in the country to utilize the latest technology in energy cost savings. The name of the technology is "Powerstar" which is a global market leader in voltage optimization. Energy costs from the use of this technology will decrease by 10%. I will have more on this in my next article.

In April the planning commission began its review of the staff prepared Comprehensive Plan update. Planning commission meetings are advertised. Your input is welcomed.

It's that time of year again. More energy efficient upgrades are available for moderate to low-income households through Maryland Energy and the Frederick County Office of Sustainability. Frederick County is applying for grants to operate a power saver Retrofit Program again, if funded qualifying homes could receive an energy audit and up to \$5,000 worth of energy efficient retrofits implemented by a professional contractor. Up to \$8,000 if heating/cooling systems upgrades needed! Contact Lisa Orr at LORR@FrederickCountyMD.gov or 301-600-6864.

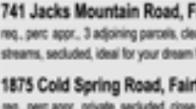
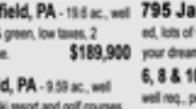
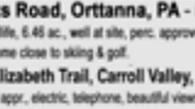
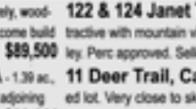
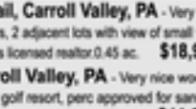
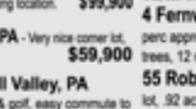
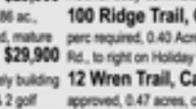
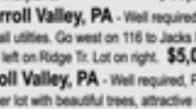
At my request, Ed Hinde of the Students Homelessness Initiative Partnership of Frederick Coun-

ty (SHIP), made a presentation to the town council concerning the approximately 80 homeless students in schools in the Catoclin HS District. This is an important issue and the presentation was well received by the council. The town will participate in supporting this effort.

Libby and I attended a special blessing and mass at the Seton Shrine to mark the opening of "Be Children of the Church" A new exhibit of the Canonization of Saint Elizabeth Ann Seton. September 14, of this year will mark the 40th anniversary of her canonization. More to follow on the planned special celebration.

Outreach: Supporting family and friends of addiction, the Christ's Community Church in collaboration with the Richard Carbaugh Hope Foundation will hold meetings Monday evenings at 7:30 pm at the church located at 303 W. Lincoln Ave. For more information please contact Gina Carbaugh at 240-578 0235.

Lastly, the Easter Egg hunt in the park was a terrific success with over 500 youth and adults showing up. MY hats off to Christ's Community Church and the Knights of Columbus for putting the event on.

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 <p>90 Knight Rd., Gettysburg, PA 3 BR, 4 BA, single wide, all appliances. <b>\$23,000</b></p>	 <p>1195 Fairfield Rd., Carroll Valley, PA 3 BR on 1.5 Ac. needs TLC <b>\$153,500</b></p>	 <p>265 Martina Dr. Chambersburg, PA 3BR, 2BA, 2 car garage, central ac. <b>\$190,000</b></p>	 <p>135 Steelman St., Fairfield, PA Great income property 4 BR, 2 Full BA. <b>\$164,900</b></p>	 <p>1046 Old Route 30, Cashtown, PA Colonial 4 BR, 2 BA, wood floor, gorgeous! <b>\$169,500</b></p>	
 <p>17 Main Tr., Carroll Valley, PA 3 BR, 2 BA, 2 car garage, 0.46 ac. <b>\$254,900</b></p>	<p>Mountain View Realty would like to welcome our newest team member Cheryl Freeman! <i>"We all wish you the best of luck!"</i></p>			 <p>14 Robin Trail, Carroll Valley, PA New listing! 3 BR, 2 Full BA, Full Basement. <b>\$179,900</b></p>	
 <p>741 Jacks Mountain Road, Fairfield, PA - 19.8 ac., well req., perc. appr., 3 adjoining parcels, clean &amp; green, low taxes, 2 streams, secluded, ideal for your dream home. <b>\$189,900</b></p>	 <p>795 Jacks Road, Orttanna, PA - Lovely, wooded, lots of wildlife, 6.46 ac., well at site, perc. approved, come build your dream home close to skiing &amp; golf. <b>\$89,500</b></p>	 <p>122 &amp; 124 Janet Trail, Carroll Valley, PA - Very attractive with mountain views, 2 adjacent lots with view of small valley. Perc. approved. Seller is licensed realtor 0.45 ac. <b>\$18,900</b></p>	 <p>11 Deer Trail, Carroll Valley, PA - Very nice wooded lot. Very close to ski &amp; golf resort, perc. approved for sand-mound, easy commute to Maryland. <b>\$11,900</b></p>	 <p>100 Ridge Trail, Carroll Valley, PA - Well required, perc. required, 0.40 Acres, all utilities. Go west on 116 to Jacks Mtn. Rd., to right on Holiday Tr., left on Ridge Tr. Lot on right. <b>\$5,000</b></p>	
 <p>1875 Cold Spring Road, Fairfield, PA - 9.59 ac., well req., perc. appr., private, secluded, close to ski resort and golf courses, great for your dream home or very nice hunting location. <b>\$99,900</b></p>	 <p>6, 8 &amp; 10 Elizabeth Trail, Carroll Valley, PA - 1.39 ac., well req., perc. appr., electric, telephone, beautiful views, 3 adjoining lots, can be purchased separately. Seller licensed realtor. <b>\$29,900</b></p>	 <p>4 Fernwood Trail, Carroll Valley, PA - .86 ac., perc. approved, near ski resort &amp; golf course, Wooded, mature trees, 12 miles from Gettysburg. Close to MD. <b>\$29,900</b></p>	 <p>55 Robin Trail, Carroll Valley, PA - Lovely building lot, .92 ac., low perc. rate of 44, close to Ski Liberty &amp; 2 golf courses, Easy access to MD, close to Gettysburg. <b>\$19,900</b></p>	 <p>12 Wren Trail, Carroll Valley, PA - Well required, approved, 0.47 acres, corner lot with beautiful trees, attractive setting, electric and telephone. <b>\$9,900</b></p>	
 <p>1 &amp; 3 High Trail, Carroll Valley, PA - Very nice corner lot, 1.12 ac., well req., perc. appr., utilities. <b>\$59,900</b></p>	 <p>64 Meadowlark Trail, Carroll Valley, PA - Lovely double lot, perc. appr., near ski &amp; golf, easy commute to MD, VA, DC., perfect for walk-out basement. <b>\$29,900</b></p>				

# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

## County Executive Jan Gardener

As the first County Executive under our new form of Charter Government, I was excited to present the Fiscal Year 16 operating and capital budgets, the first historic budget developed following the transition from the Commissioner form of government to Charter.

The proposed budget reflects a sensible, responsible, and balanced approach to ensuring exceptional educational opportunities, a safe community, and a high quality of life. The budget is balanced sharing limited funds among our community priorities.

The good news is that revenues are growing reflecting a slowly but steady economic recovery. The bad news is covering a \$10.4 million structural deficit inherited from the prior administration's fiscally irresponsible decision to raid reserves and use one-time money to support ongoing expenses. Reserve funds were used to give county employees a raise that cost approximate \$10 million. The raise was essentially put on a credit card and I am now paying the bill. I am really paying this year for a raise granted last year. My proposed budget will entirely fix this structural deficit.

The operating budget is lean and mean with no increases in existing tax rates and with an overall modest increase of only 1.93%. The budget adheres to sound fiscal management policies and practices and will ensure the retention of our AAA bond rating.

For the first time in six years, the proposed budget funds our public schools above the bare minimum level required by state law. This increase in commitment to public education fulfills a campaign promise but

most important will make progress to maintain our excellent public schools by ensuring the best teachers and staff in the classroom and needed books and materials of instruction.

A fundamental responsibility of county government is to ensure the safety of its citizens. The budget adds public safety staff in both the Sheriff's Office and in the Division of Fire and Rescue to help respond to growing calls for service and other needs. Funding is also provided to restore two positions at our Public Safety Training Center to ensure accreditation of the county training program for EMS providers. The capital budget provides for a new burn building to accommodate local training and recertification of our volunteer and career staff. The funding for this project comes from eliminating a project to move logistics to the Public Safety Training Center, a project that was simply not needed.

The budget also takes care of some of our most pressing community needs including our growing senior population, affordable housing, and protecting public health. Supporting Meals on Wheels was a campaign commitment to make sure that no senior goes without the nutrition they need. We have expanded Meals on Wheels routes in the Middletown area, which was not previously served, and will soon be adding a route in the Lewistown area. A position is being added to the Adult Evaluation and Review Services program to provide for an additional nurse/caseworker to evaluate and connect seniors to services to help them age in place — at home, where they want to be.

As promised during the campaign,

I have reviewed the impact of privatization and am eliminating contracts where the work can be done in-house more effectively and at a lower cost to taxpayers. Privatization will end for replacement of large culverts and headwalls, for routine maintenance and painting of bridges, for the disposal of animal carcasses on our roadways, for weed control along County roads, and for tree trimming. This work can be done more efficiently and at a much lower cost in-house. For example, last year the county spent \$500,000 for a large culvert project when this work could have been done in-house for \$140,000. That is a \$360,000 cost to taxpayers that was unnecessary. I take my job to protect taxpayers seriously. I am living up to this pledge by ending privatization that costs taxpayers more.

I am also ending the changes made to manage our fleet of county vehicles including police cars, transit buses, dump trucks and sedans. Irresponsible decisions were made by the previous BOCC that have simply decimated the fleet reserve fund. These decisions include extending a longer life for many vehicles including an assumption that police cars and dump trucks could last 15 years! Extending the life of vehicles has made maintenance and repair cost skyrocket. These unexpected maintenance costs far exceed and negate any projected savings from extending the life of vehicles.

In addition, \$6.5 million was taken from fleet replacement reserves to support ongoing expenses in the general fund that the county simply could not afford. This has resulted in projections that fleet replace-

ment reserves will be wiped out in less than two years. In response, I have approved reverting to realistic replacement schedules for county vehicles. I will restore the funding to the fleet replacement fund over the next several years.

The budget also responds to several new mandates. The State legislature has decided to change voting systems from the touch screens back to paper ballots. (Yes, the old fashion system was better and more accountable!) The county is mandated to pay half of the cost of this new voting system or approximately \$800,000.

The federal clean water act has mandated new storm water requirements that have increased spending on stream restoration, storm water pond retrofits, and other projects

to \$27 million over the next 6 years. This storm water mandate will increase costs dramatically over the next 5 years and will potentially delay school, road, and other traditional county capital projects.

The county budgets are lean, balanced, and fiscally responsible. It makes clear and compelling progress to meet the needs of a growing community and presents a balanced approach to ensuring excellent schools, a safe community and a high quality of life through the provision of services to our citizens provided by our libraries, parks, health department, public works and other county agencies. This budget is about serving people.

Working together, Frederick County will continue to be a wonderful place to live, work and raise a family.

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# CANDIDATE FOR ADAMS COUNTY JUDGE . . .

## Matthew Teeter (D)

Since launching my campaign in January, I have had the pleasure of meeting many new people, getting reacquainted with old friends and, despite the fact that I've lived here all of my life, learning so many new things about Adams County's history, its communities and its residents. Because my family is rooted in this county, most of the people I meet aren't truly strangers, even if I have never met them before.

My grandfather, Daniel Teeter, opened his law firm in Gettysburg in 1937. My grandmother, Fairfield native Hannah Neely, was his first secretary. Shortly after the U.S. entry into World War II, Daniel was drafted into the Army and, by July of 1942, had closed his law firm and reported for duty in New Cumberland. After the war, Daniel and Hannah returned to Gettysburg, reopened the law firm and started a family.

Daniel was elected to serve as Adams County District Attorney in 1947. He was reelected three times, serving as District Attorney until 1962. In those days, District Attorney was a part-time position and came with a small salary and no

courthouse office or staff, so Daniel maintained his own office and, in addition to handling his duties as District Attorney, maintained a busy private practice. He passed away in 1990, but members of the Adams County Bar, and people I meet throughout the county, continue to share with me their fond memories of my grandfather.

My father, Samuel, and my uncle, Robert, joined their father's firm in 1974. The firm's name became Teeter, Teeter & Teeter, as it remains to this day. After earning my undergraduate degree from Penn State and my law degree from Temple, I joined Teeter, Teeter & Teeter in 2003.

Teeter, Teeter & Teeter is a general practice law firm, which means we assist clients in a wide variety of legal matters. I have represented clients in virtually every type of case that could come before the Court. I also assist clients with transactional matters, things like real estate settlements and estate planning, which don't typically see the inside of a courtroom, but can end up there if there is a dispute, like when someone breaches the terms of a real estate contract.

Two of Adams County's four Judges are retiring at the end of 2015, and Adams County voters will choose two candidates to replace them from the three candidates who are running. In order to make an informed decision, voters should understand the types of cases handled by our court. Although the President Judge will decide what cases to assign to the newly elected Judges in 2016 and beyond, the types of cases handled by the retiring Judges is relevant to the discussion.

Most people associate the Court with criminal cases, largely because those are the cases they see reported in the newspaper every day. However, criminal cases represent only about 20% of the cases filed in Adams County each year, and about 90% of those cases conclude with a guilty plea or with the defendant being admitted to ARD, a pre-trial diversionary program for first-time offenders. Neither of the two retiring Judges oversee or hear criminal cases in Adams County.

One of the two retiring Judges handles all divorce, annulment, custody and support cases, which I will refer to as "family law" cases, in Adams County, and has done so since before I started practicing law

in 2003. Family law cases represent over 50% of the cases filed in Adams County each year. The other retiring Judge handles all Juvenile Court cases, all Orphan's Court cases, which include things like adoptions, guardianship and accounts, and a portion of the Court's non-family law civil cases.

The types of cases heard by the two retiring Judges represent a substantial portion of my practice as an attorney. At any given time, more than half of my clients are family law clients. I have been appointed by the Court to serve as Divorce Master, to take testimony and evidence and make recommendations to the Court. I am the Assistant Solicitor of Adams County Children and Youth Services (ACCYS). Before accepting the position with ACCYS, I was regularly appointed by the Court to represent children and parents in Juvenile Court proceedings. I have represented clients in guardianship proceedings, including as court-appointed counsel for incapacitated adults. I regularly represent clients in adoption proceedings and in civil cases.

As an attorney, I have dedicated substantial time and effort to improving the Court's handling of

family law and Juvenile Court cases, and to improving access to the Court for people who cannot afford, or do not need, an attorney. I am a member of the Adams County Family Law Rules Committee, Juvenile Dependency Court Team and Adams County Children's Roundtable.

As a member of the Adams County Law Library Committee, I help oversee the County's Law Library, which is open to the public. As a member of the Adams County Family Law Committee, I helped develop some of the first, and still some of the best, family law self-help forms in Pennsylvania, which are available to the public for free on the Adams County website and in the Law Library. Although Pennsylvania has now developed model forms, I recommend those developed by our local committee over the state-wide forms.

I hope to have the opportunity to continue to work hard to improve the Adams County Court as Judge. I have the experience that matters in this election, and ask for your vote in the May 19 primary. For more information about me, or to volunteer with my campaign, please visit TeeterForJudge.com or email info@teeterforjudge.com.

## Christina Simpson (R)

### Closing Argument

Christina Simpson has been practicing law in Adams County courtrooms for 18 years and has cross-filed as a candidate for Judge of the Adams County Court of Common Pleas in the May 19th primary election. A graduate of Gettysburg High School and Mount Saint Mary's College, the 44-year old Straban Township native obtained her Juris Doctor degree from Dickinson School of Law.

While serving as Adams County Assistant District Attorney from 1997-2001, she successfully pros-

ecuted hundreds of criminal cases, focusing on domestic, sexual and child abuse crimes. She was an integral part of creating the first county-wide protocol for investigation of domestic crimes and served on the Domestic Violence Task Force and the Pennsylvania District Attorney's Association's Child Abuse Coalition. In recognition of her work, she received the Callie Award for Outstanding Woman in Public Service from the United Way of Adams County.

Simpson joined the firm of Gates

& Gates, P.C. in 2001 and managed its Gettysburg office, while litigating cases in the Civil, Criminal, Family, Orphans and Juvenile divisions of the Common Pleas Court. During that time, she served as a board member of Survivors, Inc., Adams County S.P.C.A., NOVIS and the Adams County Children & Youth Advisory Board.

Simpson opened her own general law practice in Gettysburg in 2011, with a particular focus on family law mediation. She is currently appointed by the Court to hear and resolve divorce cases and represent children in high-conflict custody matters. She recent-

ly served as Assistant Solicitor to Adams County Children & Youth Services and is a member of the Children's Roundtable. In his endorsement of her, retired Adams County President Judge Oscar Spicer stated, "Christina Simpson is eminently qualified to be one of Adams County's judges and in my opinion will discharge the duties of the office with honor, distinction and faithfulness".

Simpson is also endorsed by the Gettysburg Business and Professional Women's Club and members of state and local law enforcement through F.O.P. Keystone Lodge #41, F.O.P. Tri-County

Lodge #76, and the Pennsylvania State Troopers Association. Simpson said, "I believe that my trial experience spanning every division of the Court of Common Pleas, coupled with my skills as a family law Mediator and Divorce Master have properly prepared me to serve Adams County as one of its next Judges. It would be my honor and privilege to serve our community, providing fair and impartial consideration for all in an atmosphere of dignity and respect."

Simpson resides in Straban Township with her husband, Phil Trostle, and their son Jacob. Learn more at SimpsonForJudge.com.

## Shawn Wagner (R)

As District Attorney, every day for the past 12 years, you, the citizens of Adams County, have entrusted me to make difficult decisions on your behalf from inside of the courthouse. Now, I am humbly asking you to extend your confidence in my continued ability to lead and serve our community by electing me as a county Judge.

My 28 years of proven experience as a state and county prosecutor have prepared me extremely well for the great responsibility of a Judge. I have personally handled thousands of cases in the courtroom setting, including more than 150 jury trials – the most complex types of cases overseen by our county court system. From day one, I will be ready to lead and make decisions from the bench on any type of case assigned to me by our President Judge.

At age 53, I am also at the right time and place in my life and career for taking on the sworn duties of a judge. Decades of work and personal life experience have given me

the invaluable wisdom and perspective that come with age.

As your District Attorney, I have worked hard to keep our community safe and to preserve the outstanding quality of life we enjoy in Adams County. I have proven myself to be both tough on crime and proactive in prevention and educational efforts to encourage citizens, especially our youth, to make good choices for our community's benefit.

I have also been a passionate and compassionate advocate for victims and their families, ensuring that they receive a sense of justice and closure and the support services they need to heal and move forward. Protecting our most vulnerable victims – our children – has been a mission of mine as evidenced by my leadership in the creation of the Children's Advocacy Center to support local victims of child abuse.

In my 28 years as a prosecutor, I have approached each case with fairness and objectivity from the very

outset. Before deciding on whether to file criminal charges, I have thoroughly and objectively investigated and examined the evidence and stayed true to the facts before me. Public pressure, opinions or other outside forces have never swayed

me from making fair, firm and unbiased decisions. As your county judge, I will conduct myself in this very same manner.

With two very experienced judges retiring, it is critical that we elect new judges with the ex-

tensive level of experience required to make decisions and exert leadership from the bench. As your District Attorney, I believe I have proven myself to be ready to successfully serve you as a county Judge.



**Shawn WAGNER**  
For Judge

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- Adams County District Attorney since 2004; longest serving DA in recent history
- Served the public as a state and county prosecutor for 28 years
- Successfully prosecuted thousands of criminals, including the most violent offenders
- Experienced in handling the most complex types of courtroom cases including approximately 150 jury trials
- Leading role in formation of the Adams County Children's Advocacy Center to support victims of child abuse
- Helped to create and administer programs focused on preventing crime and education of youth

shawnwagnerforjudge.com





# FROM THE DESK OF COMMISSIONER CANDIDATE . . .

## David Bolton (R)

### County Budget

I am a true fiscal conservative. If elected one of my first actions would be to place a moratorium on an ordinance passed by the current Board of Commissioners to increase the pay of the three commissioners, starting next year. This would create a savings to the county of over \$18K in salary expenses.

I would also support a wage freeze on commissioner compensation while I hold office. I would encourage other departments to follow suit in finding savings through regular department meetings.

The county prison budget is over \$10M. I have spoken to prison employees who tell me their suggestions are going unheard, and they are experiencing a declining faith the leadership of the current commissioners. I have spoken with residents who tell me they are tired of paying to feed and house non-violent offenders, tarnishing their futures instead of rehabilitating productive citizens.

I have also been asked by our constituents why we need a county manager, at the cost of over \$100K/yr., when we supposedly have three "full-time commissioners".

As county commissioner, I will facilitate the reduction of costs, the expansion of the tax base and reduce individual contributions, putting more discretionary spend-

ing into local economy.

### Emergency Services

I am an advocate of regionalization. Its proven benefits include long-term cost savings through consolidation of services, improved coordination and reduced response times, to name a few.

Experiencing declining numbers at volunteer fire stations as memberships grow older, our companies are having a harder time raising funds. I authored the Adams County Boroughs Association Small Games of Chance (SGOC) resolution two years ago. It was designed to help local service clubs increase community contributions by raising the aggregate prize limits.

Government does not have the right to tell you how to spend your money. Putting money into the SGOC system through service clubs puts more money into your communities and helps support your police and fire departments. Our fire company relies on their own fundraising efforts and the contributions from the local service clubs. I will continue to work to help keep our safety infrastructure healthy and saving lives.

### Property Assessments

Speaking with citizens of the county, they feel the previous administration fumbled the reassessment, however,

the current administration capitalized on that to gain election, promising correction. These same citizens do not feel that the correction processes implemented have been most beneficial to average homeowner. They also feel that the recent appeal awards, like those granted to Utz and Knouse Foods, will create greater issues when those funds, mandated to repayment in lieu of tax credits, create a hole in the upcoming budgets.

I have seen many homes on the market being sold "under market value." Are they a great deal, or part of the "bubble" created by the flawed assessment processes over the last five years? It will burst, leaving Adams County residents with a gaping hole in their county budget, possibly prompting yet another tax increase. I believe two tax increases in the past three years-over 10%-is more than enough to ask from our citizens.

When do we finally say "Enough" and utilize pro-active solutions instead of being re-active? When do we expect more vision and common sense from our leaders? When will our leaders stop expecting more from its citizens instead of our citizens expecting more from our leaders?

### Economic Development

On November 17, I presented a resolution, in favor of Industrial Hemp Cultivation, to the ACBA. It was the first piece of municipal legislation in modern state history to bring back an industry to our county which

once thrived here. Hemp was one of the four staples of PA agriculture up until the 1930s. The resolution passed unanimously.

Currently, Senate Bill 201 in Agriculture and Rural Affairs Committee amends "Clean and Green" laws to allow landowners up to 2 acres of designated lands for the operation of a rural enterprise, which is incidental to the tract of land enrolled. What does this mean for the future of Adams County farming? It means we can continue to preserve lands, like those secured by our land conservancy, while still giving the landowners an opportunity for greater profitability by running a Farmer's Market, or performing farm equipment repair as a business on those lands. It would allow our future hemp farmers to process and manufacture their own crops into goods, increasing their revenues, creating jobs, revitalizing our economy!

### County Policies and Protocol

Most of the current administration's meetings last 10-15 minutes at 9am on Wednesday mornings. As a blue-collar worker, I cannot justify a day off to attend, especially when no real information is disseminated anyway, and when there is rarely a reply to public comment or questions to them.

As Commissioner, I would support holding one of the two monthly commissioners meetings out in the county, in the evening, to promote

greater participation and to gain greater insight as to how I can serve the people of Adams County.

In efforts to keep our citizens better informed, I would also suggest utilization of Community Media to film commissioner workshops; allowing people to hear the discussions & provide feedback prior to decisions being made without explanation. I would also suggest policy be initiated where each commissioner would be required to give a brief comment on each vote and what led them to their final decisions. This would help the people better understand the decisions our leaders struggle with for the good of the county, and would give all involved opportunities to grow together.

Lately, you may have heard the words "Experience", "Leadership", "Vision" and "Common Sense" thrown around a bit. When a candidate uses these words, please pause for a moment to see if what preceded or follows their usage actually defines a previous demonstration or a plan to demonstrate such in the future.

I hope I have given you enough to convince you that I am the right person to support on May 19th, and I hope that you will agree by filling in the block next to the name David Bolton on your ballot. Thank you all for being involved, for sharing these words with others, and may God continue to bless you and Adams County.

## Bruce Hollinger (R)

The 2010 county-wide reassessment caused me to create my website [www.SpreadTheMustard.com](http://www.SpreadTheMustard.com) to give county property owners the tools to fight their ridiculously high assessed property values. The current administration has not only failed to address the situation as they pledged while campaigning, but worsened it by kicking the can down the road with their Ordinance #3 [that essentially ignores the Court established 15% COD (Coefficient Of Dispersion) by adopting their own 20% COD]. They further exasperated the situation by adopting their new Clean & Green Policy which

contains language that could possibly indirectly, financially benefit one of them.

Rather than assessing these properties to match the intent & language of the law, it appears this New Policy is an attempt to justify what is in my opinion, a complex, extensive and sophisticated scheme to shift an unfair tax burden from one group of property owners, to another. I initiated litigation against County Officials to attempt to have them conform to the law as they are mandated, but the case was dismissed due to procedural errors on my part, and a lack of standing. The lack of standing

cited in the decision suggests that I was not harmed any more than anyone else. This is akin to a government agent giving me a "black eye". As long as everyone else received a "black eye", there was no harm done. It is important to note that neither judge assigned to my case ruled that my allegations were unfounded or without merit.

My platform is Truth & Transparency (and Property Tax Reform). I have made efforts to bring the truth to the people via my website by basing all of my claims, on evidence gathered from the county itself. Transparency, because of the resistance I encountered trying to obtain said evidence. The more controversial the data, the harder it was to obtain, it seemed. In my

opinion, if the county has it, you should be able to get it! If you attend their meetings and address them, you should receive some type of feedback (if you choose). You may not like the answer, but you should get some honest attempt on their part to deliver an answer.

The debt load of the county has soared under the current administration, while the primary source of revenue (tax services) has remained flat except for the two blips in the form of 5% tax increases each. This is not a scenario that is healthy for

the future of the county.

As we look for a new home for Human Services and the Court, the St. Francis property sits unused except for storage and represents a huge waste of taxpayer monies!

A vote for me is the best chance for real change to occur in the County. If you followed me through the years, you know there is no quit in me when fighting for what is right. I am dedicated and passionate when charged to do something and I look forward to serving you.



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**MAY 19, 2015**

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# GOVERNMENT—NORTH OF THE MASON-DIXON LINE

## County Commissioners Randy Phiel and Jim Martin (R)

Four years ago it was an extremely tumultuous and frustrating time for many Adams County residents due to an unpopular reassessment, exasperated by lack of effective communication between the Board, residents and staff. After being elected, the current Board of Commissioners rolled up their sleeves, and put personal and political agendas aside to meet and establish common goals on behalf of the residents of Adams County. These strategic meetings between Jim, Marty and myself began even prior to walking in the door of the Adams County Courthouse. They began immediately after the 2011 November election.

Since our election in 2011, this Board has demonstrated that government should be about leadership, common sense, commitment, civility and vision. I know this is what the vast majority of folks in Adams County want, understand and respect. I constantly hear our residents do not want us to be like Washington D.C. - despite some claims by opponents there should be more divisiveness and that 3-0 votes are evil. Let me assure you that all three current commissioners have different personalities and minds of their

own; but it just so happens - thank goodness - the chemistry works! I know that most of our residents support their elected officials working together for a common goal.

I am proud this chemistry has resulted in quite a level of accomplishment. We now have fiscal stability and a long-term positive fiscal outlook. Adams County now has a balanced budget, no tax increase last year, a reasonable contingency reserve, bond rating improvement and lower interest rates. It is no coincidence that an excellent relationship with Congressman Perry, Senator Alloway, Representative Moul and Representative Tallman has produced great results for Adams County. These results include \$3.25M for the 911 emergency radio project, \$1M for commerce park improvements, \$500,000 for getting the Gettysburg Station project site ready and \$450,000 for 150TH Anniversary community infrastructure. These grants simply would not have happened without positive and proactive relationships.

This current fiscal stability is especially notable and significant after walking in the door and pulling the trigger on a \$27M critical and languish-

ing 911 emergency radio system that will be completed this fall, completely upgrading outdated and antiquated hardware and software for our very important IT Department; and upgrading an old and costly vehicle fleet that was hauling prisoners around the state in a 180,000 mile van. In summary, these issues could not be kicked down the road any longer! We also analyzed operations and re-organized or consolidated five departments for increased service and effectiveness. The County and Courts are now in the process of exploring how to vacate long-term rents and leases for both fiscal and operational improvements. This is a result of an excellent working relationship between these two governmental bodies - which sometimes can be difficult to achieve. I am proud to reflect that this Board had/has the commitment and vision to address these and future issues.

I fully understand and support our need to balance and preserve our agrarian and historic heritage in concert with our critical need for economic development. I grew up on a family fruit farm in Cashtown and spent a thirty year career in federal law enforcement, in part, protecting these historic resources. I also fully understand that agriculture is an important engine for economic development; but believe it needs to be supplemented with other types of development as well.

We understood before taking office that communication with residents and staff needed to be improved. Besides twenty-six public Workshops with public comment and discussion, twenty-six Commissioners public meetings with public comment, public Prison Board meetings, public Security Board meetings, twelve public Commissioners Community Forums

offering different topics around the county, a twice-monthly TGIF Newsletter from me to all staff and community leaders, and openness with the media, this Board is engaged seven days a week, day and night, with the public. I am proud of our consistent initiatives to communicate and interact with our residents. This is a full-time Board whose energy and commitment has not waned since taking office.

As we recognize the need to regionalize and consolidate our emergency services, I am also proud to play a role in that initiative having chaired the Adams County ALS/BLS Steering Committee last year and am now on the Board of Directors of the newly formed Adams Regional EMS.

For the past two years, it has been an honor to be voted by my peers as the Board of Directors representative for the County Commissioners Association

of Pennsylvania (CCAP) for ten counties. As a member of the CCAP Board of Directors and Adams County Commissioner Chairman, I pledge to continue utilizing my experience and resources to facilitate our quality of life in Adams County.

The primary election is only two weeks away on May 19. Unfortunately, many times the primary turnout is disappointing. Whatever your political persuasion, exercise your freedom and right to vote. As a life-long resident of Adams County, it is a sincere honor and privilege to serve you and my community as Adams County Commissioner. You may contact me at [joinrandyforcommissioner@gmail.com](mailto:joinrandyforcommissioner@gmail.com) or 717-334-7097.

As always, I conclude by urging you to get out there and experience all the historical, agricultural, recreational, natural and cultural opportunities that beautiful Adams County has to offer!

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# FROM THE DESK OF COMMISSIONER CANDIDATE . . .

## Harry Stokes (D)

In February I announced my candidacy for Adams County Commissioner. I decided to run for specific, issues-based reasons one of which I will discuss here. While my decision to run means time, expense and plenty of hard work, I have found that it has a redeeming feature, the opportunity to see and reconnect with so many friends and fellow Adams Countians, some of whom I have not seen since I was a commissioner a dozen years ago.

I served as Adams County Commissioner from 1991 to January 2004. I served a portion of an appointed term and three elected terms. When my father fell ill in early 2003, I decided not to seek another term, although in fact I had come to the conclusion that it was time for others to step forward and lead.

Since leaving office, I have been working professionally as an energy and resource management consultant, often focused on projects far away from Adams County. One of the things I have done a lot of since I was a county commissioner is economic development work—bringing new business opportunities to communities to create jobs and wealth. Managing resources is a good first step in creating business opportunities for a community, and learning how to manage resources sustainably helps to create businesses that will grow and prosper for a long time to come. Farmers know what I am talking about because they do a lot of that right here in Adams County.

There has been a lot of talk by the current board of commissioners about economic development vs. agricultural land preservation, as if agriculture is not economic development. Some-

times agricultural preservation and, by extension, agriculture, gets a bad name because agricultural preservation is not viewed as development. A false dichotomy grows up between development and preservation and development and agriculture.

In fact, agricultural preservation is just one tool in our economic development tool box, and when we talk about agriculture in Adams County, we should really be talking about the opportunity for economic development, and, with it, the potential for a wide array of value-added opportunities based on or related to agriculture.

Stated another way, we should not be juxtaposing agriculture with economic development. In fact, we should be viewing it as economic development. And, in so doing, we should be building an economic development strategy for Adams County based on agriculture, as well as on Adams County's other special strengths, namely its beauty, its historic importance, its abundant natural resources, its human capital, and its small town quality of life—all extremely valuable assets for a comprehensive economic development strategy. These assets, by the way, all relate directly or indirectly back to our strong agricultural economy.

In listening to the commissioners, I have concluded that they have lost their way on economic development, and are dangerously off course. They in fact seem to have turned their back on what previous boards of commissioners so carefully built up, and are determined to destroy long standing policy and practice in their quest for a new direction, which could turn out to be very harmful for Adams County.

They have been aided in this by a

person many have come to know as the "fourth commissioner," the county manager. This person was brought in late in 2010 by the previous board of commissioners and now costs us well over \$100,000. When I was a commissioner I had stoutly opposed the creation of this position for precisely the reasons that have become apparent to us now: the tendency of this position to accumulate too much power, dominate the commissioners, subjugate the department heads and intimidate the staff. All of this has come to pass with this county manager. As an outsider, he has taken policy positions antithetical to Adams County, one of which is his position against agriculture as economic development, calling it a business of the past, not the future. This is dead wrong for Adams County, and it is this kind of dangerous attitude that has brought me back into public life.

Let's turn briefly to what economic development is for Adams County.

First, I would note that I have been involved in economic development in Adams County since at least 1986, when I was elected to Gettysburg Borough Council with one purpose in mind, to find a developer for Hotel Gettysburg and replace the burned-out ruin on the Square. Other projects I helped complete during four years on Council included the beautified center square, the Historic Pathway Plan, the new Adams County Library, and several restored or new, in-fill housing developments in town.

My work in economic development continued as county commissioner. My first elected board (Tom, Dick and Harry) purchased the Adams Commerce Center and empowered the Economic Development Corporation to develop it. We brought in Pella Windows, perhaps the best example of what the Commerce Center

was meant to attract. I was deeply involved in two economic protection efforts—fighting the 500 kV line that would have sliced through our Fruitbelt and fighting Plum Pox, helping Penn State Cooperative Extension to lead the charge on eradication. I went to Washington with the Fruit Growers' Association to obtain \$6 million in crop insurance for the affected growers. Other economic development efforts included saving and restoring the Sachs Covered Bridge, supporting the Reliant Energy peaking station and opposing the Walmart Distribution Center, which would have placed 1,500 trucks daily on Route 15.

So what is economic development? It is about making choices—and really getting behind those that add value to Adams County, not take it away. It is about building on our strengths, not undermining them and enabling Peter to rob Paul. We must constantly go back to our strengths and ask: "How can we build on these?"

Agriculture also means food processing, boxes and packaging, pallets, bottles and cans, wholesale and direct marketing, feed, fertilizer, fuel, farm machinery, breeding, animal husbandry, meat packing, organic foods, farm to table, farm markets, trucking, exports, selling and brokering, advertising, restaurants, tourism, insurance, veterinary services, other support services and the list goes on. So agriculture in Adams County is not just agricultural preservation, it is also business and industry. Therefore, we should not be talking about preservation vs. development but preservation and development.

If I had space I would go on about our other strengths: our human capital, our unique quality of life, our natural resources and so on. Each of these is a foundation for a winning econom-

ic development strategy.

One thing to mention is that this new digital age has served as a great equalizer for rural communities and represents an opportunity for economic development in Adams County. Businesses with world-wide reach can be conducted from Adams County. New Oxford, McSherrystown and Fairfield now have some of the same opportunities as Washington, New York or even Silicon Valley. You don't have to be in the big city to run a global business. You can do it from an office in Carroll Valley, with small town costs and small town quality of life. We have a number of businesses in Adams County that exemplify this. We can and want to encourage more, because these provide employment for our highly educated young people. A key factor in attracting these businesses is quality of life. Quality of life means good schools, vibrant arts and entertainment, diversity and thriving small businesses, from bread bakers to cider mills to restaurants to fine crafts.

Providing tax breaks to attract big box stores is unfortunately not an economic development strategy, but may in fact be an economic destruction strategy. Rather than paying for national retail chains to come to Adams County, we should be encouraging locally owned businesses to take root and grow. These do not extract resources from the county but instead create wealth in the county that stays in the county. The multiplier effect for big box retail may actually be negative, while for locally owned businesses it is positive, 7 to 10X or more.

There is a lot more to be said about the right kind of economic development policy for Adams County. I will be devoting much attention to this during the campaign.

## Paul Kellett (D)

The current Adams County Board of Commissioners has voted unanimously since taking office. No vote has been registered as two in favor—one opposed. Usually, this is the way it should be. Voting against paying the legitimate bills of the county is absurd. But it is also absurd that not once did a member of the current board have an objection to the course

the board was taking. When the county debt was more than doubled in 2012 from \$44.46 million (including interest) to be paid off in 2031 to \$98.6 million (including interest) to be paid off in 2037 questions should have been asked.

Questions such as is it good to use a 25-year loan to pay for a radio system that will be obsolete in less than

10 years? Is the contract worded so that costs will not rise unexpectedly? Even though the county spent over \$500 thousand on a consultant to prepare for the radio project, the change orders are now costing the county almost \$5 million more.

Sure, everyone makes mistakes, but good leaders recognize their mistakes and change course. When this board appointed Brad Rigler to the County Planning Commission, his rac-

ist sounding YouTube videos had not "surfaced", but when they did, the Commissioners should have requested his resignation. This is an example of where, if need be, I would have publicly been that one dissenting vote. I would expect that anyone would find this kind of hate speech repugnant and unacceptable, but I am deeply offended that the Democrat on the board even when asked, did nothing.

The Sunshine Law requires that deliberations and decisions happen in public, but this Board of Commissioners have meetings that often last less than 30 minutes, contain no discussion, and then vote 3-0 on all matters facing Adams County. The people of Adams County deserve and should demand more. The best course is often the one forged by debate, and tempered by the input of the public. Many citizens of Adams County have knowledge that can be tapped if the Commissioners would only listen to them and ask them questions. This give and take with the public was abolished by the current board saying that they were "restoring decorum". Sure, questioning is sometimes annoying and frivolous—accusations that are sometimes hurled at elected officials always are—but these annoyances are rare and brief, and by cutting off all discussion much more is lost than gained.

The current board also says that

they wish to encourage "smart growth". This is code for wanting to give a developer of a 2,000 home 55+ community a \$40 million tax dollar gift. To make the payments on the TIF bond, 200 new homes would have to be sold every year, doubling the number of all homes presently sold in this price range each year in the entire county. Similarly, no 55+ community in the Mid-Atlantic region has averaged anywhere close to 200 home sales a year ever. "Smart growth" has to be done with a smart business plan, not a pipe dream. The current board touts their "vision" and "common sense" but to advocate for this TIF project (as they have) makes one wonder if they have an ounce of either. This combined with a \$2million tax dollar gift to Walmart so they can "supersize" in Gettysburg. This is not the vision of bringing good jobs to Adams County that I have.

On May 19th, you have a choice embrace a vision that says Adams County is a great place to live and does not need to change much (other than its Board of Commissioners) to continue to be a great place to live, and another much gloomier vision that says to go on, to survive, we call our farms blighted to give tax dollar gifts to developers to pave them into Suburbia. If you think Adams County is a great place to live, vote Paul Kellett on May 19th.

**Kellett** FAIRNESS · OPENNESS · RESPONSIBILITY ·  
**COMMISSIONER**

*Adams County residents have your voice be heard once again!*

**Vote**  
**PAUL KELLETT**  
**May 19th!**

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# GOVERNMENT—NORTH OF THE MASON-DIXON LINE

## County Commissioner Marty Qually (D)

This will be my last column before the Adams County Commissioner Primary on May 19th. While I have been writing regular columns since I was appointed County Auditor in 2010, many of you may not actually know who I am. Part of my job as a Commissioner is to help educate the public on the issues facing the County, so many of my articles have focused on relevant topics facing our community. My wife believes that it is important to remind residents that elected officials are just like the rest of us. From school board member to county judge we each perform a juggling act balancing our service to the public and our duty to our families. So before I get into yet another article talking about my record and goals for this election, I want to take a few lines to thank my family for their guidance and support.

I am the sixth of seven children. My parents moved us here when my father was stationed at Gettysburg to run the first ROTC program for Gettysburg College. It marked the 13th time my family had moved in twelve years. When the Army later asked him to move to Washington, my parents decided that it was time for my father to retire. This was the first time since

my parents were married that they could call anything but the Army "home". It is interesting that one of my mother's toughest career decisions came when she started a family and my father's toughest happened after we all were born. Prior to getting married my mother had been one of the first female computer programmers for NASA. Giving up her salary and the intellectual challenge of her position to become an Army officer's wife, was a giant leap of faith. In both cases my parents did what was right for their family; my mother's decision to leave NASA and my father's decision to retire from the Army. They had to balance their service to community and the needs of their family. This is a lesson that has stuck with me.

I now live with my wife Elizabeth and four children in Gettysburg. When I am not attending meetings, you can find me running children back and forth to sporting events or catching up on yard work. Thanks for giving me some of your time to, in essence, thank my parents for their example. If I had the space I'd let you know about my great brothers and sisters too, who have taught me that no matter our differences, if you want to move forward, working together

is always best. I hope the lessons I've learned from my parents and family continue to guide me in making the correct decisions for my larger family that is Adams County.

As with my parents, serving my community has always been a part of my life. From mission trips in college to my recent appointment to the board of the South Central Community Action Programs, I believe we have a duty to help our neighbors live better lives. In 2011 I ran for County Commissioner because I felt that I could give back to Adams County. The past three years serving my community have been rewarding and challenging. Rewarding because we have made significant changes to improve our county; challenging because when balancing the residents' needs and wants there is never enough money to do both. My children and all Adams County children deserve a chance to finish school and chose to live and work in this great county. If we do not make changes to business as usual, they may not have that choice. Today the County has a historically high bond rating, which combined with streamlining efforts in county government, have helped to keep your taxes low. Four years ago I promised to listen to your concerns and bring a consensus building approach to the courthouse. I have delivered on that promise. We are moving forward together, instead of holding ourselves back with the

personal or political rancor seen in Harrisburg and Washington.

The past three years have seen increased openness in county government. Beyond our weekly public meetings we have held 12 evening community forums throughout the county. I personally held a public forum, at no cost to taxpayers, on balancing preservation and economic development. I am committed to maintaining my open door policy and I routinely meet with concerned residents on evenings and weekends.

Between pro-growth and no-growth there is Smart Growth. As my mother taught me, "There is a place for everything and everything in its place". I have worked with municipalities, our planning department, community leaders, and businesses to direct growth into appropriate areas and find ways to sustain farmland preservation. Our initial effort was the creation of the Priority Preservation Map, which is the first attempt to scientifically quantify which Adams

County properties contain water resources, quality farmland, or significant rural resources.

This holistic approach results in better use of limited preservation funds. We completed a long overdue Economic Development Plan by polling businesses, elected officials, residents, and outside experts to determine our current strengths, how to grow them, and what businesses would best complement them. As a result of that process, we have approved a specific study focused on the Fruitbelt. This study will quantify the economic impact of our fruit industry. Our next project is a Planned Communities Map, which will highlight areas to direct business and residential growth.

This could not be possible without the hard work and input of many community leaders. My role as a County Commissioner is to bring people together, engage in meaningful discussion, and build consensus to move us forward. On May 19th I would appreciate one of your votes for County Commissioner

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Re-elect **Marty Qually** ★★★★★  
**COMMISSIONER**

**A Successful County Requires Community Input**  
"I have always been impressed with Commissioner Qually's willingness to work with local officials and make himself open to the public. His willingness to listen makes him an effective public servant."  
—Mayor William Troxell (D), Gettysburg

**Smart Growth Preserves Our Past and Helps Plan Our Future**  
Homes, agriculture, tourism, and other businesses can coexist. We must plan wisely to create a balance between our existing strengths, our residential needs, and future growth.

**Effective Governance is Built on Consensus**  
Coming from a family of seven children, I learned the need for consensus building at an early age. A little give and take moves us forward as a community. Adams County deserves more than the political gridlock we see in Harrisburg and DC.

**Thank You for Your Vote on May 19th**

Facebook icon | Paid for and Authorized by Friends of Marty Qually

## COMMENTARY

## Words from Winterbilt

## The choices we make

Shannon Bohrer

We like to think that we are independent, we are in charge of our own lives and our success has been because of ourselves. It is nice to believe that we are self-made, through our own energy, education, resolve and choices. As was once said; "luck is when opportunity meets preparedness." As one with experience, meaning I am older, I think it nice that I have been successful because of who I am and the choices in life that I made. Of course, if one has not been successful, maybe it had something to do with bad luck.

The choices we make are important, but sometimes it's not the choice we made, but the ones we did not make. Early in our life we don't make choices, someone makes them for us. Where we were born and to whom we were born and the family we have is not a choice, but it could be instrumental in our successes or failures. There is always the old argument of nature v. nurture. The problem with this argument is that both can be right, but we don't always know which and when or why. Most would at least agree that our early life does in-

fluence the choices we later make, but to what degree is unknown.

I was very fortunate in that after high school I applied for, was accepted and then went to college. Looking back that was a good choice on my part, mostly a good choice. I only applied to one school and then I was surprised when accepted, and since I did not have a job at that time, I went. Although while in college I had multiple jobs to pay for the education. After college I applied for one job and was accepted and worked there for most on my adult life. I think I made a great choice with the job that had, but I also believe I had some luck when hired. I knew that many others applied for that same position and were not hired. I like to think that I had better qualifications, which is why I was selected. So conversely, if you apply for and are selected for a position, should you can be thankful that someone better qualified did not apply for the same job?

Making choices, as in my case with no alternatives, is easy and worked well for me. But in many cases we have to choose among a number of alternatives. While we all like to think we make good decisions about our

choices and decisions, making one choice usually means there was another choice we did not make. While we examine the choices we make and often attribute our success to that choice, we rarely examine the choices we did not take, the road not taken. What happens if someone has several choices, do we think about what would have happened if we took our second or third choice? The path not taken the choice we did not take the career we skipped, could that influence our perceptions. The reality is that most of us do not know. I do know some people who seem to regret many things and are unhappy with many of their choices in life. Of course many of them attribute the choices to bad luck. Then again, for some people the choice does not matter, they just like to complain.

Our political choice in elections is often a choice in reverse. Sometimes politicians are not elected because they are liked so much, but because the opponent is disliked more. On election night, in any election, we always hear the winner thanking the constituents for their support, which sounds sincere. Then, the politician is questioned by the news media about their strategy and how they won. The fast thinking politician talks about the dif-

ference between them and the competition, how their message got out, how they had strong grass root support and how their campaign organization was just outstanding. While watching this, the loser of the election thinks s/he lost because of the unfair smear campaign by the winner. Often, the voter that voted for the winner did so not because of the message or the campaign adds, but because the one they voted for is not as bad as the other candidate. Maybe optimism is voting for the same person or party, expecting something different.

Some choices are more important than others. Who we marry is a big one. Of course that choice is dependent upon being married. I was very lucky that my wife choose me; at least that's what she tells me. I was also very lucky that she went along with me as to where I wanted to live and our life style. Having a wife that is truly a partner and best friend certainly adds to my positive outlook. But, early in our lives when we make important choices, do we really have any idea of how important they will be?

While we think that our choices are important, and sometimes they are. I also think that sometimes we put too much into decision making, as if everything we do will affect us our entire life. How many times have you said, or someone you know said, "This will be the most important decision in my life." And at that

time, you may have thought that. Of course as the years go by we often make numerous "Most important decisions in our life." While we do make these important decisions, the real impact of the importance is sometimes unknown when our decisions are made. The knowledge of how important our decisions are, both good and bad, often takes a long time, even years.

A long time ago someone told me that the most important decision to be made is to be happy, or to be sad. I truly did not think much of this advice at that time. But as the years go by I believe it was very good advice and it is a decision, a choice. To be happy, you have to be happy with whom you are and where you are and it really is that simple - from my perspective. As I have grown older I like to think that I am wiser. I am sure that some would argue with that, but that's their perspective.

"Each significant choice we make involved both a commitment and a loss; so choose your path carefully at every major fork in the road, for the sum of your choices will shape your life." From the book the Gift of Adversity, by Dr. Rosenthal.

An excellent book, from my perspective.

To read past editions of Words from Winterbilt visit the Authors section of Emmitsburg.net.

## Common Cents

## Megaphone

Ralph Murphy

The USA Patriot Act signed by President George W. Bush in 2001, is due to expire on June 1<sup>st</sup>. This will also curtail the effective use of the Intelligence Reform and Prevention Act of 2004 that was designed to counter terrorism in the United States. Anticipation of the possible rejection by Congress of the post - 9/11 bill led to last year's attempt to redesign and package it as the USA Freedom Act has met stiff resistance and attempts to revise. The Freedom Act would legally authorize private phone companies such as AT&T and Verizon to record and disseminate private calls with a provision that they provide that data to the government - more specifically to the National Security Agency (NSA).

The current dilemma reveals the close working relationship the private sector has with the government and its apparent ability to circumvent highly contentious restrictions as applied to the Federal sector. Phone companies routinely hold information for up to 18 months and the government wants access to it. In contention at present is NSA's "bulk collection" of metadata which records who calls whom, but not the recorded conversations. The mega data is about as contentious as a phone billing statement and doesn't address the practice of unregulated recordings and arbitrary dissemination of phone calls now performed by the private companies.

NSA has been drawn into the inter-

national press and legal debate for its ability to conduct wiretaps and access private data in the defense of national security. Other agencies, to include the Federal Bureau of Investigation (FBI), are also involved, but NSA has gotten most of the negative press following public disclosures by former contractor Edward Snowden who allegedly downloaded reams of classified data to buttress his claims. He also is reported to have extra legally provided this information to foreign powers. Snowden is Russia-based, but appears able to travel having recently surfaced in Canada and is dealing with US authorities for a return to America.

There is current bi partisan consensus in Washington on the need for a coherent national security policy, but as the 1 June Patriot Act expiration deadline approaches - one is not available. There is also admittedly no backup Plan B. Senator Dianne Feinstein commented that the "security of the nation is at stake". Republicans agree but don't want a "blanket restructuring" of the intelligence community.

The Patriot Act was introduced by Representative Jim Sensenbrenner following the 9/11 terrorist events in New York and Washington, DC. It was offered as Article 3162 in October of 2001. Only 66 Congressmen opposed the measure that was sent to the Senate and was confirmed by a 98 to 1 vote. President Bush signed the measure into law in October 2001.

The act "expanded access of (government agencies) to business, library and office financial records. The act's opponents noted that the measure provided no time constraint on

retention of detained illegal immigrants, and was too broad in law enforcement powers. Such powers as the use of national security "letters" permitting phone taps, email and financial records access without a court order. This authority was granted to a variety of federal agencies, but NSA gained the greatest notoriety in its actual application.

The measure was evaluated and slightly restructured in 2005 with "Sunset provisions" lapsing and not significantly altering the law. There was a degree of concern the bill allowed the Executive Branch too much power that had led to a 2004 measure entitled the Intelligence Reform and Terrorism Prevention Act. With it, Congress had sought to control the intelligence role - especially domestic, while allowing it "to reform the intelligence commitments and related activities of the legislature as well as (unspecified) other purposes." It amended the National Security Act of 1947 that also played into the Patriot Act, and created a Civil Liberties Protection Officer who would report on the agencies activities to open sources public as well as government liaison.

The existing technology of mass computer surveillance capability implies to the interested observer a capacity to perform the task of recording and monitoring. NSA's actions were actually broached well before Snowden with one open source claiming the agency had the capacity to collect enough information every day to fill the Library of Congress. The Legislature appears to have been left out of the information process despite

## I WATCH YOU



the oversight committees. Even Congressman Sensenbrenner who introduced the original Patriot Act in 2001, thought it needed a radical review. That was implemented, and in October 2013 was offered as the USA Freedom Act.

In the bill, companies such as AT&T and Verizon would have to "submit to the general public the scope of government requests for consumer data". If it's not approved they can theoretically use it themselves! Surprisingly, the bill passed the House on May 22, 2014 by a vote of 301-121. Democratic Senator Patrick Leahy criticized the House bill and was joined by Senator Ron Wyden who was concerned that "mass surveillance" would continue. The populist attacks on NSA appeared "fair game", but no one was willing to directly question the phone companies ability to go far further and largely unregulated in its actions.

The Freedom Act was shelved by the Democrat-controlled Senate last

November after falling two votes shy of a 60 vote acceptance into law. It is still being debated as the Patriot Act component is set to expire on June 1<sup>st</sup>. Senate leaders seek an extension to December 2017 to allow the matter to be further sorted out. While they will probably get the delay- NSA's bulk, data collection of phone calls sourcing and receipt is really "tame" without a recorded text feature. Phone companies should be allowed to provide that, but not allowed to keep or maintain personal records. Information regarding terrorist threats being monitored under court order, could be withheld from the government by the phone companies- further threatening and undermining national security. Be careful with your electronic devices, as it's possible someone is eavesdropping no matter what the law.

To read past editions of Common Cents visit the Authors section of Emmitsburg.net.

# Pure OnSense

## Opting out of the testing madness

Scott Zuke

Last month over one hundred thousand public school students across New York spent hours sitting and staring into space while their less fortunate classmates trudged through a six-day battery of standardized tests. They were excused from taking the mandatory statewide assessments by their parents, members of the fast-growing “opt-out movement,” which argues that the government and school system’s obsession with high-stakes testing has gotten out of control.

New York’s testing regimen isn’t unique. Like most states, it is based on the Common Core standards, which have fueled controversy since they swept across the country over the last five years. Political opponents see the federal government strong-arming the states into adopting a national curriculum, but so far that has not been enough to mobilize a revolt in most places.

New York, however, has jumped ahead of the pack by holding teachers accountable for the test results before there has even been time to determine if Common Core is an effective policy. Governor Cuomo infuriated teachers’ unions earlier this year by announcing that test scores would

count for 50% of teacher evaluations, even though the connection between students’ test performance and quality of instruction is still murky.

New York’s case may be a political grudge match in the guise of education reform, but it’s riding on the back of fundamentally flawed policy of mandatory testing and accountability that has caused severe harm to American education for over a decade. As education reporter Anya Kamenetz put it in her recent book, “high-stakes standardized tests are stunting children’s spirits, adding stress to family life, demoralizing teachers, undermining schools, paralyzing the education debate, and gutting our country’s future competitiveness.”

Standardized testing has been around a long time as a tool for gauging school performance. The Maryland State Performance Assessment Program (MSPAP) that I took growing up didn’t even produce individual student scores. In the early 2000s, though, policymakers were swept up by the fantasy that national standards for assessment and rigid accountability requirements for educators to meet “adequate yearly progress” could bring 100% of students up to grade-level proficiency in math and reading by 2014.

That utopian goal had to be adjusted and eventually abandoned, but the underlying premise of the No Child Left Behind Act (NCLB) that mandatory testing and accountability measures are effective policy has persisted despite little evidence to support it. In fact the data showed that NCLB failed to raise scores or narrow the performance gap despite extensive teaching to the test.

Yet school systems’ obsession with testing has increased, not decreased, and it is taking a terrible toll on an entire generation of America’s children. “The near-universally despised bubble tests are now being used to decide the fates of not only individual students but also their teachers, schools, districts, and entire state education systems,” Kamenetz writes, “even though these tests have little validity when applied this way.”

All of the pressure laid on the students’ shoulders drives them and their parents to tears and anxiety. Teachers worry about their jobs depending on scores that they cannot really control. Schools find ways to cheat the system, hiding the scores of students with special needs among those of the general population or, as seen in Atlanta, by systematically changing students’ test answers.

There is an enormous opportunity cost to all of this testing. A report by the American Federation of Teachers in 2013 that looked

at the test preparation behaviors of two school districts found that “If testing were abandoned, one school district in this study could add from 20 to 40 minutes of instruction to each school day for most grades. The other school district would be able to add almost an entire class period to the school day for grades 6-11. Additionally, in most grades, more than \$100 per test-taker could be reallocated to purchase instructional programs, technology or to buy better tests.”

The problem isn’t only the statewide tests either, but also the increasing time and money being spent preparing college-bound students for the SAT and ACT. These tests are supposed to indicate how well students will perform in their first year of college (although the statistical correlation is known to be fairly weak), but parents figured out that their children didn’t need to be better students to get higher scores on the tests. They just needed to be trained in how to take them.

Private tutoring and commercial test prep classes caught on among anxious and affluent families, grew into a multibillion dollar industry, and eventually spread into public schools, replacing education time with learning ways to trick the test into thinking students are better educated.

Kamenetz ties the over reliance on individual test scores to an error called “Goodhart’s law,”

which states that when a measure becomes a target, it ceases to be a good measure. “If you give people a single number to hit, they will work toward that number to the detriment of all other dimensions of success,” she writes. “The more you turn up the pressure to hit that number, the worse the distortion and corruption gets.”

The problem is that test scores are a simple, digestible, seemingly objective, and therefore powerful metric for policymakers to wield. It’s difficult to capture just what is lost by putting them at the center of school evaluation and education policy, but I will conclude with a personal story.

One of the most valuable experiences from high school for me was journalism class, through which I had the opportunity to build a wide range of practical skills, from web design and page layout software to writing, editing, and photography, as well as gain leadership experience serving as editor-in-chief. It was in that capacity that I met the editor of this newspaper, leading eventually to this column. More than any other class, I can draw a line from that experience all the way through college, grad school, and to my present profession. It saddens me to this day that the year after I graduated, that class was cut to make room for an SAT prep course.

*To read past editions of Pure OnSense visit the Authors section of Emmitsburg.net.*

# Down Under

## Sleeping with the enemy

Submitted by Lindsay!  
Melbourne, Australia

I am the enemy you killed, my friend. Wilfred Owen, 1918

There is no question that the emergence of the radical Islamic group known as ISIS is the most appalling international event of the 21st century. Their aim of establishing an Islamic caliphate would be ludicrous if they were not so hell-bent on it, while their apparent success shows that their appeal to disaffected and radicalized Muslim youth throughout the world has struck a chord, allowing fundamentalist clerics and their converts using social media to blind the young to the real message of the prophet, which is, in part, one of co-existence and tolerance.

This seems to have created an almost insoluble problem for the west, especially for America and its allies. It is, however, a problem of their own making, one whose origins can be found in the development of American foreign policy and aims. Without going into the history – often murky, generally deviant, and well documented – ISIS is actually part of a continuing revolt against American imperialism. This is something you may not like to hear, because imperialism, that horrid old-fashioned co-

lonial concept, has been redefined by you so that it now means ‘being policeman to the world.’

And, as police, the idea of bringing stability to a country or region is an easy sell, even after inducing the instability yourself. Everyone wants stability, even the people in the unstable country – to begin with, at least – but the reality has never taken long to be realized. The stability, the economic benefits, the splendor of democracy as touted has only ever been an avenue for exploitation. This was the whole purpose of imperialism, like it or not. Police are not noted for their peaceful natures, and in the case of imperial police they have never been kind or caring of the populace, something their masters approved of as they took their payments for the ‘liberation.’

And this is the point: Everyone suffers, especially the young; those that love their country, the academics, and left wingers, the worker – everyone to whom their country is their home, no matter the tribulations – all except the puppets you put in place to dance to the strings, and even they get out to do their own thing as soon as they can. The list of such bringings of peace is long; you can easily look it up (see ‘Blowback’ by

Chalmers Johnson) but for every puppet there are a million or more disaffected locals. In most cases – in fact up until now – they were not organized, had no cause but their suffering, and more importantly, no rallying cry.

The shift to terrorism as revenge by the Taliban (and then others) grew exponentially after the gulf war, with the first violent act the 9/11 atrocity. The U.S. reaction was as swift as it was unconsidered. Rhetoric was ramped up, the reasons for the act ignored, and outrage was the order of the day. It still is, and congress still barely understands the outrage that was the root cause of the act. And now the ISIS rallying cry, so irresistible to many young people, is also misunderstood. Islam is not responsible for ISIS, but ISIS has taken the name of the prophet as a rallying point, subverting the truth for their cause. They believe they are right, just as you believed you were right when you interfered with and altered the running of another country to suit your own ends. Sure, ISIS is openly violent, beyond the rule of law, but their hatred will never be reasoned with, and their appeal grows with every act of reprisal; disquiet can be ramped up to antagonism, and when religious intolerance is added the overwhelming need to address 21st century imperialism becomes the ideal to which the young new zealot is convert-

ed. Their deaths then becomes the welcome price to pay, there is no such idea as logic, all others are infidels, and as we are seeing, such cancers are unstoppable by any approved means.

Indeed, killing them makes it worse, giving more impetus to others to take up the cause – remember the sorcerer’s apprentice? – while saying ‘sorry about the gulf wars, sorry about Afghanistan’ is impossible and far too late. Yes, grinding them into the sand would be one way to finish them, but their cause would go on, their vengeance become more devious and terrible, and the middle east destroyed.

There is, however, a surprisingly simple answer, 100% guaranteed to work, but totally unpalatable.

The real power of ISIS is in its victories. No one joins losers, zealots included. Territory is position. Manifestos become actions, words take on truth, and this the recruits see and believe. A just cause is appealing, but it all rests on winning the war. And this can be stopped by depriving them of weapons. All wars need weapons, and ISIS has enough to overcome the opposition. Where do these weapons come from? Why, America! Not all of them, but mostly, so here we have one of the craziest situations the world has ever seen.

How do you run a war on terror when your economy survives by supplying arms to the terrorists? And also depends in part on mak-

ing the armaments used to run that war? It may be argued that if you did not make those sales someone else would, but apart from that immoral response, those groups could be persuaded not to – persuasion being one of your great strengths. After all, apart from ISIS, who wants to continue this appalling situation? Oh yes. The arms sellers. I wonder why this is never brought to our attention, why our news is very silent on the subject?

And I wonder how you can live with yourselves. Because the real enemy is your armaments manufacturers, and thus your government. Talk about living off immoral earnings, (and we are as culpable as you), this impossible conflict is in stark contrast to any other, as fire is being used to quell fire, retaliation is anointed with vengeance. But then, what’s a few more deaths, a bit more terror, a lot less liberty? Oh yes, we have to consider employment. We have to respect the armed forces. And we can all live happily ever after, always anxious, almost terrified, but secure in the knowledge that terrorists will not ever rule us. Oh yes? Depends on where you look.

ISIS wishes to establish a caliphate. Let them. Ensure the only weapons they have are those of the earlier caliphates – swords.

*To read past editions of Down Under visit the Authors section of Emmitsburg.net.*

## THE PASTOR'S DESK

# Guard your heart

**Pastor John Talcott**  
Christ Community Church

As I reflected upon the month of May with its celebration of Mother's Day, the Ascension, Pentecost, and Memorial Day, Proverbs 4:23 came to mind which says: "Above all else, guard your heart, for it is the wellspring of life." I believe this proverb speaks to the value of each of these upcoming celebrations as they impact our hearts in regards to faith, family, and country. It's about guarding, protecting, and holding on to those things in our hearts of eternal value. It's not just our emotions, affections, and feelings; though it would include all of that, but it involves our deepest moral and spiritual convictions.

I'm reminded of Mary, the mother of our Lord Jesus Christ, when she is in the stable with the baby Jesus. The shepherds have just excitedly shared about the heavenly chorus, the revela-

tion of the angels concerning this child born in such humble surroundings. And the Bible tells us this: "Mary treasured up all these things and pondered them in her heart" (Luke 2:19). A week later, Joseph and Mary took the baby to Jerusalem to dedicate him to the Lord. There was a man there named Simeon, who took Jesus in his arms praising God; and blessing Mary, Joseph, and child said, "This child is destined to cause the falling and rising of many in Israel, and to be a sign that will be spoken against, so that the thoughts of many hearts will be revealed. And a sword will pierce your own soul too" (Luke 2:34-35).

Afterwards, they returned to Nazareth where the child grew and became strong; he was filled with wisdom, and the grace of God was upon him. When Jesus was 12 years old they went to Jerusalem for the feast of the Passover. He sat in the temple courts among the teachers, listening to

them and asking question. Everyone who heard him was amazed at his understanding and his answers. When his parents discovered him in the temple they were astonished; and again the Bible says, "His mother treasured all these things in her heart" (Luke 2:51).

As I consider the month of May, I believe we cannot underestimate the value of treasuring faith, family, and country; and pondering them in our hearts. The proverb tells us, "Above all else, guard your heart, for it is the wellspring of life." And the Lord tells us of a time when, "I will put my law in their minds and write it on their hearts. I will be their God and they will be my people" (Jeremiah 31:33). And we celebrate this miraculous work of God in our hearts as we remember the Ascension and the words Jesus tells us, "It is for your good that I am going away" (John 16:7). "I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high" (Luke 24:49). 10 days later on the Day of Pentecost they received the promise of the Father and were filled with the Holy Spirit. Through the saving, redemptive, transforming work of God the Father, God the Son, and God the Holy Spirit, the Church was empowered to go out (Acts 2:1-4).

These are words that I have treasured and meditated upon in my heart; words of faith, words of hope, and words of love. The Bible tells us, "That is, the word of faith we are proclaiming: That if you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved" (Romans 10:8-9). And so there is a richness to this word and a goodness in our hearts through the work of Jesus that is to be treasured and guarded with love. John Calvin said it this way, "We're like a mirror that reflects



something of God into the earth. That God is a loving God, and when we love, we're showing a little bit of what God's like."

You see the Bible tells us that "God created man in his own image... male and female he created them" (Genesis 1:27). He created us with a body, soul, and spirit (1 Thessalonians 5:23). He created us with dignity, value, and worth (Psalms 119:73). Born and unborn, healthy and sick, rich and poor, young and old alike, we all bear God's image and no matter who you are the image and likeness of God persists in us. That very fact of our spiritual DNA is a powerful reminder as we celebrate Memorial Day. A day when we honor the men and women who've died while serving this country. And a day that I am especially mindful of the words of the Lord Jesus Christ who said, "Greater love has no one than this, that he lay down his life for

his friends" (John 15:13). I am so grateful for his example; that we can love our enemies, that we can love those who hate us, because as we do we're honoring the work that God has done in creating that person in His image.

One of the greatest privileges I've had is growing up in a family that raised me in the Christian faith to know and understand what's in my heart. To know what it feels like when my heart is not right with God. To know what it feels like when my heart is in communion with God. And that I may always guard my heart, because "it is the wellspring of life" (Proverbs 4:23). I pray that this proverb would be a blessing to you as well and that from your heart will continually flow a life of blessing; that God will look and be pleased, saying to you, "Well done, good and faithful servant" (Matthew 25:23).

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## THE BOOK OF DAYS

# The last of the alchemists



On the 6th of May 1782, a remarkable series of experiments was commenced, in his private laboratory at Guildford, by James Price, a distinguished amateur chemist, and Fellow of the Royal Society. Mr. Price, during the preceding year, imagined he had succeeded in compounding a powder, capable, under certain circumstances, of converting mercury and other inferior metals into gold and silver. He hesitated before making public this extraordinary discovery; but having communicated it to a few friends, and the matter becoming a subject of doubtful discussion among chemists, he determined to put it beyond cavil, by conducting a series of experiments in presence of a select assemblage of men of rank, science, and public character.

The experiments, seven in number, commenced, as already observed, on the 6th of May, and ended on the twenty-fifth of the same month. They were witnessed by peers, baronets, clergymen, lawyers, and chemists, and in all of them gold and silver, in greater or less quantities, were apparently produced from mercury: to use the language of the alchemists, mercury was transmuted into gold and silver. Some of the gold thus produced was presented to the reigning monarch, George III, who received it with gracious condescension. The University of Oxford, where Price had been a fellow-commoner of Oriol College, bestowed on him the degree of M.D.; and his work, containing an account of the experiments, ran through two editions in the course of a few months.

The more sanguine and less scientific of the community saw in this work the approach of an era of prosperity for England such as the world had never previously witnessed. Who could doubt it? Had not the king honoured, and Oxford rewarded, the fortunate discoverer? Some, on the other hand, asserted that Price was merely a clever juggler; while others attempt-

ed to show in what manner he had deceived himself. On some points, however, there could be no difference of opinion. Unlike many professors of alchemy, Price was not a needy, nameless adventurer, but a man of wealth, family, and corresponding position in society. As a scientific man, he had already distinguished himself in chemistry, the study of which he pursued from a pure love of science; and in private life his amiability of character had insured many worthy and influential friends.

In the fierce paper conflict that ensued on the publication of the experiments, the Royal Society felt bound to interfere; and, accordingly, called upon Price, as a fellow of the society, to prove, to the satisfaction of his brother fellows, the truth of his alleged transmutations, by repeating his experiments in their presence. From this point Price seems to have lost confidence, and decided symptoms of equivocation and evasion appear in his conduct. He declined to repeat his experiments, on the grounds that the process of preparing the powder of projection was difficult, tedious, and injurious to health. Moreover, that the result of the experiments, though most valuable as a scientific fact, was not of the profitable character he at first believed and the public still supposed; the cost of making gold in this manner being equal to, in some instances more than, the value of the gold obtained; so much so, indeed, that, by one experiment, it cost about seventeen pounds sterling to make only one ounce of gold, which, in itself, was not of the value of four pounds.

These excuses were taken for what they were worth; Sir Joseph Banks, the president of the society, reminding Price that not only his own honour, but the honour of the first scientific body in the world, was implicated in the affair. Price replied that the experiments had already been conducted in the presence of honourable and competent witnesses, and no advan-

tage whatever could be gained by repeating them.

Further, he adduced his case as an example of the evil treatment that has ever been the reward of great discoverers; and concluded by asserting that his wealth, position in society, and reputation as a scientific chemist, ought, in unenvied and unprejudiced minds, to free him from the slightest suspicion of deceit. To Price's friends this line of conduct was painfully distressing. Yielding at last to their urgent entreaties, he consented to make some more powder of projection, and satisfy the Royal Society. For this purpose, as he stated, he left London, in January 1783, for his laboratory at Guildford, faithfully promising to return in a month, and confound, as well as convince, all his opponents.

Arriving at Guildford, Price shut himself up in his laboratory, where he made it his first employment to distil

a quantity of laurel-water, the quickest and deadliest poison then known. He next wrote his will, commencing thus—'Believing that I am on the point of departing from this world.' After these ominous preliminaries, he commenced the preparation of his promised powder of projection.

One, two, three—six months passed, but nothing being heard of Price, even his most attached friends reluctantly confessed he had deceived them, when, to the surprise of every one, he reappeared in London, and formally invited as many members of the Royal Society as could make it convenient to attend, to meet him in his laboratory at Guildford on the 3rd of August. Although, scarcely a year previous, the first men in England were contending for the honour of witnessing the great chemist's marvellous experiments, such was the change in

public estimation caused by his equivocal conduct, that, on the appointed day, three members only of the Royal Society arrived at the laboratory, in acceptance of his invitation. Price received them with cordiality, though he seemed to feel acutely the want of confidence implied by their being so few.

Stepping to one side for a moment, he hastily swallowed the contents of a flask of laurel-water. The visitors seeing a sudden change in his appearance, though then ignorant of the cause, called for medical assistance; but in a few moments the unfortunate man was dead. Many and various were the speculations hazarded on this strange affair. It is most probable that Price had in the first instance deceived himself, and then, by a natural sequence, attempted either wilfully or in ignorance to deceive others, and, subsequently discovering his error, had not the moral courage to confess openly and boldly that he had been mistaken.

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# THE (retired) ECOLOGIST

## Learning

Bill Meredith

*"We find ourselves in a bewildering world."*

—Stephen Hawking, *A Short History of Time*, 1996.

*"Young children have no sense of wonder. They bewilder well, but few things surprise them."*

—Annie Dillard, *An American Childhood*, 1987.

*"There were harebells, tiny lanterns, cream-white and almost sinful-looking, and these were so rare and magical that a child, finding one, felt singled out and special all day."*

—John Steinbeck, *East of Eden*, 1952.

Recently I saw an interview in which the writer, E. L. Doctorow, was asked how he was able to think up new ideas for his novels. His reply was, "How can I think about my brain when it's my brain that's doing the thinking?" It was a clever response, and it ducked the question neatly. I'm sure Doctorow knew at least part of the answer, but I suspect he also knew that it involved technicalities that would quickly become boring to his audience.

Questions about how the brain works are often called the last frontier of science, partly because of Doctorow's observation... it took a long time for us to figure out how to study it. Only a few centuries ago, many things were like that; they were unanswerable with the techniques that existed, so they were simply called miracles. How does a seed grow into a beanstalk or an oak tree? Why do broken bones heal sometimes but not others? Why did the girls who milked cows rarely get

smallpox back in the 1600s? Nowadays, most students have been exposed to the answers of these questions by the time they finish high school (although they may not be able to recite them on SAT tests). The answers are known, at least by somebody, so we don't call them miracles any more.

If all goes well, in a few weeks I will watch the month of May slip from the future into the past for the 82nd time. You might think that, having done it so many times, I should know how to go about it by now... but, like Dr. Hawking, I find myself in a bewildering world, and the longer I'm in it, the more bewildering it becomes. Throughout my early years, I was learning more than I forgot; but somewhere along the line the balance began to shift toward forgetting. It has reached a stage now where my mind feels like it has begun to leak; I still learn things, but I don't retain them like I used to. The people who study brain science say they expect to figure out how this works within the next ten years, but then it will probably be at least another decade before they are able to cure it. For those of us who have already started our 90th decade, this timeline gives little comfort.

Perhaps my mind dwells on such things because I have recently met a new friend. His name is Declan, and I met him about four months ago. The first time he saw me, he cried. I knew there was nothing wrong because a minute earlier his brother had been kissing him and shaking a toy for him; he cried because I was an unfamiliar face, and at that age his brain was pre-wired to interpret any unfamiliar face as a potential threat. I knew that, so I smiled, avoided sudden movements, and spoke very softly to him; and soon

he allowed me to hold him, as long as I kept him in a position where his mother was visible. He could not control his arms well enough to reach for me, but he could grasp my finger if I placed it in his hand. Since then he has grown, and has developed connections between neurons in his brain which are beginning to coordinate the control of his arms and hands. The last time I saw him, he reached out and pulled my beard, and smiled... not because he had learned to recognize me as an individual, but because his brain cells are making normal connections, following the genetic patterns they inherited. As Annie Dillard observed, he is still too young to have a sense of wonder, because everything he sees is equally new to him. The actual learning will begin soon. Scholars agree on a broad outline of how it happens, but the actual details of the process are still unknown... and I find a peculiar pleasure in realizing that, for a little while yet, I can still classify Declan as a miracle.

In order to think seriously about anything, whether it be ecology, art, philosophy or economics, you must start by defining your topic. So I looked up "learning" in several references, and found general agreement that learning is "the process of gaining knowledge or skill by studying, practicing, being taught, or experiencing something." A slightly more technical reference added that learning does not include behavioral modifications that result from developmental changes, such as the normal growth of neuron connections like those Declan is undergoing. Because of the growing neural synapses, he is beginning to learn that differences exist. His 4-year-old brother and the family dog are both about the same size and both run around and make lots of noise, but they are not the same. That may sound trivial, but it is the beginning of a process by which he will learn to understand the world. He



**"There were harebells, tiny lanterns, cream-white and almost sinful-looking, and these were so rare and magical that a child, finding one, felt singled out and special all day." John Steinbeck, *East of Eden*, 1952.**

will have to learn that things differ: they are hard or soft, big or little, round or square, red or blue... and then he will have to learn words for all those qualities. At the same time, he will have to learn names for the things that have those qualities: the kitten is soft, the table leg is hard, Daddy is big, the sky is blue. Simple? Try doing it yourself in Spanish or German... or Mandarin, if you really want a challenge. And remember that the neural connections that operate his tongue and vocal cords will not be completely developed until he is two years old.

There will come a time when Declan's sense of wonder will appear. It happens at different ages and occurs to varying degrees in all of us, and is easier to describe than to define; John Steinbeck's description of a flower, quoted above, captures it well. Declan's sister reacted with wonder the first time I showed her a tree frog; she was three, and when I placed the tiny creature in her hand, it disappeared. She looked at me with her mouth open in amazement, and then squealed with delight when the frog reappeared on her sleeve, where it had jumped. She now examines every new flower, bug or rock that she sees, and regularly brings new discoveries to

share with me. She has become a learner, and will be so all her life.

Sometimes, of course, learning is painful; as Mark Twain once said, "A man who carries a cat by the tail learns something he can learn no other way." I don't recall carrying a cat that way, but I was stepped on by ponies, pecked by chickens, kicked by a cow, and bruised by various kinds of machinery in the process of learning to survive on a farm; and those experiences taught me a lot about how to survive at work and in a social setting. Learning, once you get into it, transfers from one activity to another. But there are limits to what can be learned, and they vary from one person to another. When I was six, my Dad showed me where to put my fingers on a guitar in order to play C, F and G7 chords; and soon I could play songs by ear. But learning to read music came very slowly to me; I had the desire to learn, but not the gift for it. Even if I had started serious lessons as a child, I never could have played like Andres Segovia, Django Reinhardt or Manitas de Plata. They had the gift.

Understanding learning is something we have yet to achieve as a nation, and it is sorely needed. Every day, both national and local media present articles about the failure of our schools to achieve uniform test scores and to raise graduation rates, and it will be a topic of contention in the coming election cycle. Equal opportunity is a noble goal, promised by our Constitution; but even if we had opportunity, equal achievement is impossible, because every child is different. Some are gifted; some are more able to learn than others; some have what we euphemistically call "special needs." In my first month in school, I could see that some children learned faster than I did, and others more slowly; and I saw that occasionally the fastest learners were also the best athletes, but not always. Each one of us is unique; and it is not possible to design an educational system that could bring all of the children in a nation of 300 million up to a single standard in a given amount of time. At heart, both we and our leaders know this. We keep trying for the worst of all reasons: a more effective system would cost more than we are willing to afford.

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# Scientific categories

## Learning to be a scientist

Michael Rosenthal

When a student enters high school, she or he begins to get more serious about science courses. High school courses generally include biology, chemistry, and physics, with courses in mathematics to support them. The content of those courses, evolving over time, is generally determined by the school district (it has been known that the study of evolution is banned in some states in very right-wing districts), and to some extent by the school and teacher. Text books, internet references, and power points back up the class material. When a student enters college, the same courses have been historically continued, with the addition of others, such as biochemistry, geology, environmental science, astronomy. Specialty courses in each field are offered: physical chemistry, molecular biology, and quantum physics, just to name a few.

There is nothing magical about the way the material is divided. All of science obeys the same laws of nature: The Law of Conservation of Mass and The Law of Conservation of Energy, among others. The divisions are somewhat arbitrary to make it easier to organize and focus the teaching. There are colleges that seek a different mix of topics and even one college that integrates sciences into other liberal arts (St. John's College in Annapolis, MD, and Sante Fe, New Mexico). Teachers need to be trained to teach whatever material is in a given course, and textbooks (or e-books) need to be available to back up the lecture, discussion, and laboratory. Though the courses, the teaching methods, and the textbooks evolve, the laws of nature and

their applications remain constant until someone discovers a new application.

I found biology very unsatisfying in school. Though I loved animals, plants, and the outdoors in general, there was (in those days!) too much memorizing descriptive materials, almost no math, and thus it was hard for me to find the underlying principles. Physics was (at that time) too sterile for me – balls rolling down inclined planes and electrical connections. Chemistry lit up my world. I loved the colors, the smells, the applicability to the world around me, and the connection of what we saw on the macro level to structure on the molecular level. That fascination has lasted all these years. Now, that is not to say I have no respect for the other fields; it's just that I found my favorite, and I have always urged my students to find their favorite. A lot has to do with the teacher, the program, and the laboratory facility, of course, for that can enhance or diminish one's appreciation of the topic.

The evolution of these curricular changes and the revised attitude is often due to discoveries in theoretical and experimental science. A milestone was reached when Watson and Crick and their colleagues discovered the molecular structure of DNA in the early 1950s, opening up the field of molecular genetics at the biology-chemistry interface, and invoking principles of physics.

Another new field that has sprung up and that is worthy of mention is forensic science, an amalgam of biology, chemistry, and physics. Anyone who reads the newspapers or watches television or movies knows how universal the use of forensic science is

in solving crimes. There are college majors and graduate degrees offered up to and including the PhD in forensic science. My college good friend and lab partner earned a PhD in chemistry and a law degree, and he later headed the New York City Crime Lab! After that he headed a Forensics Science program.

How about mathematics? Well, one can use math to support work in any of the sciences or do what is called "pure" mathematics. One year in my teaching days in New York at Bard College, I enjoyed a sabbatical experience in the chemistry department at what was then called the State University of New York at Albany. One of the department members was a "theoretical chemist," something new to me. He wore suits and ties to work, and never entered the chemistry lab. All of his work was done on the relatively new computers of that period, but he did obtain meaningful results, published them, and was respected by his chemistry colleagues.

The important thing to remember here is that science is a unity of knowledge, and that the divisions we make are somewhat artificial. Great advances have been made and continue to be especially made by individuals working at the interfaces of fields previously defined.

Let's take a look at water fluoridation. In the early 20th century it was noted that while fluoride sometimes mottled teeth, it allowed teeth to resist cavities. Ensuing studies concluded that fluoride safely reduced cav-



Deceptive ads like this are used to scare people away from the scientifically proven benefits of fluoride in drinking water.

ities at 1 part per million, a very low concentration. Great controversy arose over the safety of adding fluoride to water supplies, both citing scientific data involving safety and the question of mandated policy. (Does that sound familiar?). The city of New York took some 8 years to agree to fluoridate the water supply.

There are still those who think fluoridation is a bad idea. Portland, Oregon voted down fluoridation in 2013 for the fourth time. About three quarters of American water supplies are now fluoridated, but a consideration of reducing the fluoride water level to 0.7 parts per million is being undertaken by the Department of Health and Human Services. Of course, many tooth pastes are fluoridated as well. Portland, Oregon, still does not fluoridate its water supply. I have not been able to find any credible evidence that fluoridation of the water supply is dangerous to anyone at the concentration levels at which we fluoridate, and it is clear to me that the benefits are great in reducing

tooth decay, especially in children. Like all such topics, we should be alert to new reliable study results and be attentive to those based on scientific fact rather than on unsubstantiated belief or on political attitudes.

In closing this month's column, here's some fun. Our son Nick, an American History professor at Loyola Marymount University in Los Angeles, sent me a page from the Los Angeles Times, summarizing various elixirs available at a downtown drug store in LA. Among them are included: Open Roads, which promises to bring you success, love, and anything else your heart desires; Court Case, a spray which will help you with an upcoming court case; Attract Customers, a spray that promises to attract customers to your shop; and I Want Work Soon, a candle that will help you secure a job at the salary your heart desires. It might just be worth a trip to LA!

To read past editions of Real Science visit the Authors section of Emmitsburg.net.

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## IN THE COUNTRY

# Flying high: America's eagle

Tim Iverson  
Naturalist

Our nation's bird, the Bald Eagle, sometimes called the American Eagle, has a storied past. They're the comeback kid. They were as abundant as the stars in the night sky at one time. In the mid 20th century they faced near extinction, but through effective management techniques, habitat restoration, and protection have rebounded back to a healthy and stable population with ever increasing numbers. They can be seen locally in the wild and up close and personal at local zoos and aviaries. Historically people have been part of the problem, but today are an integral part of the solution.

Bald Eagles are known for their distinctive white heads, white tails, golden yellow beaks, and dark blackish brown bodies. Before reaching maturity their bodies, including heads and tails, are predominantly a mottled brown with white streaky speckles. Around four to five years of age they will develop their characteristic feathering. Life span for a wild bald eagle can be as long as 20 years old, but in captivity have been known to live up to 40 and older!

Bald Eagles are only found in North America, which is why they're often called The American Eagle. Typically, they are found in wooded areas near bodies of water. Eagles are known to migrate too. Eagles that reside within the central part of the United States and Can-

ada occasionally move to a seacoast during colder winter months. Usually their nests are located adjacent rivers, lakes, bays, reservoirs, and marshes because eagles prefer to eat fish. Like other birds of prey, Eagles have strong feet with talons they use to capture prey. Their hooked beak works like a fork and knife, and they use it to tear apart their meal into smaller bite sized pieces. Their vision is excellent and with their frontal facing eyes have great binocular and peripheral vision, which makes them pretty fearsome predators.

When you're the king of the skies you take what you want. Eagles notoriously rob other raptors of kills, and either eat the find themselves or return to their nest to feed their young. Benjamin Franklin was displeased when the eagle was elected to become our symbol. He commented, "For my own part I wish the Bald Eagle had not been chosen the Representative of our Country. He is a Bird of bad moral Character. He does not get his living honestly. You may have seen him perched on some dead Tree near the River, where, too lazy to fish for himself, he watches the Labor of the Fishing Hawk; and when that diligent Bird has at length taken a Fish...the Bald Eagle pursues him and takes it from him... Besides he is a rank Coward: The little King Bird not bigger than a Sparrow attacks him boldly and drives him out of the District. He is therefore by no means a proper Emblem for the brave and honest Cincinna-

ti of America who have driven all the King birds from our Country."

Eagles aren't totally devoid of morals. Once they reach maturity and select a mate, they will remain together for life. Courtship displays involve some serious high flying acrobatics. They will loop, swoop, and cartwheel around with each other. They'll ascend to blistering heights, lock talons, and free fall through the air separating just before hitting the ground. They will produce one to three eggs in a given year, generally laying them towards the end of February. Eggs will hatch sometime between mid-April to early May. The eaglets will begin to fly in July, and leave the nest between August and September.

Their lives haven't always been easy ones. Population numbers dramatically declined in the mid 20th century, from a combination of factors. One leading cause was the widespread use of the pesticide DDT. DDT didn't necessarily harm healthy adult birds, but rather their ability to reproduce or produce healthy offspring. DDT occasionally made eagles sterile, but usually affected calcium production creating weak egg shells that failed to protect the eaglets within. It is estimated that in the 18th century populations were between 25,000 - 75,000 pairs, then approximately 10,000 pairs in the 1950's, and endangered levels of just 412 by the early 1960's.

Through effective management techniques, habitat restoration, and the banning of DDT eagle populations have rebounded significantly. According the U.S. Fish & Wildlife Service populations are estimated at 10,000 pairs in the 48 contiguous states, as of 2006. In 2007, they were removed from the federal endangered species list, and in 2010 Maryland followed suit and removed them from the separate Maryland Endangered and Threatened list. In 1977 there were only 44 nesting pairs within Maryland. As of 2004 there were at least 390 pairs, and today there is at least one nesting pair in every county.

Some eagles still face challeng-



This bald eagle is a recent addition to the non-releasable raptors housed at the Scales & Tails aviary at Cunningham Falls State Park.

es. Cunningham Falls State Park recently acquired a non-releasable eagle that will make its official public debut in May. A call was referred to the Maryland Wildlife & Heritage Service in southern Maryland about a bald eagle seen on the ground. The bird was picked up by one of their technicians and taken to a highly reputable vet, Dr. Gold of Chadwell Animal Hospital. This eagle was found to have a broken right wing, is partially blind due to a laceration on its eye, and brain damage. This male eagle was also underweight and malnourished, as it had likely been scavenging on the ground for some time. Due to these factors it can never survive on its own in the wild again.

The Scales & Tales program offered by the Maryland Park Service will give him the best possible quality of life and use him

to share conservation messages to help people protect wildlife and wildlands. His atypical gentle spirit and calm demeanor makes him a great program bird, and will continue to inspire Marylanders to make a lasting impression. Aviary visitation hours will reopen in May, and are 8am to sunset. It is recommended to call the visitor center at 301-271-3676 prior to visiting to ensure the aviary will be open. Symbolic animal adoptions are also available. Funds generated through this program go directly to the care, rehabilitation, and enrichment program for the Scales & Tales animals.

Bald Eagles, locally and nationally, have faced a tumultuous past. They have come back leaps and bounds from their precarious situation of the 1960's. Raptors and other birds of prey are often attracted to road sides due to increased litter which attracts prey species scavenging for a meal. Motorist are encouraged to hang onto trash, including biodegradable things like apple cores and banana peels, until they can properly dispose of them to help reduce and prevent future injuries to hawks, eagles, owls, and all wildlife. While the Maryland Park Service offers this incredible program to Marylanders they prefer to let wildlife be wild, and don't have the capacity or ability to care for all animals that suffer this fate. You can be of most help to these birds and other wildlife by taking trash with you, animal adoptions and donations, or donating your time by volunteering at an aviary or park near you.

To read others articles by Tim Iverson visit the Authors section of Emmitsburg.net.

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IN THE COUNTRY

# Strawberry Hill's Adventure Camp

Autumn Arthur

As a camp counselor, you get to witness all of the “ooh,” “aaaah,” and “aha!” moments as campers explore the world around them. Every day is a new adventure with the campers, and being a counselor is almost as fun as being in summer camp yourself. It can be challenging, beyond a doubt, but it is a very rewarding job. For eight hours each day, five days per week, you are the keeper of fun and knowledge for the summer camp children.

For counselors in Strawberry Hill's Adventure Camp, the summer camp journey starts a few weeks before the first camper arrives at the sign-in table. Counselors go through Wilderness First Aid training with the rest of the Strawberry Hill staff, they spend a week in camp training, and they finalize the activity schedules for each week of camp. All along the way, the camp staff is becoming a tight-knit group. In their free time, they take day trips to other Nature Centers, visit zoos and botanical gardens, and have staff barbecues. The counselors that are interning with Strawberry Hill for the summer even live together on the Preserve. All of these activities create a bond that carries through the entire summer.

Most years, one or two of the younger campers have some trouble saying goodbye to their parent on their first morning of camp. The counselor at the sign-in table will kneel down to chat about the camper's cool backpack or colorful t-shirt, and soon the nervousness is gone and the child is ready to join the rest of their group. By the end of the week, those same kids are dashing past the sign-in table, waving at mom over their shoulder as they go. For the counselor, that is a defining moment.

At Strawberry Hill, we give our counselors three main priorities for camp. The first is, of course, safety. The second and third are fun and education, in that order. I am spoiling one of our standard counselor interview questions here, but that is a huge part of why camp is so rewarding for both campers and counselors. The stress of school, homework, and tests is on pause over the summer, and campers are ready to have fun. Because the children are having a blast playing “Meet a Tree” and exploring for critters in the creek, they do not notice that their counselors are sneaking in the education. The pressure

is off, and the children are absorbing knowledge more than ever. Suddenly, one of the campers is naming the different species of macroinvertebrates as they search under rocks, when they could not even pronounce the word “macroinvertebrates” at the beginning of the week. When their counselor goes home at the end of the day, ready for a nap, the memory of that moment is gilded with success. Of course, when the camper goes home, mom and dad probably only hear about how funny it was when a “huge” crayfish pinched their counselor.

Sometimes, their level of environmental education is not the biggest takeaway that a camper has from Adventure Camp. With some campers, a counselor will put in extra effort to encourage a “team player” attitude or make new friends, and that is great too! That morning goodbye that I mentioned earlier can be just as difficult for the parents as it is for the campers, because they are entrusting their children to someone else for the day. These parents know, though, that their children are going to camp to grow and learn. For the counselor, there is no greater feeling that knowing you have made a positive impact in the life of a child.

Adventure Camp is a day camp program that runs Monday through Friday, June 15th through August 7th. “Adventurers” and their counselors will explore more than 600 acres of forests and creeks at Strawberry Hill through science-based programs. Strawberry Hill's fun environmental education programs meet state and federal academic standards for science and ecology, bridging an important summer learning gap. Because of our educational focus, Adventure Camp is endorsed by Gettysburg Area School District and Fairfield Area School District.

Internship, lead counselor, and junior counselor positions are available for summer 2015. Adventure Camp counselors strive to use exploration and fun to foster each participant's environmental knowledge and stewardship ethic. If you have a passion for environmental education and want to do something both fun and meaningful this summer, a counselor position is a great option!

Since 1986, Strawberry Hill's summer adventure camps have encouraged children to connect to nature, to conserve and protect the en-

vironment, and to become stewards of the earth. Strawberry Hill's summer camps are unique in their focus on the natural world. To gain an appreciation for and understanding of healthy natural systems, campers are immersed in a hands-on experience with age-appropriate, fun, outdoor activities.

On Monday and Wednesday afternoons, campers will also enjoy free-swim time in the YWCA pool! Swim lessons are not included, so counselors will provide alternate activities for non-swimmers and any campers that do not feel like getting in the pool that day.

Every Thursday of Adventure Camp features a field trip in keeping with the weekly theme. There are a wide variety of field trips, from a local rock climbing wall to more distant adventures. Camp counselors work with each field trip location's staff to come up with a great itinerary for summer camp. “Animal Planet” week, July 27-31, will take our campers to ZooAmerica, featuring North American animals, in Hershey. In their quest to become “Mad Scientists,” July 20-24, campers will visit



Looking for a unique summer camp? Consider Strawberry Hill's Adventure Camp, where exploration meets environmental education.

the Whitaker Center in Harrisburg.

All of these great activities, including transportation, field trip admission fees, and activity supplies, are covered by a camp fee of just \$140/week for members of Strawberry Hill.

That is less than \$30 each day! The fee for non-members is \$160/week.

For more information about Adventure Camp, please visit [www.StrawberryHill.org](http://www.StrawberryHill.org).



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## IN THE COUNTRY

# Mother's Day on the Wine & Fruit Trail

Kathy Reid

Spring is a beautiful time in the South Mountain region of Pennsylvania and Maryland. Thousands of acres of orchards stretching from Frederick County in Maryland to York and Cumberland counties in Pennsylvania down to Washington County in Maryland will greet the month of May with millions of blossoms of many kinds. This region's abundant apple orchards will be alive with the buzzing of bees early in the month as blossoms break open to be pollinated by native and imported bees. The delicate pink blossoms of peaches and nectarines will give way to those of strawberries, grapes and the many other produce grown in this fertile region.

The Gettysburg Wine and Fruit Trail, the agritourism and agritainment Trail of the South Mountain region of Pennsylvania and Maryland, is the perfect place to experience nature in all her glory during May. From Mother's Day events to Memorial Day, this Trail offers events of interest sure to make your visit to the Trail one to remember. Along the Trail you will find the bountiful and beautiful best this region has to offer in fresh produce and value add-

ed products from the farm; locally sourced and crafted wines, meads, beers and hard ciders; restaurants and cafes featuring regional foods; historical venues that highlight the history of this region from the days when this area was the Colonial western frontier through the Civil War up to today. Our historic inns and bed & breakfasts scattered throughout this Trail bring the bounty of the region to your breakfast table.

Mother's Day weekend is a wonderful time to hit the Trail. Many of the members of the Trail have events scheduled during Mother's Day weekend designed to make the day enjoyable and relaxing for all, regardless of your budget for this day. Dill's Tavern & Plantation in Dillsburg, PA will host a free event for families on Saturday, May 9 called Publick Tyme. Throughout the day at this historic venue families can watch as history becomes alive before their very eyes, from Colonial times up through World War II. This is an event full of demonstrations and exhibits with reenactors mingling with the guests and enjoying the day. One of the demonstrations begins Friday, May 8th and continues through Mother's Day itself: the Charcoal Burn. Volunteers are needed to help tend the

burn throughout the 24 hour period, so if your Mom has an interest in destructive distillation and making charcoal, 18th century style, this is an opportunity not to be missed. The contact person for this event is George Platts (717-932-1136).

If you decide to visit this event in Dillsburg, we recommend you build time into your day for a stop at one of the Trail's family owned and operated greenhouses in York Springs, Weiser's Greenhouse. (830 Old Route 15). Weiser's Greenhouse is owned and operated by Tim and Carol Weiser, who like so many of the business owners on our Trail, are most likely to be found working alongside their employees. Bedding plants and hanging baskets make a lovely and useful gift for Mother's Day. The selection of hanging baskets, deck containers, bedding plants, vegetable and herb plants found at Weiser's will be sure to please mothers and children alike. And one benefit to purchasing plants over a flower bouquet? Your gift will last through the growing season!

Hollabaugh Brothers Fruit Farm & Market and Boyer Nurseries and Orchards, located in Biglerville, are two stops on the Trail perfect for Mom during the month of May. Boyer's carries hundreds of varieties of roses and other blooming shrubs, perennials and greenery for the garden and landscaping the yard. Perennials for the garden, shrubbery for the yard and flowering bushes covering three seasons – what more could any mother ask for? After leaving Boyer's, head to Hollabaugh Brothers for hanging baskets and bedding plants. The added attraction at this stop of fresh bakery sweets and ice cream treats will please everyone while the fresh produce farm market will be sure to please Mom.

Hauser Estate Winery would



be the perfect place to relax for lunch after making your garden purchases with Mom on Mother's Day. Chef Fabio Carella of Fabio's Events Catering is partnering with this winery for a Mother's Day luncheon complete with music and a special Mother's Day libation for Mom. Children are welcome at this event so the whole family can relax and look out over the valley into Gettysburg from Hauser's tasting room. After leaving Hauser's, plan a stop at the Historic Round Barn and tour one of the few remaining original round barns in the South Mountain region. Enjoy their Mother's Day offering of great food and local music as well as a gift for Mom from 11:30 – 3 pm.

Perhaps wine isn't your mother's favorite beverage! If Mom has a sweet tooth, we have a Trail member sure to please that sweet palate: Orchid Cellar Meadery and Winery, located in Middleton, Maryland. Orchid Cellar is offering a pairing of mead and sweets on Mother's Day. Orchid Cellars is one of Maryland's premier mead makers. Mead is an alcoholic beverage made from honey and water via fermentation with yeast. Many believe mead predates all other alcoholic concoctions. May is the perfect time to try mead if you have never tasted it before – salute the bees busy at work in the orchards as you sample the many meads made from honey that are available to try.

The Gettysburg Wine and Fruit Trail has a self-guided walking tour in Gettysburg that will please any mother who enjoys wine and a nice walk down an historic street.

This tour can begin by parking the car behind Reid's Winery and Cider House Café where you will find ample free parking. For something different, purchase Mom a Cider Flight at Reid's which consists of hard ciders, pear perry and an ice cider. After sampling Reid's hard cider or wines, head up Baltimore Street to Knob Hall Winery's Gettysburg store at 242 Baltimore Street. At this stop Mom can sample from a wide selection of wines rang-

ing from those for a sweeter palate to those who prefer dry. After Knob Hall Winery, head to Lincoln Square and to Hauser Estate Winery's shop. Mom can try Jack's Hard Cider and Hauser's wines while enjoying the view of Lincoln Square. If you are ready to eat, head back down Baltimore Street and enjoy the food selection at the Beer Garden at Farnsworth House.

The Gettysburg Wine & Fruit Trail has artisans of many kinds as business members. In addition to those businesses that showcase the agricultural bounty of this region, we have members who showcase the beautiful work of local artists and craft persons. May is an excellent time to check out these fine establishments for Mom and for you as well! 42 West Arts Co-op, located at 42 W. Main Street in Waynesboro, Pennsylvania, brings together the work of many different artists and craftsmen from Waynesboro and the surrounding area. Every Friday is Wine Down Friday at 42 West Arts beginning at 5 pm, so this would be the perfect place for Mom and Dad to begin the Mother's Day weekend. If you think you'd like to make a night of it, reserve a room at Burgundy Lane Bed & Breakfast, right down the street and near the Appalachian Trail if a Saturday morning hike on the Trail appeals to you. Use Coupon Code GWFT15 when making your reservation and Mom and her guest will each receive a free GWFT wine glass.

Village Artisans Gallery located in Boiling Springs collects under one roof some of the best of what our regional artists are creating. Saturdays at this member's gallery generally add to the appeal with an artist in action, creating right before your eyes.

To learn more about these member businesses, visit our Trail website at [www.gettysburgwineandfruittrail.com](http://www.gettysburgwineandfruittrail.com). The Gettysburg Wine and Fruit Trail: bringing together the beautiful and bountiful best of the South Mountain region of PA and MD.

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# Emmitsburg EMS update

**Tim Clarke**  
President, Vigilant Hose  
Company

The Vigilant Hose Company (VHC) wants you, the citizens of the Emmitsburg area and northern Frederick County to have a better understanding of what is about to happen with the Emergency Medical Service (EMS) in Emmitsburg. For years we have been sitting on the sidelines observing how different county entities have dealt with the difficulties associated with EMS delivery to the Emmitsburg citizens and all the surrounding communities we serve both in Maryland and Pennsylvania. We feel it is time we must speak up about the ongoing situation.

Currently as of this writing, Fire, Rescue, and EMS Service is provided primarily from the VHC located at 25 West Main Street and has been since the beginning of 2014 as well as several times in the past. This is about to change based on a decision made by the Department of Fire and Rescue Service (DFRS) and Frederick County Government. You have enjoyed the best service this community has known in a long time. The Emmitsburg Volunteer Ambulance Company (EVAC) has been struggling for many years with recruiting and retaining members and key leaders for the organization to the point DFRS has repeatedly asked VHC to step in and provide a location and leadership to the career staff of Frederick County. The service that your tax dollars are paying for.

For the purpose of clarity, when you dial 911 and ask for an Ambulance a unit is dispatched from the Vigilant Hose Company staffed with two Emergency Medical Technicians employed by the Frederick County DFRS and stationed at the Vigilant Hose Company to provide 24/7 Emergency Medical Delivery Service. This is the same service that has been delivered to the community for years.

The most recent issues concerning the Emmitsburg Volunteer Ambulance Company began in December of 2013 when DFRS of Frederick County came to the leadership of the Vigilant Hose Company and asked if we would be willing to house an ambulance in our station along with the 24/7 career EMS staff assigned to the EVAC. The explanation provided to the Vigilant Hose Company Leadership was that there were serious work environment concerns for their career personnel at the EVAC and they wanted the career staff moved to another location to hopefully alleviate the issue while continuing to provide quality EMS service to the community. VHC agreed to assist as requested and was happy to do so, just as we have done in the past when issues arose with the service delivery from the EVAC. These recent service delivery issues are not new to the EVAC and are part of the public record. You are encour-

aged to research the difficulties associated with the EVAC since they are too numerous to outline in this release.

At the same time, the Frederick County Volunteer Fire and Rescue Association (FCVFRA) Executive Committee recommended that the EVAC be suspended until the requirements to operate as an EMS Service Provider were met, specifically their ability to provide a list of 10, trained to the standard, members that live in a 5 mile radius of the EVAC. Additionally, the Executive Committee wanted to see a detailed plan of action to address what they identified as serious organizational and leadership deficiencies within the organization that lead to the current recommendation.

The Frederick County Commissioners agreed with the FCVFRA and suspended the EVAC. All funding from Frederick County was suspended along with this action.

In the fall of 2014, the EVAC was removed from suspension and placed in service, on a probationary status, running 2nd due calls. This decision was made as a result of providing the required number of names by utilizing students living on campus at Mount Saint Mary's University, not permanent residents capable of service to the citizens of the Emmitsburg area year round. (We fully support allowing students from Mount Saint Mary's University into membership and have several members ourselves, but we do not expect or anticipate receiving service from them 365 days a year and their names are not submitted to the county to satisfy our 10 list requirement, nor would they ever

be used.) The EVAC was then evaluated by senior DFRS staff to determine if the career staff should return to their station or remain at the VHC. In March of 2015, senior DFRS staff reported to their chief (Then Chief Denise Pouget) that it was their opinion that the career staff should remain at the Vigilant Hose Company permanently and not be returned to the Emmitsburg Volunteer Ambulance Company.

After several more meetings with key leadership within the VHC, as president, I was instructed to communicate to DFRS Chief Tom Owens, that we felt that EMS delivery in the Emmitsburg Community had never been better than it currently is today. We recommended that the career staff remain in our station because all career staff concerns of an uncomfortable working environment had disappeared once they were transferred to the VHC. As they say, if it is not broke, don't fix it, leave well enough alone. Additionally, we petitioned the county to just make a decision so we could move forward and this constant volley back and forth could come to an end.

On April 1, 2015, Chief Tom Owens made a final decision regarding the EVAC and the career EMS staff. The EVAC was completely reinstated and the career EMS staff would be moved back to the EVAC on May 16, 2015, again based primarily on providing a list of trained members consisting of a significant number of Mount Saint Mary's University students. Additionally, the current employees housed at the VHC would be transferred to other stations and replaced with different



employees trained at the same level. In other words, six new individuals that have never been stationed in the Emmitsburg area will be placed in their station on May 16, 2015.

The FCVFRA did not approve or reject this decision, but it must be stated that they have yet to receive a purposed plan of action from the EVAC to address issues of leadership, recruitment, retention, and service delivery as previously requested at their suspension of service.

Along with this decision by DFRS Chief Owens, to reinstate service from the EVAC, came a condition that the EVAC would begin serious discussions with the VHC concerning a merger or consolidation of the two organizations. The VHC is not opposed to these discussions and in fact has reached out to the EVAC in the past to offer such a plan which was rejected.

The VHC applauds the county

for making a final decision concerning the EVAC and career staffing. We however, respectfully disagree with the decision and anticipate repetitive problems concerning the EVAC's organizational and leadership abilities moving forward. We are committed to making sure the community receives the most professional and quality Emergency Medical Service Delivery moving forward and will be working closely with the EVAC and DFRS to secure those goals for all the citizens we serve.

I highly recommend this situation be closely monitored by everyone and not simply ignored as the underlying challenges to EMS delivery have not been resolved.

I encourage anyone that has any questions regarding this matter to email me directly at tclarke@vhc.com. If you would like to speak with someone in person please leave your contact information in the email.

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# PETS

## Having a plan

Jennifer Vanderau  
Cumberland Valley  
Animal Shelter

I'm not much for making plans. I like to fly by the seat of my pants for most things in life. I sometimes find that being open to whatever happens makes life not only fun, but really, really interesting.

Additionally, on those rare days that I do make plans, often times they never come to fruition. Something invariably makes them go quite astray.

This is what I try to explain to my mother when I am late for dinner some nights. Not sure she's buying it yet.

Whether you're a planner or not, one part of life that definitely requires some preparation and forward thinking is our pets.

Animals need us as much as we need them and sometimes we have to think ahead in order to make sure they're cared for.

As an example, we had a catterdog mix come into the shelter a few months ago because his owner had passed away and none of the family members were willing to take him. The poor pup was completely petrified. He slowly came around with time, but the family said he was "dad's dog" and with dad being gone, no one could do anything with the pup.

It's sad and I'm fairly certain that if dad had his way, his best friend wouldn't have ended up in

an animal shelter – but without any kind of plan or contingency, these kinds of situations happen a lot.

That's why it's so important to figure out – before the time comes – what will happen to your four-legged friends. If you know family isn't an option, talk to friends or maybe even neighbors and see if they would be willing to help.

I know people who write their pets into their wills. Amazing. And incredibly thoughtful.

The good news is the catterdog did end up getting adopted, but it was a shame he had to be so scared in a shelter at all.

Two of my biggest fears in life are fire and some kind of natural disaster. Ever since I was little, I've had a recurring dream about walking into my parents' back yard, straight into a tornado. Sitting here typing these words right now, I can see the vision of it in my mind's eye and it freaks me out.

The Wizard of Oz always did frighten me back in the day. \*shivers\*

Just a few years ago, we had a tornado touch down outside the old shelter and I gotta tell you, it was only through sheer force of will that I was able to maintain any kind of composure. Looking outside the windows was nothing but white. We couldn't even see the porch, no joke.

If anything like that would happen at home and I would have

to evacuate quickly, I worry about my cats. Having eight felines in the house makes preparations for something like that a little daunting, but it's really critical.

Disaster preparedness always makes me think of September 11th and the stories I heard of so many people going back toward ground zero to save animals that were trapped in apartments. I know a whole lot of animal lovers who would have done the exact same thing, regardless of the threats to themselves.

I know no one likes to think about these things, but they can happen – and it's important to have a plan for our pets if they do.

I also know thinking about the end of our lives is not necessarily a comforting prospect, but it, like taxes, is pretty inevitable, and it only makes sense to be sure our four-legged friends are cared for in the event of our passing.

So, in an emergency situation, do you have enough carriers? Can you get to your leashes? What about tags? There's a good chance you're going to be pretty frantic and if, heaven forbid, your pet would get away from you, you'd want to get him home again.

What about information on each pet? A friend of mine created a very detailed folder system for each animal she had that included vaccination records, any medications and food allergies. She kept it all in a binder that was easily accessible and quick to grab.

She also had a kit that included bowls and blankets and towels. It's almost like preparing for the birth of a baby – you need to be ready to head out quickly and having everything already put together before hand may seem silly, but you'll be incredibly grateful if you ever need it.

Planning for your pets in the event of your passing is definitely not a fun conversation to have, but you really should consider it. You love your babies and you would want them cared for even if you weren't around.

I can't help but think about the brown eyes of that catterdog when he came into the shelter. I know he was



Ramsey

Are you an active person looking for an active dog to keep up with your lifestyle? If you answered yes, then you must come in and meet Ramsey. Ramsey is a 2-year-old boxer mix who has a real zest for life and does everything full throttle!! He definitely needs someone who will provide him with plenty of exercise. He really loves to play with toys and is food motivated. If you have either thing in your hand he will "talk" to you until you give him what he wants. Because of his energy level, we recommend that he goes to a home with no cats and children older than 10. Do you have the right place for Ramsey?

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To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown



wondering what was going on and when dad would come back for him.

And I'm pretty sure his dad would never have wanted that to happen to him.

So think about who could take your babies should the worst occur and make sure you talk with him or her about it and have a plan in place.

I'm not much of a planner, but when it comes to having pets, planning for the worst times sure can give you a sense of comfort and peace-of-mind during the best times.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter in Chambersburg, Pa., and can be reached at [cvascomm@cvas-pets.org](mailto:cvascomm@cvas-pets.org). The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 263-5791 or visit the website [www.cvas-pets.org](http://www.cvas-pets.org). CVAS also operates thrift stores in Chambersburg and Shippensburg, Pa. Help support the animals at the shelter by donating to or shopping at the stores.

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# Laminitis

Kimberly Brokaw DVM  
Walkersville Vet Clinic

Nothing seems quite as relaxing as sitting in the porch, drinking lemonade, and watching horses graze on a lush green pasture. However, an abundance of lush green grass cannot only permanently lame your horse, it could even kill him. Ask your average kid "what do horses eat?" and the answer they give is "grass". Your average person thinks that horses can live on grass alone and that the only danger from too much grass is that the horse might get fat. Even some experienced horse owners don't always realize just how dangerous a lush field can be.

Laminitis (or founder) is one of the most serious and crippling diseases of horses and ponies. This painful inflammation leads to tearing of the support structure that suspends the bone in the hoof capsule. This can result in the bone separating from the hoof wall and either rotating or sinking. In severe cases the bone can penetrate through the hoof and the horse almost always has to be euthanized. Even mild cases of laminitis can be very painful for the horse and leave him more susceptible to future episodes. Laminitis can be treated, but treatments are often expensive and life-long.

Laminitis can be triggered by many factors. Illnesses, such as Potomac Horse Fever or severe colic, can cause severe laminitis. Metabolic diseases like Cushings and insulin resistance make a horse more prone to laminitis. Medications such as steroid injections can trigger laminitis. Toxic plants, such as red maple leaves, are a cause of laminitis. Injury to a leg can cause a supporting limb laminitis in the foot that is bearing extra weight while the horse tries to keep weight off the injured leg. However, lush spring grass is probably the most common cause of laminitis.

Every spring, I see a number of cases of laminitis in horses who have been out enjoying

their suddenly green grass. Lush grass sometimes has more sugar than a horse can tolerate. If a horse eats more sugar than he can tolerate, the cascade of laminitis begins. Grass related laminitis is particularly a problem in ponies and breeds of horses who are "easy keepers" who gain weight easily, as well as horses who are not in regular, hard, work. Older horses, who have Cushings's syndrome, are quite prone to laminitis related to eating too much sugar in their grass. Countless horse owners struggle with the balance of wanting to have fields that are attractive to look at and covered in grass rather than mud, yet are not providing too many calories and too much sugar for their horses. Deciding how much grass a horse can tolerate is a juggling act. Horses want to gorge themselves on grass. There is no easy formula for figuring out exactly how much grass an individual horse can eat without causing a problem.

One of the large barns that I work for is managed by a group of well educated, animal loving, people. Some of the people in this group are casual horse owners that aren't the most knowledgeable about equine nutrition. They decided that they wanted all the pastures to be lush and green. The horses were kept off the fields and the fields were professionally seeded and fertilized. The grass came in beautifully. All the fields were beautiful with not a single bare patch. A dozen of the horses developed laminitis the first spring with several others developing it throughout the year. Two of them will likely never be rideable again. Radiographs showed that some of



The classic pose of a horse suffering from laminitis - the horse stretches its front legs out in an effort to take the weight off of them. Thanks to advances in shoeing techniques, laminitis can now be successfully managed.

the horses had mild rotation of the coffin bone with others having more severe rotation.

Cupcake, who had been one of the favorite horses, was most severely affected. Her coffin bone rotated and there was minimal amount of sole between the bone and the ground. She spent months in a deeply bedded stall with her students grooming, and petting her, but was too painful to leave the stall for more than a couple hours a day. After thousands of dollars of medication, radiographs, and corrective shoes, she is just now starting to return to "pasture sound". While I doubt she will be rideable again, 2 years after her initial laminitis episode, she is at least comfortable enough to walk and trot.

After seeing multiple horses at the barn with laminitis, I requested that the farm have several dirt paddocks built and the horses be pulled off the grass and only turned out in those paddocks. I also jokingly suggested that perhaps the barn should spray Round-up on all their pastures and kill the grass. While the barn management did not approve of killing all the grass, they did consent to building lots of small pastures that the horses could keep eaten down. This method has resulted in healthy horses on dirt paddocks as well as beautiful fields for the board of directors to look at yet not to be used by most of the horses.

While prevention is best, if you think your horse has lami-

nit, call your vet. The vet can prescribe medications to reduce inflammation and provide pain relief. They can also advise you on a nutrition plan for your horse as well as consult with your farrier for therapeutic shoes or trimming. While most horses never fully recover from laminitis there are many treatments to try to help them become sound again. This is one of those disease where prevention is best. So while most people would prefer to look at fat, shiny, ponies grazing in a pasture of long, green, grass, sometimes a dirt lot may be healthier for your horse.

To read other articles by Dr. Brokaw visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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# THE MASTER GARDENER

## Hydrangeas

Mary Ann Ryan  
Adams County Master Gardener

People are driven by fashion, style and trends. Many aspects of our lives, good or bad, are directly affected by this, whether it's what kind of pets we have, what clothes we wear, what we eat, how we re-model our kitchen, or what plants we plant. In the last several years, an old time plant, the hydrangea, has re-established its place in the garden magazines. We find many species and cultivars in the nurseries and garden centers. This has driven our nurseries and garden centers to supply this trend to us.

However exciting and photogenic hydrangeas are, there is much confusion on how to care for them, or what the differences are between this genus HYDRANGEA. Each species has its own set of needs, from light requirements to pruning needs.

Unless there's a reason for pruning, hydrangeas can be left alone. Cutting out dead wood

is always a good idea, but general pruning is not typically necessary for the health of the plant. Reasons for pruning would include diseased or insect infected plants, size control, or preparation for transplanting. If pruning is necessary, pay particular attention to the species of hydrangea you are growing.

There are five common hydrangea species grown. All four shrub type species have been re-introduced into our gardens in a big way. These four shrub species are: *Hydrangea arborescens*, *Hydrangea quercifolia*, *Hydrangea paniculata*, and *Hydrangea macrophylla*. The fifth species, *Hydrangea anomala petiolaris*, is a vine.

*Hydrangea arborescens*, more commonly known as smooth or wild hydrangea, is one of our native shrubs. It's found as far north as New York, south to Florida, and as far west as Missouri. This plant is one of the most cold-hardy of the hydrangeas, hardy as far as zone 3. A

common variety of this species is 'Annabelle', selected for its pure white flowers at maturity. It will reach about 4 feet in height and about 5 feet wide. It is a shade plant, so keep it out of full sun, as it will wilt and decline quickly. It likes it moist and loves rich, organic matter. Mine grow at the bottom of a northeastern slope, in deep topsoil with organic matter. They have been growing in their current home for about 7 years and are quite happy.

Pruning hydrangeas can be tricky. *H. arborescens* develops flowers on new growth, so pruning can be done in the fall or winter of the year without affecting the flower buds. I have never pruning my hydrangea *arborescens*, except for cutting flowers to take inside or to dry.

Oakleaf hydrangea, *Hydrangea quercifolia*, is a native shrub to US that grows to be large, 6' - 8' tall and wide. It's found in Georgia, south to Florida, west to Alabama and is hardy to zone 5. This very cool hydrangea has white cone shaped flowers that grow on last year's growth, so pruning is typically done right after blooming as the buds develop in August-September.

It likes moist, well-drained soil and semi sun. It will do OK in full sun if it has enough moisture, but be prepared for a smaller, slower growing plant that may suffer from leaf scald in the summer if you take the full sun path. Fall color ranges from purple to red. This hydrangea has great winter interest because the bark is cinnamon in color and peeling,



Ignored for years, hydrangeas have re-established their rightful place in many gardens.

making it a great specimen plant for year round interest. Some cultivars you may see in the nurseries include 'Snowflake' and a dwarf variety 'Pee Wee', which maintains a height of 4 feet.

Another hydrangea that bares conical shaped white flowers is *Hydrangea paniculata*, or Pee Gee hydrangea. This large growing shrub is one that can handle full sun, and can be trained into a small tree form. It blooms on new wood, so they can be pruned in the winter. This hydrangea becomes a large shrub or small tree, reaching up to 20'. Common cultivars are 'Limelight', which has a green flower, and 'Tardiva', grown for is late summer, early fall flowering.

*Hydrangea macrophylla* is native to China and Japan. This is probably the most common of the hydrangea species grown here,

mostly because of the blue - pink flower color. It has two different flower types. One type is commonly called mophead hydrangea; the other may be referred to as lacecap hydrangea. Both types of macrophyllas are hardy only to zone 6, and bloom on one year old wood. Flower buds are developed in August and September. This tells us that a harsh winter will kill the flower buds for the following bloom season, as we are in zone 6. Many of these hydrangeas died back to the ground after the tough winter we had this past year.

These macrophyllas, whether mophead or lacecap, like part shade, will wilt quickly when dry, so planted in a moist, well-drained soil is important. They get blue or pink flowers on them, changing according to the pH of your soil. If you have a more acid soil, your flowers will be shades of blue; if more alkaline, expect pinker flowers. The mophead types have large, rounded balls of flowers, blooming in June-July. As with all hydrangeas, the flowers will remain on the plant and dry a tan-brown color, considered attractive as well.

Lacecap type hydrangeas have a flat flower, with fuzzy like flowers on the inside and a ring of typical pedaled flowers on the perimeter. As with the mopheads, the lacecaps have blue to pink flowers, and the color will change according to the soil pH. My lacecap did very poorly this summer after the cold winter. It completely froze to the ground and only a very few stems came up. No flowers, and a good chance that I won't see it back next year. It's in a protected location and still has struggled. When planting the macrophyllas, just be aware that we are on the most northern edge of hardiness.

Some common mophead cultivars you may find in the nursery include 'Nikko Blue' and 'Endless Summer', but touted as blue varieties. However, if the soil is more alkaline, the blue will turn more purple or dark pink. 'Twist 'n Shout' is a common cultivar of the lacecap. Many new cultivars are being introduced into the trade, so selec-

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# THE MASTER GARDNER

## Small Town Gardener May is for kissing, not missing

Marianne Wilburn

“A long lingering May...how I should like one of those,” I said to a friend this week, frustrated at the flurry of activity that always characterizes what I consider to be the most beautiful and fleeting month of the year.

We were trying to arrange a simple get-together in a month with no empty spaces, no time to sit and contemplate, no time to be anywhere for very long. Yet May is a month that simply cries out for get-togethers of all varieties – “decent or in-” – as Vanessa Redgrave sang to her Lancelot in a Hollywood studio too many years ago to count.

I was feeling truculent and bemoaned this modern life, quite possibly the advent of email, and definitely the amount of garden tours/sales/lectures I must attend to stay current in my profession.

He smirked at my cynicism, but then he doesn't garden as much as I should like him to and worries far less, so May must be much like other months in his mind – prettier than August and buggier than April with a dogwood or two thrown in for good measure.

So here we are. May. The month we have hoped and prayed for, and it's all going past in a rush of spring sports and plant sales. Before we know it we'll be buying pumpkins and trying to decide if we'll have a Christmas party this year.

It's all nonsense of course, this rush of modern life. If our ancestors had been this busy they certainly wouldn't have danced round a May pole or gone a'Mayin, or found a hay loft and a farmer's daughter to regale with hey-nony-nony in the wee small hours.

Cultivating a calm spirit in a world which is shouting at you most of the time can be extraordinarily difficult, and usually elicits a bit of counter-shouting, which then negates the entire “calm spirit” aspect of the exercise and brings one full circle; but I find I am the most successful when I don't turn on my computer in the morning and head straight out, coffee in hand...to the garden.

There are no headlines out there. No news, no weather, no inflammatory posts from people I thought I liked, no reminders, no Scrabble games that never end, no attachments with ten dates that need to be entered



into the calendar, no bills to pay electronically before 6am, no articles to read that I've just been forwarded, no spam, no messages, no last-minute requests, no volunteer mandates, no cookies to be baked, no carpools to join, no difficult emails to be written. No mind-altering, day-altering, mood-altering mess.

Nothing more but me, my plants and that lovely russet-black coffee in a favorite ceramic mug. Hey-nony-nony indeed.

The day will start soon enough. I can't completely escape the insanity with which it will greet me, but I can change the way I open the door.

Claim your May, morning by delicious morning. It's easier to be calm when you begin with quiet. And it's easier to be quiet when you begin with the garden.

Marianne is a Frederick County Master Gardener who writes from Lovettsville, VA. You can read more at [www.smalltowngardener.com](http://www.smalltowngardener.com) or follow The Small Town Gardener on Facebook.

tions for flower color and size are varied.

Unlike any of the hydrangeas already mentioned, Hydrangea anomala petiolaris, climbing hydrangea, is a vine. It has flat, white flowers, resembling the lacecap, which will cover the plant in mid-summer. It requires a wall or heavy trellis to support it and part sun to part shade. They like slightly acidic soil which is moist, but well drained. It may take a few years before it begins to bloom, but when it starts, it's quite stunning. It will eventually grow up to 60'-80', but is

not considered fast.

Hydrangeas are very cool plants. Remember, the pH will affect the color of the blue/pink shrubs, and the white plants will always be white no matter what the pH is. When selecting from this large group of plants, know what your soil is like, what pH you soil is, and how much sun you receive. This will easily guide you to the right selection of hydrangeas.

To read more gardening articles visit the Gardening section of [Emmitsburg.net](http://Emmitsburg.net).

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## HEALTH NOTES

# Dealing with migraines

Kelsey Shupe  
Frederick Memorial Hospital

While headaches may seem common, there are several red flags that may indicate that you're suffering from more than just a headache.

If you ask anyone who's been diagnosed with Migraine Headaches, they'll tell you that experiencing a Migraine is nothing like having a typical headache. While 47% of adults report experiencing a headache at least once within the last year, they are most likely experiencing the most common type of headache, which is a tension headache. Tension headaches typically cause pain around the head, that many report feeling like a squeezing sensation. Those who suffer from migraines report expe-

riencing symptoms such as pain, nausea, visual changes, or sensitivity to light and sound. One in four households in America has a member suffering from migraines, which are the 4th leading cause of disability among women, and the 7th leading cause of disability globally.

So what do you need to know about migraines? We've compiled a list of the top 10 things you need to know.

## 1. A migraine is not "just a headache."

Those who have never experienced a migraine may think that migraines are just bad headaches. However, according to the World Health Organization, a severe migraine attack can be as disabling as body paralysis. There are typically four phases to a mi-

graine attack: Premonitory (48 hours before the attack), Aura (1 hour before), the headache (4-72 hours), and Postdrome (feels like a hangover that lasts hours or days).

Of the 47% of all adults who reported experiencing a typical headache, within the last year, the type of headache, cause, and treatment can vary widely. Generally, headaches are divided into two types: primary and secondary.

Primary headaches, which are more common, are not associated with an underlying disease or process. Common primary headaches include sinus, cluster, tension, and migraine headaches. The most common type of primary headache is a tension headache, which includes pain associated with a squeezing sensation

of the head. Sinus headaches usually include pain behind the forehead and cheekbones, cluster headaches are associated with pain in and around the eye, and migraine headaches are accompanied by pain, nausea, and visual changes or sensitivities.

Secondary headaches usually stem from an underlying issue or illness. Causes of secondary headaches vary widely but can include concussion, stroke, infection, sleep disturbances, medication overuse, dehydration, or neck pain.

Primary and secondary headaches are not to be confused with migraines.

## 2. Genetics play a role.

Those who suffer from Migraines suffer from genetically induced hypersensitivity of neurons or

brain cells. Internal and external changes can activate these neurons, and trigger neighboring neurons to join in, stimulating pain pathways.

## 3. Migraines have triggers.

Migraines can be triggered by several different things, such as certain foods, stress, sleep, odors, weather changes, or even lighting conditions.

## 4. There are hormonal influences.

Hormonal fluctuations or changes can trigger migraine headaches.

## 5. Early treatment is best.

Treating a migraine early is the best treatment approach. Options for treatment vary, and it's best to talk to your healthcare provider about what options would work best for you.

## 6. Medication overuse can occur.

Medication-overuse headache (MOH) may occur in people who have frequent migraine, cluster, or tension-type headaches. This can lead to overuse of pain medications causing a vicious cycle in which frequent headaches cause the person to take medication frequently (often non-prescription medication), which then causes a rebound headache as the medication wears off, causing more medication use.

## 7. There are preventative medications available.

If you have 2 or more disabling migraines per month, preventative medications may be right for you. Talk to your doctor about your migraines to start the treatment process.

## 8. Nature can help

There are natural preventatives available including butterbur, riboflavin (B2), magnesium, and CoQ10.

## 9. Children get migraines too

About 8% of children suffer from migraines. If you think your child is experiencing migraine headaches, speak to your child's healthcare provider.

## 10. There are lots of resources available

If you or someone you know suffers from migraines, there are several website you can visit with lots of helpful information:

International Headache Society - [www.ihs-headache.org](http://www.ihs-headache.org)

American Headache Society - [www.americanheadachesociety.org](http://www.americanheadachesociety.org)

American Academy of Neurology - [www.aan.com](http://www.aan.com)

36 Million Migraine - [www.americanmigraine.org](http://www.americanmigraine.org)

Lifting the Burden (WHO): Global Headache Awareness Campaign - [www.who.int](http://www.who.int)

If you or someone you know suffers from migraines, or the symptoms have become worrisome, you should speak to your healthcare provider as soon as you're able.



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## Monterey Pass Battlefield

**John Miller**  
**Emmitsburg Historical Society**  
**Civil War Historian**

On April 11, the Monterey Pass Battlefield Park and Museum opened for the 2015 tourism season. The hours of operations are every Saturday and Sunday from 10:00 a.m. to 4:00 p.m., through November 21, 2015. The opening was met with a couple of programs for the Friends membership base. Members from as far away as Kansas came to participate in the museum's opening and programs.

This year the museum features a few new exhibits. The first is a display of mess equipment that soldiers during the Civil War would have used. The prime center piece for this exhibit is the English mess tin that was imported from Britain and issued mostly to Confederate soldiers. Soldiers may have chosen to use them, but often those bulky, unnecessary items were tossed or placed in storage. This exhibit also features a tin plate, cup, collapsible cup, flatware and an original piece of hardtack.

Another new exhibit is an artillery mounted services jacket that would have been worn by a Union artillery soldier. This jacket is a great example of the type of jacket that would have been issued mid-war. The case also showcases some smaller artillery items such as a shovel, and field glasses. Other exhibits are in the works and we hope to have everything in place by July 2015 for our 152nd Commemoration of the Monterey Pass Battle.

For the season opener, two main programs were given, that were offered solely to our membership base. For those of you who are not yet members, this is a great way to get the first opportunity to participate in programs that are not yet offered to the general public. The first program was the Maria Furnace Road During the Colonial Era. Most visitors to our park come to learn about the battle that was fought just one day after the close of the Battle of Gettysburg. But what many don't realize is that this wasn't the only major historical event that took place at Monterey Pass. The Great Wagon Road from Philadelphia went directly through Monterey Pass, then known as Nichols' Gap. The lecture part of the tour also talked about the first settlements of the area. Several aspects of the French and Indian War were covered, including local Indian raids, which is an often overlooked piece of history to our area.

The second program was the Confederate Retreat from Gettysburg Overlooks Tour. This is a very unique program, in that from one of the overlooks, known as Virginia Rock, you can see the battlefield at Gettysburg. While from the overlook at High Rock, you can see the opposite side of the mountain, through the area that the Confederate Army retreated. Once both of

these locations are viewed, it gives the participant a better understanding of the retreat, and how important Monterey Pass was to the Confederate Army and more importantly, the topography of the area.

Coming soon at the museum we will be offering books for sale on Monterey Pass, as well as other books on the Civil War in our area. We will also have paintings for sale that were done exclusively for the Friends of the Monterey Pass Battlefield, Inc. as a fundraiser. Be sure to pick up your copy while you are there. We will also have more brochures on the battle, as well as the new and improved driving tour.

On April 18, the Friends of the Monterey Pass Battlefield, Inc. held a special ceremony to re-dedicate the memorial to CPL Joseph Brubaker, who lost his life serving his country in the Vietnam War. His parents, who were locals to the area, constructed the original memorial on the property shortly after his death. Upon purchasing the property, one of the goals of the Friends of the Monterey Pass Battlefield, Inc. was to give this memorial a permanent home on the front of the museum, for all to see.

Joseph Brubaker, Jr. was born and raised in Blue Ridge Summit. Shortly after graduating from Waynesboro Area Senior High School, Joe joined the United States Marines. He was transferred to Vietnam in December 1966, where he became a Crew Chief with the Marine Medium Helicopter Squadron 362, 1st



Civil War historian John Miller giving a tour of the Overlooks of Monterey Pass on Opening Day.

Marine Air Wing. He served two tours in Vietnam from December 1966 to February 1969, earning the rank of Corporal. CPL Brubaker received 31 Air Medals and participated in over 620 combat missions. His last assignment was flying in support of Marine forces involved in Operation Lynn River, Da Nang, Quang Nam Province. Corporal Joseph Brubaker, Jr. was killed in action on February 6, 1969.

The ceremony honoring Corporal Brubaker began at 12:00 p.m. with a Posting of Colors by Sgt. Richard Billig, 8th and 1st Marines, Marine Corps League, Gettysburg Detachment. The Re-Dedication of the memorial and wreath laying was done by Alicia Miller, Chairman of the Friends of Mon-

terey Pass Battlefield, Inc., James Funk, Jr., USMCR, Carlton Crenshaw, USMCR, Dennis Brubaker, who was Cpl. Brubaker's cousin, and Philip H. Collins, Company B, 4th Light Armored Reconnaissance Battalion. The ceremony concluded with guest speakers Aubrey Yanzito for Senator Pat Toomey, Congressman Bill Schuster of the U.S. House of Representatives, David Keller, Chairman of the Franklin County Commissioners, Dennis Brubaker, James Funk, Jr., and Carlton Crenshaw. A special thanks goes out to Thomas Cantwell and John Gorman for planning this event.

The Friends of the Monterey Pass

Battlefield, Inc. hopes that you will join them in the 2015 tourism season. New for this year, are the inclusion of campfire programs in the evening. These programs are a great way to learn more about local history, and the kids love these programs, so bring your whole family! They have many events planned that are open to the public, so please check their website often, [www.monterey-passbattlefield.org](http://www.monterey-passbattlefield.org). Also, if you love history, and are interested in volunteering your time for the education of others, please let the Friends of Monterey Pass Battlefield, Inc. know, they are always looking for volunteers and new ideas.



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# WWI NEWS REPORTS FROM THE FRONT

## May 7

From northern Poland to the Carpathians the fighting on the eastern front has taken on a new vigor. Special attention is directed towards a new German invasion of the Russian Baltic provinces. It is generally accredited that this latest offensive movement of the Kaiser's troops is aimed at Riga, one of the most important ports on the Baltic. Once captured, Germany could resupply her front lines by ship and strike at the railroad running from Petrograd to Warsaw, thereby cutting off Russian communications with her armies in central and southern Poland.

The Austrians have pierced and broken the entire Russian front in West Galicia. The large Austrian-German army has been steadily concentrating before Kraków for the past three weeks with the idea of making a new offensive movement. All available Austrian troops have been quietly transferred during this time to this new army and an unbroken stream of troop trains carrying German troops has been pouring eastward from Frankfurt, Berlin and other German railroad centers.

The Austrian offensive has succeeded with surprising rapidity. The Russians occupied naturally strong positions, which have been strengthened with every imaginable method of fortification. They felt themselves absolutely secure. But after a searching artillery preparation, exceeding an intensity anything which has occurred on the front, the Austrians advanced. Their assault was so fierce that the Russian line broke immediately. The initial successes was extended into the heart of the wooded Carpathian section, where the Russians have been struggling for months to break through to Hungary. Once again, the Russian fortified line was pierced and the Russians were defeated along the entire front.

The success of the Austrian-German offensive is not being won without the hardest efforts. Losses,

as a result of the deadly fire on both sides are appalling. The success of the Austria-German forces has been due largely to the crushing effects of artillery. It is believed that the events on this section of the front may be a decisive turn in the eastern campaign, that the whole Russian position in the Carpathians has now become precarious.

The political value of this victory of the first magnitude is regarded here as quite as great as the military. It comes in the midst of the Austrian-Italian negotiations to keep Italy neutral. A significant success by the Austrians in the Carpathians would give the Italians pause to think about entering the war right now.

Meanwhile, in the Dardanelles theater, the Gallipoli Peninsula is described as being gradually cut off from the mainland by the British and French forces. However, the Turks, under the guidance of their German officers, have placed every obstacle in the way of the invaders, as a result, British forces have lost heavily in the operation.

In the western theater of the war, troops of both sides seemed willing to sit out the war and let troops on the eastern front decide its outcome.

## May 14

The Cunard liner Lusitania, one of the fastest ships afloat, was torpedoed and sunk May 7 off the coast of Ireland.

Two thirds on board lost their lives. The number of passengers is given by the Canard Steamship Company as 1,254, and of a crew of 665, for a total of 1,919. The number of survivors is now counted at 703. Of the 291 1st class passengers only 76 were saved. Only 43 of the 188 Americans aboard were rescued.

When the Lusitania sailed, some nervousness was been caused because of the publication in the New York morning papers of an advertisement warning intended travelers "that a state of war existed



**Newspaper headlines around the world carried the sinking of the Lusitania, which had been in the news for her controversial flying of the American flag to evade being torpedoed by German submarines.**

between Germany and Great Britain and that vessels fly the flag of Great Britain would be targeted for to destruction in those waters and that travelers sailing in the war zone on ships of Great Britain did so at their own risk."

This warning apparently did not cause many cancellations, for the ship sailed with a full passenger list. Alexander Campbell, one of the passengers who sailed on the Lusitania, referred to the advertisement as "Tommy Rot" – adding, "The Lusitania was not at risk whatsoever, as the liner had the speed of 25 1/2 knots and was provided with unusually tight bulkheads."

Just before the steamer's departure a number of the passengers received telegrams at the pier, signed by names unknown to them and presume to be fictitious, advising them not to sail as the liner was to be torpedoed by submarines.

It will be remembered that it was the Lusitania who's flying of the American flag in February on her way from Queenstown to Liverpool in order to protect her against possible attack by a German submarine that caused a nasty exchange of diplomatic notes between Washington and London – with Washington warning that the practice would endanger American ships.

The Lusitania was one of the largest of transatlantic liners, as well as one of the speediest. She

was a product of the race for speed which was carried on for years among trans-Atlantic steamship companies. When the Lusitania was launched she was the wonder of the maritime world. Her mastery in the standpoint of speed was undisputed.

Berlin newspapers held the sinking of the Lusitania with delight. The general impression is that England has got what it deserves. The Germans claimed that the sinking to be justifiable because the Lusitania was carry ammunition, and was classified as an auxiliary cruiser at the disposal of the British Admiralty.

The Lusitania's lookouts sited the periscope of the submarine 1,000 yards away, and immediately thereafter saw the trail left by her torpedoes. Then came a terrific explosion as a torpedo hit the starboard side, followed almost immediately by another, which littered the deck with the wreckage.

The course of the liner was at once turned toward shore.

Survivors say that the first torpedo struck the ship near the engine-room. The second her cargo section, were it exploded an enormous amount of ammunition said by the passengers to have been stored there.

According to a passenger, Capt. Turner, after the first torpedo hit, declared that lifeboats should not be lowered as the ship was in a

condition to make the Irish coast. Capt. Turner had barely finished speaking when a second explosion was heard.

According to several members of the crew, the delay in the launching of the lifeboats was due to the high speed of the vessel. They said that after the first torpedo exploded the captain gave the order for full steam ahead, and that the vessel was making 21 knots when the second torpedo severed the steam pipes from the engines. This made it impossible to slow down the ship.

There was comparatively little



**The rapid sinking of the Lusitania was initially attributed to the explosion of ammunition in her storage compartments—something the British government has spent the past 100 years disputing.**

panic on the Lusitania when she went down. Many of the passengers did not believe the Lusitania would sink as quickly as she did. Consequently they did not join the rush for the lifeboats, but evidently preferred to trust in their belief that the watertight compartments of the vessel would keep her afloat until such time as help came from the Irish shore, less than 10 miles away.

Capt. Turner declared that one torpedo did all the damage, and said the second explosion, which the passengers heard, was an internal one. This idea of an internal explosion is supported by naval experts, who point out that if

the torpedo had exploded on contact the steamer would have only been disabled or have one or two of her compartments flooded. It is evident, however, they say, that if the torpedo penetrated the side and the charge of 420 pounds of explosive was detonated internally, it would have created an effect similar to the explosion of a magazine within a ship. There is little wonder, therefore, they say, that the Lusitania sank so rapidly.

An investigation has failed to reveal if the Lusitania was given warning of the proposed attack by the submarine. The first Lord of the Admiralty, Winston Spencer Churchill stated that Capt. Turner had acknowledged receipt of messages from the Admiralty giving him warning and directions he was to take. Andrew Law, leader of the opposition in the House, asked if any answer had received from the Captain. Mr. Churchill replied that both messages have been acknowledged. The second acknowledgment came a short time before the attack was made.

According to reports from Wash-

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# WWI NEWS REPORTS FROM THE FRONT



Much speculation was placed on the American response to the sinking of the Lusitania. But as the civil war in Mexico heated up, President Wilson chose to deal with the sinking diplomatically.

right of neutrals to travel any point on the high seas or neutral her belligerent merchantman is asserted. The note is couched in friendly tones, but is unmistakably firm. By the suggestion that the German submarine commanders must have misunderstood their instruction or that the German government could not have intended to destroy innocent lives, room is given for a disavowal by Germany of practices in the war zone and assurance that future attacks will be prohibited.

## May 22

It is believed that the Kaiser will take little time in informing President Wilson that the German government has come to the conclusion that its submarine raids have been more disastrous to life than had been intended, and that it will cease attacks upon unarmed passenger vessels of the enemy. The Kaiser would, it is suggested, make only the condition that the United States would forbid enemy passenger vessels leaving America ports carrying arms or ammunition of any sort.

Germany will, it is predicted, reserve the right to continue submarine and other attacks upon freight vessels of the enemy laden with supplies of war, and will declare her purpose to redouble her energy along these lines.

The German ambassador to America is leaving no opportunity to impress upon German officials to believe that, if Germany acts quickly and wholeheartedly in her renunciation of attacks upon passenger vessels, a great counterstroke will be made in the United States and that sentiment will shift to Germany more quickly they can now be imagined.

On the eastern front, the defeat of the Russians in Galicia has reached serious proportions. The Russians have been forced to retreat along a 200-mile line. More than 174,000 Russians have been

captured during the first half of May. The victorious German armies have robbed the Russians of most of the gains of their hard winter and early spring campaigns. As a result of the latest German tactics all that has been accomplished by the Russians in the Carpathians has been undone and months have been added to the duration of the war.

The fortress of Peremysl, which the Austrians were forced to abandon less than a month ago is closely threatened on two sides and is under the guns of the Austrians. It is evident that German forces will leave nothing undone in an attempt to force a crossing of the San River.

Possibly the greatest success in the past two days fighting has been gained by the Germans in northwestern Russia, where they have captured the city of Riga. Riga is Russia's principal port on the Baltic. It is important industrial commercial center, its industries being a manufacturer a machinery and railroad cars.

In the Dardanelles, it is evident that the Turks are making the Allied forces pay a fearful price on the Gallipoli Peninsula. The Turks are now said to possess an abundant supply of shells, after having been threatened for some time with a shortage. The Turks are hurrying troops and munitions to the Gallipoli Peninsula. All siege guns and modern artillery pieces have been moved so that it may be used against the Allies.

In Armenia, 6,000 Armenians have been massacred at Van. For several weeks the positions of Armenians in Turkey have been in grave danger, but no message is conveyed any indication of such extensive massacring as does a recent report to London. If it is true, the Armenian situation has entered upon a condition, which threatens to rival the conditions of 1895. Kurds and Turks have been persecuting the Armenian residents for several months. Many have been

killed, while large numbers of women have been sold as slaves.

When the great battle now raging in northern France and in Belgium have subsided and the reckoning taken by the Allies and the Germans, it is confidently believed that the losses in dead and wounded in all other battles in the history of the world will pale in insignificance.

The conflict is going on night and day, first one side attacking, and then the other, and, in this battle, gains and losses are not measure by miles, thousands of yards or feet, but inches. French and Belgians charge, they gain a point and then lose it. The Germans advanced here and there, take a few trenches, and then lose the trenches just gained.

Thus goes the seesawing a titanic struggle, and the game is costing tens of thousands of lives. Millions of rifle bullets sing through the air during the entire day. So fast are the huge missiles of death fired by allies and Germans that it seems the heavens are sounding a warning with perpetual peels of thunder.

## May 28

On May 24, Italy declared war on Austria. News of the declaration was not unexpected after the two sides broke off talks aimed at keeping Italy neutral. In response, Germany has declared war on Italy.

There is confidence in Italian quarters that if Romania, as has been the understanding for some time, follows Italy's lead, she need not fear an attack by Bulgaria. Details of the possible alignment of the Balkan states are lacking, because it is understood negotiations are constantly in progress relative to whose side in the war, Romania, Bulgaria and Greece will take, and the situation, consequently, is likely to change from day-to-day.

Italy's first move on land undoubtedly will be against the Austrian frontier. Large numbers of her troops were mobilized in this territory, and the forces of Austria are lined up on the other side of the boundary. The very mountain character of the territory where the opposing armies face each other, the southern part of the Austrian Alps, promises operations and fighting of the most difficult nature. For several weeks passed both the Austrian and Italian armies have been engaged in fortifying and otherwise adopting protective measures each on its own side of the dividing line.

It is understood that the Germans and Austrians have concentrated approximately 530,000 men on the Italian frontier. They have occupied strategic positions in order to be an attack were to attend to strike the first heavy blow in endeavor to dishearten the new combatants at the beginning of the campaign. All told there are 1 million men facing each other across the Italian and Austrian border.

In other war news, a dispatch received from Berlin states that the German government has promised Washington to respect the Amer-

ican flag on ships. Germany also agreed, it is stated, that it ships belonging to the Allies were to be torpedoed, notice will be given to the passengers and crew before the ships were sunk. This order was issued to the commanders of all German submarines.

The Germans are said to have crowded 4,600 field guns in the closest formation ever seen in the battle. Being three times the normal number of guns for such an extent of territory.

In the Dardanelles, Turkish casualties in the desperate attacks upon Aus-

## AUSTRIA STRIKES ITALY FROM OCEAN AND SKY IN OPENING NEW WAR

Warships and Aeroplanes Attack Adriatic Coast, but Driven Off, Rome Says.  
Germany Declares War.

The terrible effectiveness of the German submarine warfare on merchant shipping around the British Isles is being brought home in force to the British as they continuing torpedo steamers almost daily operating in an out of English ports. The submarine menace is of growing one, both in the Aegean Sea as well as in British home waters. Submarines promise to take an active part in Italian and Austrian naval engagements in the narrow waters of the Adriatic where numerous inlets offer great shelter for the boats.

On the eastern front, out of breath after the eastward spurt, the Germans and Austrians are now bringing up reinforcements and fresh ammunition, and another great battle we fought to determine whether the new lines to which the Russians have fallen back are tenable.

The main struggle is being carried along the River San, from Peremysl northwards for a distance of about 60 miles. The firing of between 2 and 3 million Austrian and German shells on the comparatively short front gives some idea of the extreme violence of the op-

erations. The Germans are said to have crowded 4,600 field guns in the closest formation ever seen in the battle. Being three times the normal number of guns for such an extent of territory.

In fighting on the western front reports have been received of a German gas attack that was greater than any previous occasion. The attack was over front 5 miles wide. The gas was admitted from cylinders while at the same time the French lines were bombarded with Asphyxiating shells. The gas cloud rose in places 40 feet high from the ground. It is also reported the Germans using asphyxiating gas in another attack, succeed in penetrating British lines at two points, but quickly lost them once the gas evaporated.

Although there is nothing confirmatory reports from the front say the Germans on the West front are preparing to withdraw to their second line, and thereby shortened their front which would enable them to release troops for use against Italy.

*The read prior month's editions of WWI News Reports from the Front visit the Historical Society Section of Emmitsburg.net.*



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## COMMUNITY NOTES

# Young Authors Night at MSS

Sarah Harrington  
MSM 2013

It is never too early to encourage imagination and creativity in children. This is something Mother Seton School (MSS) truly believes. Throughout the year the teachers at MSS work with their students to harness their creativity through a number of different methods, including writing. At the end of the year, the teachers and students prepare a portfolio of their best writing pieces that they share at the school's annual "Young Authors Night."

On April 21, after weeks of preparing their portfolios, the MSS students waited patiently with their parents for the school's doors to open and the night to begin. Inside, the gymnasium was transformed into a showcase of the children's talent. Each class had their own displays where the guests could meet with the teachers and take a look at the students' portfolios individually. Each class had a unique way of displaying their work. The theme for the first graders was "Suitcases of Stories," while students in sixth grade turned their narratives into movies.

Just like every book, each student provided an "About the Author" page in his or her portfolio, giving guests a chance to get a better understanding of who they are and what inspires them. As guests browsed

the students' portfolios, they were able to give them feedback on comment sheets provided in their portfolio. It was clear that the students were proud and excited to share their work with their families and fellow students. The auditorium was filled with laughter and compliments as the night went on.

The students were excited both to share their work and also to see other students' work. Each one had a special piece in their portfolio that they liked the best. For 4th grader Layla Metts, it was her "What is Peace?" poem. In the first grade, students Jayden Price and Maggie Rabaiotti enjoyed sharing their pieces about the chicks their class raised. Second grader Olivia Adams enjoyed her "Leprechaun Trap" piece even though she said, "It was hard!"

The night didn't just showcase the students' writing talent; it also showcased their excitement for writing. MSS has recognized that excitement, and as a result they have recently created a club that allows students to explore that excitement.

This is the first year that MSS has had a writing club. The Seton Scribblers is a writing group for students in grades 3 through 5. The emphasis of the group is on helping interested students develop their writing skills, express their creativity, and experiment with different writing techniques. It's all about self-expression!

The monthly meetings begin with a creative writing prompt to get those ideas flowing before moving on to that month's topic, such as forms of poetry, revising vs. editing, and plotting the elements of a story. At the end of the year, they hope to bind samples of their work into a literary journal for them to keep. The Seton Scribblers' recent work was displayed at the Young Authors Night.

The night was a success with a packed auditorium. Staff member Lizbeth Bull commented, "This was the biggest Young Authors Night we've had since I've been here." The



Future writers of the *Emmitsburg News-Journal* lined up to show off their mastery of the English language at Mother Seton School's Young Authors Night.



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# OBITUARIES

hard work of the students and teachers showed through that night.

Mother Seton School will continue to showcase the children's talent and creativity as they host their Fine Arts Night on May 4. The night will include art and music created by the students. All are invited to the event that begins at 7pm. The show

will include work from all students from Pre-K to 8th grade. Guests are invited to come out and see the students' great artwork and hear the musical talent of the school's award-winning band. To learn more about this event, contact the Mother Seton School at 301-447-3161, or visit [mothersetonschool.org](http://mothersetonschool.org).

## DIAKONIA TRAVEL

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**June 17 - "Josiah For President"** This is a fun, powerful and entertaining musical that tells the story of Joseph Stoltfus, a Lancaster Amish farmer who is spirited into a write in candidate for President. Price: \$101 Lv Frederick 9:00 AM, Thurmont 9:20 AM Lunch & show included.

**June 23 - "Damn Yankees"** at Allenberry Six months out of the year baseball fever sweeps the nation! You'll love the musical comedy. Price: \$99 Lv Frederick 9:00 AM, Thurmont 9:20 AM Lunch & show included.

**June 24 "Shenandoah The One Man Play"** at Totem Pole. This story is based on the film, which starred James Stewart as the strong willed Virginia farmer trying to keep his family neutral as the Civil War rages. The Tony-winning Broadway production ran for over 1,000 performances. Price: \$101 Lv Frederick 10:00 AM Thurmont 10:20 AM Lunch at Hickory Bridge.

**July 15 - "The Memoirs Of Abraham Lincoln"** Marking the 150th Anniversary of the death of Abraham Lincoln, Granville Van Dusen brings his acclaimed PBS production to the Totem Pole Playhouse for his farewell performance as the nation's sixteenth president. Price: \$101 Lv Frederick 10:00 AM Lv Thurmont 10:20 AM Lunch at Hickory Bridge and Show at Totem Pole.

**July 18 - 28 - "Highlights Of The Great Midwest"** This will be a tour visiting a number of sites along the way including Caterpillar Center in Peoria and the John Deere organization in Moline. One full day will be done touring Mt. Rushmore, Crazy Horse and other sites. Then we'll head north to the Theodore Roosevelt National Park. Read the flyer for more details. PRICE REDUCED! Price: \$1657 PP DBL \$2240 Single. Deposit \$175.

**August 11 - 13 - "3 Day - 2 Night Mystery Trip"** Price: \$372 PP DBL Lv Thurmont 7:10 AM Lv Frederick 7:30 AM.

**October 1 - 9 - "Royal Caribbean Cruise To Canada & New England"** Cruise starts from Baltimore and travels north, a perfect time to visit this area. Rates are Per Person, Double occupancy, and include the cruise, port charges and government fees. Final balance is due June 18, 2015. It is important to book early to get the best cabins and preferred dining times.

For complete 2015 schedule & details call Clara Green

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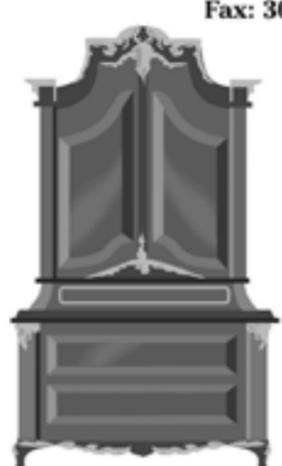
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## Joseph Marsden, Sr.



Joseph Richard "Dick" Marsden, Sr., 86, of Hanover, PA, formerly of Emmitsburg, died Friday, April 3 at Homewood at Plum Creek in Hanover, PA, where he had resided for several years. Born August 4, 1928 in Washington, D.C., he was the son of the late Joseph Francis and Laura Ann (Wills) Marsden. He was the husband of the late Catherine Ann (Conlon) Marsden, to whom he was married for 54 years. She died August 2, 2004.

Dick was a graduate of St. John's College Military School and Columbia Technical Institute, both in Washington, D.C. He was employed with the Washington Gas Light Company for 35 years, retiring in 1983 as Assistant Chief of Drafting and

Design in the Engineering Department. He was a member of St. Joseph's Roman Catholic Church congregations in both Hanover, PA and Emmitsburg.

He was a veteran of the United States Army National Guard, serving in the 300th Anti-Aircraft Gun Battalion during the Korean War and earning the rank of Sgt. 1st Class. He was a member of the American Legion Posts in Hanover and in Emmitsburg. He had a life-long interest in American military history, and was a "Fellow" of the Company of Military Historians. He was a member of the Society of American Bayonet Collectors, and served as the organization's first president.

He was a charter member of the Potomac Arms Collectors' Association, and belonged to the Forks of the Delaware Historical Arms Society, Inc., the North-South Skirmish Association, the Sons of Union Veterans, the Sons of Confederate Veterans, the National Rifle Association, and the Hanover Historical Society. Dick and his wife Catherine participated in the ceremonies of the Civil War Centennial (1961-1965) and the Nation's Bicentennial (1976-1981). He served as president of the Em-

mitsburg Historical Society for 10 years.

He and his wife also restored two historical homes in Emmitsburg, the Vincent Sebold House at 137 South Seton Ave., and the Hubert Joy House at 203 South Seton Ave. He also worked on the committee to have Emmitsburg placed on the National Register of Historic Places.

Surviving are son, Joseph "Rick" Marsden, Jr. and wife Marsha of Placitas, NM; daughters, Ann Marsden of Redondo Beach, CA, and Mary Black of York, PA; sister, Harriet Williams and husband Leonard of Englewood, CO; 4 grandchildren, 5 great-grandchildren; 2 nieces, and 2 nephews.

A Mass of Christian Burial was held April 9 at St. Joseph Catholic Church with the Rev. Charles F. Krieg, C.M. as celebrant. Interment was in the New St. Joseph Cemetery.

In lieu of flowers, memorial contributions may be made to Homewood at Plum Creek Building Fund, 45 Westminster Ave, Hanover, PA, 17331. Online condolences may be expressed to the family at [www.myersdurborawfh.com](http://www.myersdurborawfh.com).

## Bruce May

Larry Bruce May, 64, of Emmitsburg, died Wednesday, April 8, surrounded by his loving family. Born January 29, 1951 in Baltimore, he was the son of the late Donald and Lillian (Basler) May. He was the husband of Barbara (Few) May, to whom he was married for 16 years.

Bruce was a gifted gentleman. He owned and operated Emmitsburg Auction Service since 1999. He loved attending horse races, and in his younger days actually worked as a trainer. He enjoyed listening to gospel music, collecting antique clocks, building furniture, and

spending time with family and friends. Bruce was a good-hearted man with a giving spirit who enjoyed helping people.

Surviving in addition to his wife are children, Eric May and wife Dina of Goochland, VA, Erin May and companion Julie Denner of Hampstead, MD, Tonia Koontz and husband Jason of Bedford, PA, Emily Pritchett and husband Dan of Hampstead, Luann Moser and husband Dan of Fairfield, Bobbie McGlaughlin and husband Ryan of Emmitsburg, and Wayne Miller, Jr. of Emmitsburg; sisters, Sylvia Green and husband David of Hanover, PA, and Dawn Graf and husband Brian of Manchester,

MD; brother, Trent May and wife Michele of Hanover; 18 grandchildren; 1 great-grandson; and several nieces and nephews.

A brief prayer service was held with the Rev. Jon R. Greenstone officiating. Interment was private.

In lieu of flowers, the family requests that memorial contributions to help defray funeral expenses be made to Myers-Durboraw Funeral Home, P.O. Box 308, Emmitsburg, MD, 21727. Online condolences may be expressed to the family at [www.myersdurborawfh.com](http://www.myersdurborawfh.com).



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## MOM'S TIME OUT

## I can't believe it is spring already

Mary Angel

The trees are covered in green leaves and there are flowers blooming everywhere. Not to mention the baby birds and warm breezes blowing through the open windows in my house...wait, what?!? The trees are still brown (although I noticed some buds), the only flowers I see are a few early blooming crocuses, and the temperature is 30 degrees as I am typing. Once again my kids have acquired spring fever and jumped the gun.

Every year it is the same thing and the same time, just before spring hits. The girls start asking if they can wear their flip flops. My sons start appearing ready to leave the house decked out in shorts and a t-shirt. I guess you can't blame them after a long winter, especially when all of the stores are riddled with swimsuit departments that are overflowing at the gills. I, of course, inform them that this attire will not work for me. If for no other reason than the temperature is below freezing and there is still snow on the ground. They are always prepared with a rebuttal of, "But mom it feels warmer than it is" or my favorite, "this is what everyone is wearing". In the end they change what they are wearing and they are granted permission to leave their winter prison.

The spring fever doesn't end there. The other day my husband came home from work and found me "spring cleaning" the basement.

I came up to greet him and we both walked to the back of the house to discover it was extremely cold. After examining the thermostat to make sure it was in working order, we started investigating to discover the cause of the refrigerator like temperatures. It didn't take long before we found several windows in the house had been opened by our 13 year old son. We were lucky that it was on one of the 50/60 degree days we had before spring hit. When we inquired why he would do such a thing (especially with the furnace trying so desperately to compensate) he informed us that it started because "his room smelled too much like a boy", he then went on to explain that the breeze felt so good that he opened another window, and another, and another. After he grasped the concept of it not even being spring yet, we sent him around the house to close the windows.

On the very first warm day before spring hit I knew they had been bitten by spring fever. We had finished homeschooling for the day and I was doing laundry. From the window in the laundry room I could hear giggling. When I came from the laundry room and glanced out the slider I saw the three youngest had broken out all of the balls (soccer balls, basketballs, baseballs, kick balls, whiffle balls). If you can think of a type of ball, they had it out covering my yard like a mine field. Everywhere I looked was a different sport being represented and they were so infect-

ed with spring fever that they were playing with one for a few minutes and then jumping to another. They stayed out the rest of the day until dinner and came in a muddy mess (it was adorable, albeit slightly gross).

I am still being asked on a daily basis if they can wear flip flops and shorts and I am still saying no. I have however, downgraded their outerwear to a jacket when we are going to be mostly in the car and also on days when the temperature reaches the 50s. I know, I know, I am one of those moms...I blame my mom. I do make a silly little exception which seems to thrill them; they are allowed to wear flip flops and shorts for their homeschooling day indoors. Sometimes it is about picking your battles and sometimes when spring fever is around silly compromises are the way to go. This was just like the time my 10 year old made a deal with me to tell her when we were leaving on our surprise vacation in exchange for her being super focused and diligent for the next week. At the end of the week on Saturday morning I would tell her when we were leaving on our trip. I totally made the deal. Of course I also knew we were waking them at 5 a.m. that Saturday to leave on our vacation. It was an easy compromise to make.

I didn't realize how much spring fever had affected my youngest (our seven year old daughter) until she shared with me her excitement about the first day of spring quickly approaching. She anxiously shared with me, "I can't wait for Friday since it is the first day of spring. I am going to get out of bed early so I can go outside and see all of the flowers on the tree." I was puzzled and asked her what tree she was referring to. After she described where it was in the yard



I knew she meant our cherry tree, which gets the most gorgeous white blooms on it. This is when she went on to tell me all of the other things she was excited to see on that first day of spring, including but not limited to flowers in the flower beds, green grass, and weather she could most definitely wear shorts and flip flops in. In her world the first day of spring and all of these things would happen simultaneously. Talk about disappointing a little girl when I had to explain the

reality of the situation to her.

She handled it very well, as did all of my spring fever sufferers. This is one mom, though, that may have caught the fever from her kids. I am ready to throw open the windows, turn off the heat, I'll skip the shorts in lieu of capris and will definitely don some flip flops and reign in Spring time!

To read past editions of Mom's Time Out visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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# For the love of the avocado!

**Brooke Hagerty,  
aka The Food Chick**

May kicks off with one of America's favorite man made holidays, Cinco de Mayo! And what Cinco de Mayo celebration would be complete without one of our all time favorites, the avocado! The avocado is one of the oldest fruits around (and yes, it is a fruit). Did you know that 90% of the nation's avocados are grown in California? Here are a few other fun facts about the avocado (from the website [www.californiaavocado.com](http://www.californiaavocado.com))

It takes 14-18 months to grow a single California Avocado.

San Diego County is the avocado capital of the U.S., producing about half of all the avocados grown in California.

There are nearly 5,000 avocado growers in California; the average grove size is around 10 acres.

A single California Avocado tree can produce up to 500 avocados (or 200 pounds of fruit) a year.

California Avocados grow year-round, but are officially in volume when in season from spring to early fall.

Avocados do not begin to ripen until they are picked. Picking the perfect avocado at the grocery store depends on when you want to use it. When the avocado is first picked it is green and rock hard (not ideal for eating). If you are not going to be using your avocado for a few days pick the hard green ones and ripen in a brown bag on our counter top for 2 to 5 days. If you are planning on using sooner choose one that has begun to darken and has a little give to the skin (but not too much). You can also shake your avocado; if you feel or hear the pit it might be too ripe. You want your pit to be snug as a bug in a rug in the flesh of the avocado. That being said do not discard this avocado as you can use it in your favorite juice or you can even grill it! Yes, you can grill avocados and trust me they are delicious! In fact, it is my favorite way to eat avocado!

This month I am going to share some of my favorite recipes for this amazing fruit. We will start off most recipes by grilling them; grilling adds a nice buttery texture. In addition, you can use a variety of spices and they will "soak" right in to the avocado.

#### How to grill the avocado:

Make sure your avocado is soft to the touch with just a slight give to the skin and that the color is dark green, almost black. To open the avocado slice around with a sharp knife with your knife "tracing" the pit. To remove the pit tap your blade into it and twist and the pit should come right out. Leave the meat in the flesh for grilling.

You can season it with anything you like but my favorites are lemon pepper, truffle salt, ground cumin (for smokiness) and

ground coriander. Just a tad bit of extra virgin olive oil on the meat adds a protective coating. You can grill the avocado indoors or out, on grates or a flat surface, the secret is to have a hot surface. Face the avocado down and cook for about 4-5 minutes and then flip to the skin side for an additional 3-4 minutes. Remove from heat and allow to cool slightly to the touch. From here the only limit to the recipes is your imagination!

Since we are celebrating Cinco de Mayo this month let's start with the perennial favorite and one of America's favorite dips, Guacamoli!

#### Grilled Guacamoli - this recipe serves 4

**Ingredients:** 2 grilled avocados, 1 small red onion, 1 medium tomato, 1 lime (zest and juice), fresh cilantro (to taste), lemon pepper and truffle salt along with your favorite hot sauce.

**Instructions:** grill avocados as above and allow to cool the touch. While in shell make criss cross cuts and scoop out with a spoon into a bowl. Meanwhile, remove skin from the onion and slice into 4 thick slices, rub with extra virgin olive oil and grill for about 3 minutes per side. Do the same thing with the tomato. Remove both from the heat (allowing the tomato to cool slightly) and cut into small to medium size dice. Fold into avocado. Zest the lime di-

rectly over the onion, tomato and avocado and then squeeze the lime juice into the mix. Again, fold together gently. To your desired taste season with remaining ingredients.

#### Grilled Avocado Egg Salad - this recipe serves 4 to 6

**Ingredients:** 2 grilled avocados, 6 hard boiled eggs, 3 tablespoons prepared horseradish, 1 tablespoon Dijon mustard, Hellman's Real Mayonnaise (to desired taste and consistency), 2 tablespoons chopped fresh parsley, 2-4 tablespoons diced pimento pepper, lemon pepper and truffle salt to taste.

**Instructions:** grill avocados as above and allow to cool completely. Meanwhile cut eggs in half and remove yolks. In a separate bowl mash yolks together with horseradish, mustard, mayonnaise, parsley and pimento pepper. Season to taste with lemon pepper and truffle salt. Cut egg whites in to a bit smaller than bite size pieces and combine with egg yolk mixture. Gently fold in the avocado. Season to taste.

Serving suggestions: in a small cup, in a pita pocket with baby spinach and tomato slices, over a salad.

I also like stuffing my grilled avocados with different proteins. You can leave the meat in the shell or gently scoop it out (do not use criss-cross cut). Some great hot



The avocado is one of the oldest fruits around (and yes, it is a fruit).

items are grilled shrimp tossed in butter or warm crab salad. Great for traveling leave the avocado in the shell and stuff with your favorite chicken, shrimp or tuna salad.

Avocados are also great in smoothies, as a replacement for butter in baking and cooking and many more things. You are only limited by your imagination!

As always, should you have a question, an idea for an article or are in need of my personal chef/catering services please contact me at [brooke@thefoodchick.biz](mailto:brooke@thefoodchick.biz). Be sure to check out my website, [www.thefoodchick.biz](http://www.thefoodchick.biz) or "like" me on Facebook at [www.facebook.com/theoriginalfoodchick](http://www.facebook.com/theoriginalfoodchick).

Until next month, Happy Eating!!!!



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## SCHOOL & LIBRARY NEWS

# Library news

Linda Frydl  
Frederick County Public  
Libraries

**Request for Donations - Annual Book Sale:** It's time to plan for the Friends of the Library Annual Book Sale at the Emmitsburg Branch Library. The book sale is the organization's biggest fundraiser and all proceeds are used to support programs for children and teens in the Emmitsburg area as well as other needs at the library.

The sale is expanding and will be held two days to give everyone plenty of opportunity to shop and will be held inside and conveniently located in the Library Community Room. Dates are Thursday, June 25 from 10 am un-

til 7 pm and Saturday, June 27 from 9 am until 3 pm. The Saturday sale is part of the Emmitsburg Heritage Days celebration.

The Friends are seeking donations from the community of used books and movies on DVD and ask that if possible, the books be delivered to the branch in boxes during regular business hours. The Friends cannot accept encyclopedias, VHS tapes, textbooks or magazines.

If you would like to help sort books, volunteer during the sale or if you need further information about the sale, please call the library at 301-600-6331. If you would like to support other fund raising projects of the library, the next meeting of the Friends will be at

6:30pm on Tuesday, May 26th. There is no cost to be a Friend and we'd value your support and input.

**Hero Stories:** Meet a Park Naturalist & Animals. Get up close and personal animals from Fountain Rock Nature Center and learn about being a Park Naturalist. Every Hero has a Story, and your local Park Naturalist has plenty to share about plants and animals at Fountain Rock. Children under 16 must be accompanied by an adult as requested by the park. Tuesday, May 5, 4-4:45pm. Register online at fcpl.org, or call 301-600-6331.

**How To Tattoo a Banana - for Tweens and Teens:** Play with your food and create a work of art. We've all seen bananas turn brown. In this project you'll learn how to use this browning process to intentionally cause certain points on a banana peel to brown prematurely. This lets you make pic-

tures on the banana peel using only a small needle. When done properly, it doesn't affect the edible part of the banana, so you can still eat it later. Grades 6-12. Tuesday, May 12, 4pm. Register online at fcpl.org, or call 301-600-6331.

**STEM - Crazy for Caterpillars:** Come learn fun facts about these amazing creatures and create your own crazy caterpillar. We will be playing with soil and seeds so dress appropriately. Ages 3-10 with an adult. Saturday, May 16, 11am. Register online at fcpl.org, or call 301-600-6331.

**Symphony Storytime:** This sensory-enriched story experience is designed to introduce children to classical music through picture books. Storytelling is brought to life through Frederick Symphony Orchestra member performances. This season's Symphony Storytime will embrace Frederick

Reads' 2015 theme of Wonder: Escape the Ordinary and will feature picture books that fuel a child's capacity to dream and wonder. The program is free and for all ages, but is geared toward children ages 2-6. Thursday, May 28, 10:30am.

**Star Wars Celebration:** Come dressed as your favorite Star Wars' character in an all day celebration. We'll have crafts and games, including Star Wars' trivia and Star Wars' quotes, with many prizes. Bring your lunch to enjoy during a Star Wars movie at 11am. At 2pm the Thurmont Middle School Band will be performing Star Wars music with special appearances by Star Wars Costume Club characters. Fun for all ages, Saturday, May 2, Thurmont Regional Library.

All Frederick County Public Libraries will be closed Sunday, May 24, and Monday, May 25, for Memorial Day.

# Frederick County schools

Katy Groth  
Frederick County School Board

We are about to graduate just over 3000 students from Frederick County Public Schools. High School graduation is the culmination for students of 13 years of formal schooling. For parents, it is a milestone in the raising of a child. For teachers, it is the end of a cycle of teaching and learning for a group of young people they have come to know to some extent or another. Another group who looks forward to graduation each year is the Board of Education. We are as excited in our

own way as anyone else. For us, it is a mark of our success as planners and policy makers.

Graduation for the Class of 2015 will take place during the first week of June with most ceremonies held at the Knott Arena at Mt. St. Mary's University. All ten comprehensive high schools in Frederick County hold graduations there. It is a large venue with plenty of seating and plenty of parking.

Frederick County Public Schools has additional graduation ceremonies held elsewhere, all of which are special, all of which celebrate the graduations of groups of young people who

will take their places in the world like all other graduates. We celebrate graduates of the SUCCESS program at the Knott Auditorium. Rock Creek School holds its graduation at their school but with a themed event that transforms the school into a unique and fanciful place to celebrate their prom. The Flexible Evening High School celebrates its graduation from a unique program that offers alternatives to students seeking their diploma through a non-traditional route, such as virtual high school and drop-out recovery programs. Another graduation is held at the end of summer for those students who could not graduate on

time but who attend summer school and finish their course requirements.

There are graduation requirements that must be fulfilled in order for a student to receive a Maryland State Diploma. These include the English, social studies, science and mathematics courses as well as physical education and health courses, fine arts courses, technology, and many electives. Most students follow a career or college pathway, some attending the Career and Technology Center. Many students choose a pathway that conforms to a career choice. Students are encouraged to choose a pathway that will closely resemble what he or she believes their career choice might be, including what they might want to study in college or what they want to do in the world of work. Students must have a minimum of 21 credits beyond the 8th grade and pass the required Maryland assessments. (At this time, the required assessment program is going through some revision.)

Another program provided through Frederick County Public Schools that bears mention in connection with graduation is what is called "dual enrollment." FCPS works with Frederick Community College to provide qualified high school students the opportunity to obtain college credit by successfully completing college level course-

work while still in high school. This program is just getting started but already it has become a popular way for students to take on extra challenges in high school and be better prepared for college. A reduced tuition is available and for some qualifying students, the tuition is waived for these courses taken in high school. In this way, students can save thousands of dollars in college costs. Guidance counselors work with students who are interested in this program.

A word should be said about the Student Service Learning requirement for graduation. The State of Maryland requires that a student earn service credit for community service work done outside of the regular classroom. This encourages our students to learn more about their communities and how they can help by contributing volunteer time to community agencies or by tutoring younger students. Many students discover they have interests and talents to offer and may choose to take further education to become teachers or other community service professionals. Service learning can be a great career exploration opportunity, which of course is part of the reason to have it as a graduation requirement.

We wish all of our 2015 graduates a very bright future ahead. Our advice to you is to look to the future and work for success, but never forget these years you have spent in school in Frederick County Public Schools. And graduates, be sure to thank your parents and teachers! Congratulations to all!



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# FAIRFIELD SCHOOL BOARD CANDIDATES

## Richard H. Mathews

I announced in this paper last month that I am running for School Board Director, Fairfield Area School District. I am listed on the Republican ballot and am running as a write-in on the Democratic ballot. I pledge to work for an increased quality of education for all of our students and an improved learning environment. I pledge to oppose any attempt to raise your taxes. I support a thorough school system evaluation to identify sources of inefficiency, waste and abuse.

I have extensive leadership training and a Masters Degree in General Administration. Please see last month's article for additional qualifications.

I humbly request your vote on May 19, 2015.

You have likely heard complaints about the current School Board, here is the good news. This is the first year, in at least 10, that your school taxes were not increased. At the end of last school year the cafeteria was \$153,042 in the hole. This Board paid that debt and brought solvency to the cafeteria. This Board spent \$397,330 to repair the High School roof and stop the leaks long left unattended. This Board spent \$15,000 to convert the HVAC from oil to natural gas. The payback period using this lower cost fuel is just 2 years. This year marked the first time that students were able to enroll in advanced placement classes.

In December 2014, the Board appointed Ms. Karen Kugler Acting Superintendent. Ms. Kugler works well with the Board and has done an outstanding job communicating with the Board and public. Ms. Kugler has confidently moved forward with projects that will strengthen the overall effectiveness of the District from an organizational and services perspective.

What are some of the projects?

Ms. Kugler and her staff have developed a 5-Year Plan. The District has been without a 5-Year Plan.

The Pennsylvania School Board Association has been contracted to update our policies. The District's policies, last updated in 1995, are woefully out of date and incomplete. In fact, policies often differ from the student handbook as well as State and Federal law. Policies are a primary responsibility of the Board.

The District's Organization Chart is being updated. The Organization Chart was last updated in 1992. As a result, some current positions are not listed.

The Superintendent's job description is being updated for the first time since 1996.

Overdue property repairs are being addressed.

Strategic planning has been implemented to upgrade the Elementary School playgrounds.

I have been asked if having children in the District is an important qualification for Board directors. I believe that the Board should be representative of the population as a whole. Further, each Board director must have management and leadership abilities. Ideally, Board directors would have a diversity of

strengths which would enable the Board to provide wise, thoughtful counsel on a range of issues.

As school board directors we serve as the public school district governing body. Our key functions include employer, strategic planner, policymaker and tax levy authority. The Board President is the Board leader. Pam Mikesell was first elected to the Board in 2003 and served as its President from December 2006 until December 2013. Considering all of the above, I question her performance and the performance of the Boards under her leadership.

## Becky Bequette

Wow, it's May already. This is the month. The wind up, the count-down, coming into the finish line, however you want to phrase it, your opportunity to vote in the primary is coming up quickly. May 19<sup>th</sup> we get the chance to exercise our right to select our representatives in multiple local elections. This is bigger than just our school board. This is when we also get to select who will be running for the position of Judge, County Commissioners, Township Supervisors, among others. Please, get out and vote.

I wasn't sure what to write about this month, so I asked. Here you'll find the information most requested by area residents. First of all, my qualifications. You can find a full list of my qualifications at [BeckyForFASD.com](http://BeckyForFASD.com). To summarize, I'm a candidate with experience and education in accounting, financial analysis and budgeting. Over the years, I've been fortunate to accumulate more experience in education – both as a substitute teacher and as a parent – and community service. As a family, the Bequettes have been involved in girls' soccer, wrestling, track and field, fall play (actors and costume design), band, student council, special education and the gifted program at Fairfield schools. In addition I am a parent member of the Special Education Planning Committee and the School Counseling Advisory Committee. In the greater community, I've been a volunteer for Fairfield Athletics Stand Together (FAST), American Youth Soccer Organization (AYSO) and the Fairfield Lions. I believe that my education, experience and desire to do the right thing would be a welcome addition to our school board.

The second question I was asked was why I'm running for school board. The short answer is "because it had to be done" and I felt that I have the skills and experience to be a positive influence. It's easy for me to sit back and say things need to be changed. It's not so easy to step forward and be the change. My daughter told me once "if good people won't go into politics, good people will never be elected." Pretty philosophical for a then 9 year old. She's right, good people need to stand up and fill these important local offices, so you'll see me on the ballot on May 19<sup>th</sup>.

Another question was, in a nutshell, what about those darn taxes? In all honesty, I cannot stand up and declare there will never be a tax increase. Anyone being seat-

ed on the school board in December will be coming into an unknown situation. At this time, we do not know the state of the school's finances, the state of the district's capital assets, such as the buildings, or what changes will have been put into affect by the current board. I can state that any budget and tax decision will be made while considering both the students and the community at large. While it is very important to provide an excellent education for our students, we are also required to be responsible in spending the public funds.

I hope that I have answered the main questions voters have. Please see [BeckyForFASD.com](http://BeckyForFASD.com) for further information. Our slate of candidates can be found at [FairfieldUnite.org](http://FairfieldUnite.org). I'm looking forward to seeing you at the polling place on May 19<sup>th</sup>.

## Kelly Mays

The May 19th primary election is swiftly approaching, and as a candidate for a four year term on the Fairfield Area School District's School Board of Directors, I hope that you will make a point to vote in this crucial election! Spring time brings fresh life to the earth and I hope that this May primary will have the same results for our school board!

While I hesitate to make the traditional campaign promises and pledges, mainly because I will not make a promise I am not 100% sure that I can keep, I would love to share some of my hopes and ideas that I support. If you share my views and hopes, than I hope that I can count on your very important vote on May 19th!

One of my most important concerns is providing the community with a school board of directors who can work cooperatively, have respectful discourse, and reach compromises quickly. Quite honestly, if we expect our students to demonstrate these behaviors, the example needs to start with the board. I hope to bring mediation and conflict resolution experience to the table to encourage this cohesiveness.

I also have concerns about the level of trust the community has expressed in the current school board. Many community members have clearly stated they do not have confidence in the current school board members to make policies that benefit the district's students. This is a problem. I believe the community has a right to a transparent system

of government that makes them feel heard and respected. In my opinion, a few concrete ways to ensure more community involvement is to increase the time available for public comment, have a question and answer period after the meeting about issues that were discussed at that meeting, and abolish the current committees. While the original intent of the committee formations may have been to increase efficiency; I would argue that efficiency has not been the result. The true results seem to be confusion, a lack of board cooperation and cohesiveness, and less transparency in what is relayed to the public.

My most important concern is and will always be what is best for the students of Fairfield Area School District. I believe that it is of utmost importance to provide the students with sufficient resources for them to be successful not only in school, but for the rest of their lives. I feel it is important for the students to have adequate and fairly compensated teachers, support staff, and administrators. They need an enriching, engaging, and compassionate environment.

Fairfield Area School District has a wonderful history of providing excellent education. I should know, I am a 2005 graduate! I am proud of the Fairfield community and how supportive it is of our school district. I hope I can count on your continued support of the district by electing school board directors who are really invested in the students and the district's future.

## Ian Strahler

We are getting close, the Primary election is less than a month away now. I don't know about you, but I am starting to get really excited. I have been planning and preparing to run for school board director in the Fairfield Area School District for quite some time and we are now reaching the point where I need to ask for your help. I need you to vote on May 19th. This is your community. Your vote absolutely can make a difference. If you want to see change, or if you are happy with the current direction your community is headed, now is your chance to voice your opinion.

We have seen our community go through a lot this past year. There have been some wonderful events, like the opening day ceremonies for the Fairfield rec little league.

The children of our community paraded through town with the support of the local police and fire departments, while the sweet smell of chicken BBQ wafted throughout the parade route. This was followed by a touching opening ceremony that paid homage to a lost community member and reminded us that our children are just that, children, and that this is just a game. They need our support and cheers, not just in sports, but in life.

We have also seen our community come together when they felt a disservice was being done to them. When the majority of the school board was acting out of character and interfering with the very thing they were elected to support and grow, they came together and rallied. They supported teachers and students and let the board know that they would not stand idly by and allow them to mislead the public again.

For me, our community is what this is all about. That is the driving reason of why I am running for school board. I am proud to be a member of this community, a parent, and a graduate of Fairfield. I want to continue to see our community and school grow and to see our students succeed. The only way this will happen is if we work together and communicate openly with each other. I believe that we all want a school system that makes us feel proud. I believe that we all want to live in a respected and supportive community that people want to join.

Understandably, there is much opposition to raising taxes, and I agree that we need to be fiscally responsible. However, our students deserve the best that we can provide for them. We need to be able to provide a wide array of learning opportunities for our students, from providing Advanced Placement courses to additional math or reading support when needed. Our teachers deserve the support of classroom assistants, especially in the elementary school, so that our young learners can be provided with the support and encouragement that they need to be able to succeed in middle and high school.

Please come out to the polls on May 19th and show your support for me, and I promise to support you, my community and our students. If you have questions for me, please reach out to me, [ianforfasd@gmail.com](mailto:ianforfasd@gmail.com).

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## FOUR YEARS AT THE MOUNT

Each month, the *Four Years at the Mount* writers tell us the stories of their lives at Mount St. Mary's University. This month, we challenged them to tell us another story. Our writers have used the timeless theme, "Once Upon a Time," to capture their own unique voice and share the stories of their imagination. So sit back, relax, and enjoy story time!

### Freshman Year Once upon a time...

Sarah Muir  
MSM Class of 2018

There lived a King and Queen who loved each other deeply and in return their subjects loved them. The Queen Adina had one sibling, who she loved dearly and who, she thought, loved her in return. Her name was Fiera, she was beautiful to behold, but her heart had long ago become cold and twisted. It had corrupted to such a degree that the area of her chest, where her heart beat, began to gray and blacken. She concealed the tarnish beneath the fabric of her gown. Along with her hard heart, she held a deep-seated jealousy toward Adina and her husband. To curb this anger, she set about causing small bits of chaos around the kingdom to make her sister's life as difficult as possible; the royal couple knew nothing of her involvement in what they considered to be unfortunate, but minor, catastrophes. The Queen was ever oblivious to her sister's envy and hatred.

The King and Queen longed for a child and, at length, their wish was granted. The Kingdom erupted into celebration and across the country, festivals were held in honor of the coming royal child. Mean-

while, Fiera sat, pensive and alone with her loathing, plotting of a way to ruin this current happiness as she sat there wallowing in her hatred in front of her looking glass and staring at the blemish on her chest. Blaming the imperfection on her sister, she was startled as a crack appeared on her blackened chest. She sat, stunned, and as three clear drops fell from the opening, she quickly grabbed a crystal vial and caught the liquid with it. She gazed into the vial and saw the glass slowly clouding over with frost; she nearly dropped it because the cold was so intense.

Fiera smiled as she prepared for the night's celebration and as she greeted her sister affectionately. No one had ever seen her so happy and her smile grew, somehow, larger as she congratulated her sister on her recent happiness. She did not stop smiling, even after everyone grew tired and went to bed. Fiera moved about the palace toward the royal chambers with a serene grin gracing her face. She made her way past the sleeping guards into the room where the happy couple slept. She pulled out the small vial that chilled her hands and pulled out the stopper. She hovered over her sister's sleeping form and watched the contents

of the bottle drip onto the Queen's lips. Adina inhaled sharply and furrowed her brow, but remained asleep. Fiera's face grew thoughtful yet sinister as she said, "Congratulations, oh fair sister!" Leaning over the Queen she whispered ever so silently, "May your child's heart be a cold as mine."

The months passed and the Queen remained in good health, although wherever she went she was bundled in so many blankets to keep off the chill that seemed to surround her. The happy day finally came and everyone rejoiced at the birth of the royal baby boy. His parents named him Samson, which means "sun-child," because with his golden hair he was as beautiful as the sun, but the skin over his heart was cold to the touch. They watched him grow into a handsome young man and the King and Queen saw that though he was charming and everyone loved him, there was a type of absence in his eyes. It was like he would display whatever mask seemed appropriate and sold its authenticity with practiced words. This worked with everyone except the King and the Queen. Adina confided her worries to her sister, Fiera, who listened with a smile in her heart. Being wrapped up in her own success, she never noticed the darkness surrounding her heart grew. This continued for eighteen years as they all watched Samson grow up with varying degrees of pride, joy, and worry.

As Samson's eighteenth birthday approached, the kingdom was thrown in a tizzy preparing for the festivities. He began to grow tired, keeping up the pretense of excitement, and escaped, momentarily, from the castle and its frenzied occupants. He wandered around the streets, wearing some clothing that could pass as belonging to a commoner. Everything was bustling and loud, but he preferred it that way because it meant fewer people would take notice of him and he had more he could observe. He made his way past vendors and merchants and found himself in front of a bakery; the smell of fresh bread and sweets reminded him that he had yet to eat that day. Walking by the window, he picked up one of the rolls that were cooling. As he was ready to walk away, a voice stopped him: "I do hope you are going to pay for that." Hearing that it was a female voice, he turned around, hoping to use whatever charms at his disposal to get out of this situation; he took on the appearance of a poor, lost, hungry traveler and turned to face the speaker. He stopped when he was met with a raised eyebrow and a look of annoyed amusement etched into the face of a pretty woman.

He could have mistaken her for a Lady of the Court if it were not for the flour that seemed to have exploded on her person. She was slender with honey-colored eyes and long, soft brown hair that was struggling to escape the ribbon that kept

them at bay.

"Well?" she said.

"I'm waiting for whatever tale you have concocted to pull at my delicate heartstrings and let you walk away with that bread free of charge, though you can obviously afford it."

Something unfamiliar stirred and warmth spread through his chest at her playfully disapproving look. He found himself asking, "Might I inquire the name of my accuser?"

Her eyebrow rose higher.

"Violet. Now can Your Royal Highness please tell me why he was stealing from my establishment?"

He gave her a practiced look of surprise at her knowing who he was, flashing her a charming smile as he said, "Why my fair lady, I would never dream of stealing from you." She held out her hand expectantly. Samson would never know what possessed him to do so, but he grabbed her hand swiftly, drawing her close and placing a brief kiss on her cheek. "Well, Lady Violet, I think we're even." He left quickly, forgetting the bread in his speedy retreat. When he returned to the palace, he felt indescribable warmth spread through his heart. When the Queen saw her son, her eyes filled with tears of joy and Fiera's cold, black heart shattered at the sight. Because for the first time in eighteen years, Samson's smile was genuine.

To read other articles by Sarah, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

### Sophomore Year Once upon an orphanage

Leeanne Leary  
MSM Class of 2017

If you've been reading my articles for the past year, you might remember me mentioning in passing my trips to Haiti, the trips that changed my life and showed me that fairy tales and "Once Upon a Times" don't have to consist of parties and glass slippers; they can happen in orphanages in third world countries.

• • •

Once upon a time, I fell in love with 33 children and an entire country over the period of one month. This past Christmas I spent 30 days working in Christian Light School and Children's Home in Port-Au-Prince, Haiti. I just spent almost an hour looking back at my journal from my trip, and I can't think of a better way to explain my fairy tale than giving the world a look into my private thoughts.

So, here's my fairytale:

December 19, 2014  
(My Birthday)

Yesterday I made it to Haiti, but almost turned around and left before leaving the airport.

I made it through customs and,

to my surprise, navigated pretty easily through the airport until I reached the exit where I was supposed to meet the driver from the school, who would be holding a sign. I'm 100% positive this doesn't sound as frightening to you as it was to me, but there was a crowd of people waiting who were either beggars who knew what time the airplanes landed (as the smallest international airport in the world, this isn't often) or people waiting, with and without signs, to pick others up. I stood inside the glass windows for a few minutes, not seeing my ride, before I walked outside to look more closely. As soon as I stepped outside, looking slightly lost, I was approached by an airport service man (#15) and an airport taxi man named Wendy. I told them who I was looking for and they tried to help. The service man looked around for me multiple times, while Wendy just stood by me insisting that my ride was not coming and that he would take me; it would not be too expensive.

An hour and a half had gone by when I finally decided it was time to give in and take a trip with Wendy. He had conveniently known exactly where my destination was before, but when we got in the truck he wasn't too sure.

Needless to say, the 10-minute trip

took almost an hour as we stopped every three feet to ask if anyone knew where we were going. I eventually made it and walked in to the end of the kids' Christmas program at the school.

December 22, 2014

I could talk for hours about each kid already; they're amazing.

This morning I went with the Little Angels Baby Feeders down to the ravine. I don't know if I can put the experience into words.

We walked into a tent city for the second stop – I've driven by the tent cities, but never walked into one. It's crazy. It's just pieces of metal and tarps all connected together in lines to form tents the size of two twin beds put together with walkways about 3-feet wide in between rows. The temperature rises and the smell is nearly unbearable. We made it to the back of this tent city and stopped outside of what is used as a church – it's a much larger tent with 12 wooden benches. There I witnessed an unexplainable kind of joy and love among children and adults alike. It's hard to make sense of it, but I love it more than anything.

December 23, 2014

Here's the image I want to remember forever when I think of Haiti:

Sampson running around the street in a man's dress shirt and nothing else, pulling two cars made of trash and having the absolute time of his life.

December 24, 2014

So I was lying down and look up and there's a cockroach the size of Canada above my bed! It was horrifying, but today I spent almost seven hours with Nikkelange. I love her.

December 28, 2014

I get to spend every afternoon at the orphanage; this is the best life.

December 29, 2014

I just got back from baby feeding and have to share. Sampson almost broke my nose today, but the most incredible thing happened at the end of the second stop. All of the babies had been fed and there was some leftover food. There were three boys who had been standing next to me playing the hand game the whole time and they were probably 4, 5, and 6 years old. They were too old for the program but there was a piece of bread and half of a hard-boiled egg left at the end. My pastor, Iysmaell, handed the piece of bread to the oldest boy and the egg to the youngest boy. Without even looking around to see if the others had gotten food and/or how much they had gotten, both immediately split their food into three pieces and started handing it around until they all had an equal amount. I've never seen anything like it. These boys probably wouldn't eat again today and I watched half of an egg be split three ways. There is not an ounce of selfishness in these people.

Also, side note, today I played Bananagrams with Bernaldo. English is his third language...the boy is a genius.

January 5, 2015

I came back after visiting Ken and Andrea's ministry for the weekend and had this weird fear that the kids would forget me after two days. They see so many teams come in and leave that they've gotten so good at moving on. But exactly the opposite happened. Nikkelange gave me an envelope with four letters and little presents in it. I literally sat in my room and then went to the roof and cried for a good half an hour. I can't imagine leaving these kids next week.

January 7, 2015

If a person asked me how many times I've read "The Grouchy Ladybug" to my class this week, I literally wouldn't be able to answer because the answer would exceed a million and I'm too tired to count that high.

January 15, 2015

I had to leave today. This was the most incredible experience.

• • •

That was my fairytale and will be my "Once Upon a Time" story for anyone who will listen to me talk about it years from now. That was the end of my greatest adventure.

To read other articles by Leanne visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

## ...ONCE UPON A TIME

# Junior Year

## The Red Bandana

Lydia Olsen  
MSM Class of 2016

Once upon a time, a freckled girl sat up among the tree branches and looked out at her world. It seemed like the whole universe was laid out in front of her. The sun was at its highest point and everything was lit with its golden rays. The tin roofs from the neighboring houses across away reflected the light in many directions. Over past the railroad tracks, the cows could be seen grazing in the fields near the horses. Down beneath the tree branches, the girl's four younger siblings played in the shade. She was the eldest, followed by her three brothers, and the youngest was her baby sister. The boys sifted through the dirt and the mud looking for worms to go fishing with while her baby sister played with a hand-me-down doll. It was nearly noon and she anxiously multitasked between pretending to babysit and looking into the distance.

"Do you see it yet, Addie?" one of the girl's younger brothers yelled up to her.

"No, nothing yet," Addie responded.

Last week her father had woken up before the sun rose. He rolled out of bed and got dressed before coming into the bedroom and

kissing each of his children goodbye. He headed out to the railroad tracks to help manage the deliveries and tend to the train. It was his job and everyone was used to him being gone for a few days. Even though the family had gotten used to his absence, it never seemed to get any easier, which made the days that he was supposed to return home equivalent to holidays that everyone eagerly awaited. Today was one of those days.

"There!" Addie shouted. "I see it!"

A small puff of black smoke could be seen in the distance just above the treetops. Addie's siblings all looked up excitedly and dropped what they were doing. Addie worked her way down the tree, doing her best not to scrape herself up too badly. Once on the grass, she turned toward the house and yelled to her mother.

"Mother! The train is almost here!"

The children's mother ran out the door and met them under the tree. Addie picked up her baby sister and her mother grabbed the other children's hands. Together, they walked toward the tracks that passed through the front of their land. Once there, they all speculated about what father could have brought them this time as their mother rolled her eyes. The train was getting closer and could be

heard approaching quickly. Soon enough, the cars started to pass in front of them and the children did their best to count as many as they were able to, though after twenty, Addie was the only one who was able to keep counting. The cars continued to pass, going off far into the distance until the caboose was finally in sight. This is where father worked. Eagerly, the whole family cheered. Soon enough, the children's father stuck his arm out the window and waved with excitement. The family all waved back.

Then his arm retreated back into the caboose and returned again holding the infamous red bandana. He tossed it into the front yard and it rolled down the small hill toward the family. The children all ran to get it as the train continued to drive off down the tracks. The children grabbed the red bandana and Addie quickly untied her father's precise knots. They laid out the bandana on the grass and looked at the goodies. Inside were six pieces of hard candy and a bunch of coins along with a small note. The children's mother eagerly picked up the note and read it with a smile.

"What's it say? What's it say?"

All of her children asked as they shoved candies into their mouths.

"It says to take you all out for ice cream and that your father will be home in time for dinner."

Their mother responded.

The thought of ice cream excited them all and they cheered



eagerly again. After heading back inside the house, the family got ready to go downtown. In a single line, they all held hands as they walked through their tiny city and through the front door of the ice cream shop. Everyone picked out their favorite flavor and wasted no time beginning to lick the melting drops as they slid down their sugar cones. They walked home with bellies full of ice cream, and hearts full of excitement for the moment that their father would soon arrive.

I have had the honor of interacting with many amazing people in my life. A few years ago I began to form a friendship with an elderly woman who has been willing to share some of her life stories with me. I once asked her what her favorite memory from her childhood was. I remember her distinctively looking up at me from above her teacup and smiling as she said, "the

red bandana." At the moment I was completely baffled and had no idea what she meant. After asking for an explanation she began to express the significance that this bandana had in her life. Not only was this red bandana that was thrown down the hill in her front yard nearly every other week a sight that always promised goodies like ice cream, it also always promised that her father would be arriving home, and this meant all the world to her. Being struck by the importance that this single item had symbolized, I asked her what had happened to the bandana, thinking that maybe she had kept it after nearly seventy years. She laughed as she replied, "That old thing? It must have gotten holes in it. I'm sure it became a rag. But once upon a time, it was so much more."

To read other articles by Lydia visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# Senior Year

## Once upon a time

Kyle Ott  
MSM Class of 2015

He waited until the sun set to make his approach. The thick line of ancient pines, and the rugged edges their branches shielded his progress from prying eyes. He hoped such precautions would afford him an advantage over his more experienced opponent. Every step up the rock strewn path brought him closer to the mouth of the cave, and to the target. From where he lurked, he could make out the faint light of a cooking fire.

The ambient light and the gentle pop of the flames helped to mask his presence. His steps were carefully measured as dodged the loose pebbles and tiny sticks that threatened to betray his position. Such were the sacrifices necessary for victory. Every facet of his approach, from his weapon to the heaviness of his breath, had to be carefully managed. Each inch over the treacherous ground spanned an eternity. After endless caution and toil he reached the cave's edge, keeping his body out of sight. Gently, he raised his tool of choice: a long wooden stick with a paint-soaked rag wrapped around the end.

He rounded the corner and brought the stick down in a tre-

mendous arc, sending it crashing against a bundle of twigs. Before he could utter a word of surprise, he felt the familiar sensation of paint oozing down his spine.

"Looks like your cooking dinner again."

He turned and saw his master, an elderly woman in her early 70s.

"Yeah, I guess so."

He grumbled before reaching for the pot next to the sizzling coals.

• • •

The above experience is of course, fictional although those who know me will easily make out the feisty visage of Dr. Hinds as the mentor. However, it is indicative of my experience at Mount Saint Mary's. More times than I can count I've played the role of the precocious apprentice: possessed by great enthusiasm, but lacking the finesse that comes with experience. Over these four years I've learned a lot, but most have been at the hands of skilled masters, rather than textbooks.

That has begun to resonate as undergraduate career winds down, and I start to look beyond the mountain. Maybe it's that I've been writing a book on games with Dr. Murry and we're presenting our work to schools, and hopefully soon, publishing houses. Per-

haps it's the fact that I'm working with Dr. Dudley, to create a paper that delves into the finer points of HP Lovecraft's role in philosophy. Or, it could be that Dr. Hinds finally met my girlfriend and gave her that "thanks for putting up with him" smile. It occurs to me that without these people and others, I would not be close to the man I have become. Kyle Ott at 18 was a young man with a mop-top haircut, a love for sandwiches, and an unbridled sense of enthusiasm. Kyle Ott at 22 is a slightly less young man whose hair has been shaved, whose love of sandwiches continues unabated, and whose enthusiasm has been tempered and molded by the lessons of his mentors. At some point I stopped trying to be something I couldn't and started listening to the people I wanted to emulate. As a freshman I was going to be a writer; as a senior I'm pursuing a career in board game design, and pursuing a masters in journalism. The weirdest part is? All of me, the man I am now, and the person I was then, is at peace with my path. That kind of emotional Zen doesn't simply come from within. Rather, it is forged from the lessons with of teachers whose intelligence and poise brings out a desire to excel in all that I do.

These reflections are tempered by the realization that at some point, my masters of the craft, my Mister Miyagis, the Mickeys to my Rocky Balboa, sat where I sat. There had to have been a time when Dr. Mi-

tra, the Mount's resident master-at-making-Kyle-want-to-dedicate-his-life-to-studying-Indian-Literature (it's a working title but I'm sure it will be official soon), was a student like me. Knowing that means that at some point I will make the transition from someone still growing into their knowledge and talent, into a teacher who is comfortable with his abilities and his role in the world. In my head I can see myself poking fun of some big-dreaming freshman's poor scheduling practices the way that Dr. Hinds did (and continues to do) to mine.

If there is one thing that I can impart after four years of writing, one kernel of wisdom for my readers to glean from my countless foibles and numerous misadventures, it is this: cherish your mentors, and cherish the cycle through which you become a mentor for the next generation. They will learn from you, as you have learned from others. I'm Kyle Ott, and for the last time as an undergraduate student, won't you sit and read for a while?

• • •

The sun set as she made her approach. After hours of waiting for the ideal conditions, she emerged. Speed. Speed would be key to her success. There was no way that she could get the drop on her opponent with planning. His ears were too keen. Within moments his senses would ferret her out and he would, as he had done dozens of times before, bring her dreams

of victory to a crashing halt.

She would take the fight to him. In her mind she was sure that youthful vigor, coupled with sheer audacity, would allow her to overcome her foe.

A dim light swayed in front of her eyes as she dashed forward in a break-neck charge. It was the campfire, placed in the middle of a clearing. She cursed herself silently. The position of the fire all but ensured that he would see her coming from any direction. It was too late now. Her eyes had adjusted to the dimness, and she was fully committed to her plan. Step by step she hurtled towards the light, knowing that he would be there. The faster she moved the harder it would be for him to catch...

She felt the gooey "slap" of paint colliding with her stomach and shoulder, just as she reached fire.

"Your approach is sloppy, your form poor. Let's hope your cooking outpaces your skills."

He wheezed as he laughed at her. It was hard to imagine what he had seen and done in 70 years.

"Master."

She groaned, tossing the paint stick on the ground.

"How did you get so good?"

He squatted by the fire, his smile became sad, as he recalled the rapid frustrations and gradual success of his youth.

"I cooked many dinners."

To read other articles by Kyle visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

## THREE GENERATIONS AT THE MOUNT

# A family of Mountaineers

**Kathryn Franke**  
MSM Class of 2013,  
MBA Class of 2015

*(With contributions by Thomas C. Sanders, Sr., MSM Class of 1950, Thomas C. Sanders, Jr., MSM Class of 1976, and Thomas Lorber, MSM Class of 1987)*

Mount St. Mary's University has an incredible history. Founded in 1808, the university has hosted many prominent historical figures on its holy mountain. Mother Teresa made multiple visits to Mount St. Mary's to spread her message of prayer and love for Jesus Christ; Robert Kennedy and President Dwight D. Eisenhower addressed graduating classes of the university; Babe Ruth was discovered on Echo Field. The Mount's history spans generations, my family included.

This month, I will graduate from Mount St. Mary's University for the second time. In 2013, I graduated with a Bachelor's degree in Communication Studies and Fine Arts, and now, in 2015, I will walk across the stage once again, this time for an MBA in Marketing and Management. I cannot even begin to explain how influential my six years at Mount St. Mary's University have been to me personally, but the university holds a special place in the hearts of many of my family members as well.

My grandfather's brother, John W. Sanders, Jr. graduated from the Mount in March of 1942. My grandfather, Thomas C. Sanders, Sr. (or "Pappy," as we affectionately call him), graduated from the Mount in 1950. John's son, John "Jock" W. Sanders III, later attended the Mount as well, graduating in 1972, the year when women were first admitted to the college. My uncle, Thomas C. Sanders, Jr., was the

next Mount graduate of the family as a member of the Class of 1976, followed by another one of my uncles, Thomas Lorber, who graduated from the Mount's Class of 1987.

As you can see, the Mount is very near and dear to our hearts, and I am fortunate to extend the history my family holds with Mount St. Mary's University.

Throughout World War II, at least 727 Mountaineers join the armed forces, and I am proud to say that my grandfather was one of these brave individuals!

Pappy enlisted in the Navy during World War II. After completing basic training, he was selected for navigation signaling school and was then assigned to the 6th fleet in the Southwest Pacific. He traveled 10,000 miles from home to the Philippines, where he implemented his navigation training on an ocean-going fleet tug named the USS Hidatsa, which was used to salvage and retain damaged combat vessels. The USS Hidatsa contained 80 crewmembers and five officers. Pappy noted that in those days, his navigation through the Pacific Ocean used only the stars and the sun, not GPS devices that are used today! Pappy was honorably discharged from the Navy at the end of the war as a Quartermaster 3rd Class.

After his service, Pappy entered the Mount in September of 1946 on the G.I. Bill. During his first year, Pappy was one of 350 members of the freshman class of 1950, a class that made up the majority of the 500 students enrolled in the college at the time. Approximately 80% of the students in his class were also World War II veterans, who were on what Pappy described as a "speed-up course" as a result of the war.

Reflecting on his time at the Mount, Pappy recalled many fond memories:

"When I started at the Mount, I was assigned to 3rd floor Brute, which would be my home away from home for four years. I had three roommates—one from Long Island, one from Washington, D.C. and one from Pennsylvania. My Pennsylvania roomie didn't return after the freshman year because he got a decent job offer near Lancaster, PA. During our four years there, all of us visited each other's homes and met each other's families.

"During the following couple of days, we were assigned our classes and obtained our books. In those days, the Mount consisted of the administration building, the chapel, the seminary, the McCaffrey, Brute, and Dubois dorm buildings, and Flynn Hall [now the Delaplaine Fine Arts Center]. All classes were held in the administration building, which also contained the apartment of our school president, Msgr. Sheridan. Fathers Fives, Kennedy and Kline were prefects of the dorms.

"There were very few cars on the campus, as no new cars were produced due to the war effort, so parking was a rare problem. Getting around in those days involved walking or hitchhiking. It was challenging; however, there was little money to spend. Transportation at the Mount was very difficult in those days, but we learned very much about one another and assisted in each other's difficult moments.

"There were a couple of times when the priests would lend us their cars so we could go to the movies in Gettysburg. We always stopped at the Lee-Meade Inn on Route 15 outside Gettysburg on the way back.

"The professors and clergy were compassionate and friendly. The campus made for bonding and friendships, which in some cases lasted for many years. My roommate was in my wedding in 1953, and he visited us on numerous occasions after the fact.

"The 'social scene' was St. Joe's, Western Maryland [now McDaniel College] or Hood College. A few marriages resulted from St. Joe's, but I don't believe anything happened from the other colleges. It seems the 'hometown girls' took precedence!

"In Emmitsburg, the local drug store (Crouse's), the VFW and Palm's Lunch got the big play and celebrating functions.

"Sporting events were something you wouldn't believe today. Football started again in our year, as it had been discontinued by the war. The team practiced with vigor, but in my four years they never won a game. The basketball team, of which I was a member, played in the Mason-Dixon Conference, and we won our share of games. I played on the team that had maybe eight or nine members in my first year. I think my most important contribution to the team was directing Mr. Rosensteel (an Emmitsburg local) and his limo to away games, as he was unsure of how to get to Aber-



**A family of Mountaineers (L-R): Thomas C. Sanders, Jr., MSM Class of 1976; Kathryn Franke, MSM Class of 2013, MBA Class of 2015; Thomas C. Sanders, Sr., MSM Class of 1950; Thomas Lorber, MSM Class of 1987.**

deen Proving Ground, Washington College, and Bainbridge Naval Station. Back then we practiced at Flynn Hall [now the Delaplaine Fine Arts Center].

"The team might have been the only one in the United States to never play a home game on their own campus in my four years. Our home games were played in the Frederick Armory in Frederick, MD. Attendance might have reached 75 people. Night games and hitchhiking was a tough combination! We never beat Loyola in my four years. This was a very heated rivalry.

"Baseball seemed to fare better, maybe because it was spring. My roommate was a pitcher and did very well. The big sporting events at the Mount in those days were the intramural sports of basketball and softball. Every dorm floor had a team and the games got to be very competitive.

"We had two gala social evenings—a junior prom at the Hotel Stafford in Philadelphia and a senior event at Fort Ritchie at the Blue Ridge Summit.

"The only structure to be built at the Mount in my era was the purchase of an aircraft hanger from WWII [now Memorial Gym]. It would eventually become a new basketball gymnasium. It was finished in May of 1950 and our class graduated from there in June.

"The Mount also bought a couple of WWII barracks that were installed on the property along the road from the maintenance shed. This was done in our sophomore year and accommodated some of the married students at that time.

"The era of 'yester-year' has changed for students of today. I am sure they will prosper and contribute highly to this country's well being. Yet, I still think my generation was the greatest generation!"

• • •

My uncle, Thomas C. Sanders, Jr. ("Uncle Tom") was a member of the Class of 1976. Uncle Tom started at the Mount in the fall of 1972, along with seven people from his high school graduating class. He explains that these relationships "made for a fairly smooth transition for me being away from home for the first time."

It is clear that Mount Athletics leaves a lasting impact on students, because Uncle Tom also recalls some fond memories from his years at the Mount:

"One of my high school classmates played for the Mount's basketball team during our first two years. Basketball games in the airplane hangar were L-O-U-D...really loud! They were a great experience, as school spirit exploded during those games.



**Pappy (left) with his two roommates and friends outside of Palm Lunch in Emmitsburg, 1947.**

## SIETE DE MAYO

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# MOUNT THROUGH THE AGES



**Pappy (back row, second from the left) and his friends walking down the streets of Philadelphia while on their way to the Mount St. Mary's Junior Prom in 1949.**

"I played soccer for all four years and rugby for my last two years. I made good friends playing both of those sports when I was there.

"During my junior year, I had watched some of the rugby practices from the sidelines and thought I'd like to give it a try. I made the team and was the back-up to the team captain. I was fine with that since I had never actually seen a whole game before, just practices.

"So the first game came around and we were off and running. Less than two minutes into the game, there was a pile of bodies on top of the ball just outside of the playing field. At the bottom of the pile was our team captain with a mild concussion.

"The coach looked toward the sideline and said, 'Sanders, you're in.'

"So with almost two minutes of rugby mentoring under my belt, I took the field. I played 'wing,' which is a position that typically gets the ball lateralled to him. On the very first play, I ended up with the ball.

"Let's just say, with the recent

memory of our team captain being carried to our bench, fear was a great motivator.

"When I got the ball, I bee-lined down the sideline and scored. It's at that point I probably should have called a press conference and announced my retirement.

"Other than the university sporting events, I really enjoyed hiking through the mountains with friends on fall weekends, as the views were magnificent. Best of all, I actually learned a thing or two there that have practical use in my business today!"

Another one of my uncles, Thomas Lorber (another "Uncle Tom!"), graduated from the Mount's Class of 1987, the final class to graduate from outside Flynn Hall. On his graduation day, which he explained was a beautiful day to be outside, he could see Knott Arena (the ARCC) under construction as he looked across Route 15.

Uncle Tom's graduating class saw many changes on campus. The construction of the ARCC meant that 1987 was the final season that bas-

ketball was based in the Memorial Gymnasium.

Uncle Tom reflects on his time at Mount St. Mary's:

"Memorial was a FUN place to watch basketball—it was a totally different experience than watching basketball in Knott Arena. For example, fans used to throw toilet paper 'streamers' onto the court after the Mount scored the first basket at every game.

"The Class of 1987 buried a time capsule in front of Phillips Library, and it was opened at our 25th reunion in 2012. All the yearbook photos from our year were in black and white, even for seniors. We rediscovered food store receipts, magazines, letters from family members, etc. that were found in the capsule, and it was a great way to reconnect with our classmates and reminisce on the good times we had here at the Mount.

"When we attended the Mount, the dorms were co-ed by floor only. The cafeteria/Student Union Building (S.U.B.) has changed quite a bit since then—it is much nicer now!

During my years at the Mount, the food consisted of a very limited menu in a café line with a salad bar—there were no brand name food items. The bookstore, students' mailboxes, the bank, the snack bar, and the Ratskeller were downstairs in the S.U.B.

"I have maintained friendships from the Mount that I think will last a lifetime. It is harder to get together now with family commitments, work schedules, etc., but whenever we see each other, the conversations pick up right where we left off. My memories from the Mount are truly wonderful."

• • •

...And then there was me!

Having spent six years here, the Mount has become such a deep-rooted part of me that I can't even imagine not being a student here any longer.

When I announced that I would be beginning my freshman year at the Mount in 2009, I could see the pride on Pappy's face. Every time I go over to visit him, he has his Mount flag flying high on his balcony. He follows Mount basketball, updates me about when someone from the Mount is in the newspapers, and is just generally proud of his alma mater, and proud to see that I have had the same wonderful experience, just a few years later!

During my time at the Mount, I've seen some amazing developments occur on campus, met some incredibly inspirational people, and formed my future through my education and my involvement within the Mount community and the surrounding areas.

In just six years, I've seen the construction of the Residential Cottages at Alumni Court and the Richard and Mary Lee Miller Family Visitors Center at the Grotto, the renovation of the Terrace, the Delaplaine Fine Arts Center, and the Chapel of the Immaculate Conception. I watched in fear and prayed as firefighters worked to contain the fire in our beloved IC

Chapel when it was struck by lightning. I've seen the installation of the solar farm, the creation of the Veritas core curriculum, and now the transition to the university's 25th president, Mr. Simon Newman. I've traveled abroad and worked with professors who have opened my eyes to a wealth of knowledge and opportunities that I never even thought were possible. I worked alongside a classmate and our faculty advisor to plan and execute a national juried art show on our campus. I spent four years on the cross country and track teams, and I even took up karate during my freshman year and will be testing for my black belt in just a few months. I've had the opportunity to be part of a pretty incredible newspaper known as the Emmitsburg News-Journal, and I have immersed myself in the communications and marketing fields through my graduate assistantship with the Mount's Office of University Communications.

At the Mount, I learned more about myself and about the world around me than I ever thought was possible when I walked onto campus in 2009. Every club I joined, every class I took, and every person I met molded me into the person I am today. The Mount has been so pivotal in my own personal development and in my family history, and I am proud to continue that family legacy today.

Mount St. Mary's has been a home to my family for decades. No matter what year my family members or I have attended, we all so loved our experiences that we cannot wait to share them with future generations. I am glad I can follow in the footsteps of so many Mountaineers, and who knows, maybe the family history at the Mount will continue one day!

I write this reflection to capture my own fond Mount memories in addition to the memories of my family members. Too often we take our memories for granted and do not share them with others. When we share our memories, we ensure they live on. Family spans generations, and our memories should do the same.

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## EXEMPLIFYING EXCELLENCE...

# A farewell to Kathryn Franke, Managing Editor

Kelly Conroy Salomon  
MSM C'12, MBA C'13

A newspaper is a funny thing. Who are the faces behind the articles? Who are the people that make each edition happen?

Readers can begin to understand some of the views of the writers by reading their monthly columns, but this only scratches the surface. Readers in a small town like Emmitsburg can meet the managing staff of a paper, but there's still a lot of mystery as to what happens "behind the scenes."

In the case of the Emmitsburg News-Journal, there's one person who has been largely responsible for the growing success of the paper. And she is a person of outstanding character.

Kathryn Franke has spent the last several years working in various capacities for the Emmitsburg News-Journal, from serving as the Arts Writer to the Assistant Editor to the Managing Editor, all during her time as a student at Mount St. Mary's University.

Kathryn earned undergraduate degrees in Fine Arts and Communications, and a Master's degree in Business Administration from the Mount.

In the upcoming weeks, Kathryn will begin a full-time marketing position in Annapolis, Maryland, and will end her work with the Emmitsburg News-Journal.

The entire staff of the Emmitsburg News-Journal wishes Kathryn all the best. Kathryn will be sorely missed, but she has created a standard of excellence for the paper that will allow it to not only continue, but to flourish...

And it's all thanks to one ordinary run on a fall day in Emmitsburg.

Megan Kinsella Quaranta tells the story best:

Kathryn and I were teammates on the Mount's cross country team. One day during our freshman year,

we went on a long run behind the athletic complex at the Mount. We were running past a beautiful little farmhouse when all of a sudden a man with a camera came running down the driveway toward us. "Excuse me," he said, "but can I take a picture of you running?" Kathryn and I nervously giggled, and continued running, pretending we hadn't heard him. He then yelled after us, "Do you want your picture to be on the front page of the newspaper?" Needless to say, this stopped us in our tracks. We turned around, and he explained to us that he was Mike Hillman, the editor of the Emmitsburg News-Journal. Mike said that he wanted to highlight Mount athletes and their achievements, and wanted to use a photo of us running in the paper. At the same time, his wife walked out of the house, smiled and waved at us. Kathryn and I looked at each other, giggled again, and in unison said, "Sure!" We spent a couple minutes creating some candid running photos, and then Mike pulled out a pen and paper to get our names. As we chatted, he asked us what we were studying at the Mount. As freshman, we weren't sure about our majors yet, but English and Communications somehow spurted out of our mouths. Mike excitedly asked us, "How would you like a job writing for the paper every month?" We couldn't believe our ears. All we did was go out for a routine run, and we came back with jobs?

Yes, an ordinary cross-country run turned into jobs for Megan and Kathryn, but it became even more than that over the years.

"I saw the Mount as a vast untapped resource of exceptional writing talent, but try as I might, I had been unable to tap into that talent pool," said Hillman. "So, when I saw the girls running, I figured I had nothing to lose by using the pretext of taking their photo with the hopes that they may talk to me and I could find out if they were interested in writing for the paper."



The photo that started it all. From left to right: Megan Kinsella Quaranta, Stephanie Joson, Kathryn Franke.

"They might have thought I was a 'wacko' at first," said Hillman. "But it turned out for the best."

"There was something special happening [on that fall day]," said Megan. "And looking back over the past six years, I would say there was definitely some Divine Intervention going on."

Standing in the middle of the road, Hillman, Megan, and Kathryn quickly discussed their job positions. Megan wanted to write about sports, and Kathryn wanted to write about the arts.

"I was OK with the Sports Column," said Hillman. "But to be honest, an Arts Column didn't do much for me – but as I would soon learn, Kathryn's idea was a good one, and her column quickly took off."

In her Arts column, Kathryn wrote about the Wednesdays at the Fountain summer concert series at the Mount, the "Rest Fest" craft festival and music concerts held at Crumland Farms Festival Ground in Frederick, Md., local Shakespeare plays, the martial arts, and so much more!

Nicole Jones, one of many Emmitsburg News-Journal student writers, shared that Kathryn's expertise in the arts has always been obvious, especially during the study abroad trip that she and Kathryn took to Austria.

Jones said, "...[A]t the beginning of the trip, [Kathryn and I] made it a habit to go for a walk together with our cameras up and down the neighborhood after breakfast. [Kathryn] could capture anything with that camera and make it look good. I admire that. I have a nice camera too, but a nice camera does not a photographer make."

"Kathryn just has this natural ability to find beauty in the world," said Jones.

One of the topics that Kathryn covered in her Arts column was her own experience hosting a national juried art show at the Mount. Together with another classmate, Kathryn put on a show entitled, "The Natural World: A Postmodern Perspective" for her Senior Honors Project. The show featured a "variety of

art inspired by the natural world that draws attention to the beauty of nature and its relevance to our lives, both socially and artistically," according to one of Kathryn's articles in the Emmitsburg News-Journal.

Kathryn and her classmate received entries from artists across the country for their juried art show. Besides selecting artwork, Kathryn also stated in the Emmitsburg News-Journal that she learned about "event planning, criticism, collaborative design, printing and publication, graphic and web design, budgeting, marketing, journalism, social media, networking, and interpersonal communication," throughout the project.

The show turned out to be a great success, and Emmitsburg News-Journal readers were included in the process—from start to finish—through Kathryn's Art column.

During Kathryn's time as the Arts columnist, she also began to tackle some of the longstanding production and quality issues of the Emmitsburg News-Journal. When Kathryn was officially named the Assistant Editor, the transition was easy.

One of Kathryn's most important tasks as Assistant Editor was to fix the persistent grammar issues in the paper.

Before Kathryn took over, Mike Hillman would bring \$20 bills to meetings with the Mount writers for the Emmitsburg News-Journal. Then he would challenge them to find a glaring mistake in the already-printed newspaper. The person who found the mistake would win the cash prize. One time, an obituary was mistakenly about a "WWI veteran" instead of a "WWII veteran."

Kathryn put into place an editing system that makes time for double-checking and has since proven to be extremely efficient. Together with Megan Quaranta, she utilized a new style guide that gives consistency to each edition of the paper.

Additionally, as Assistant Editor, Kathryn was always reminding writers about deadlines, helping them come up with content for their articles, and providing

them with feedback.

"There were times in college when it would be midnight the day before an article was due for the paper and I hadn't started it yet. Almost without fail I would find Kathryn to ask her if she was finished with her article (she's very patient with me) and almost without fail she would have already sent it in weeks prior," said Quaranta.

"Kathryn has always had her priorities straight—she committed to the Emmitsburg News-Journal and she knew that it was one of her biggest priorities," Quaranta continued. "And that's how she's been able to help the paper grow into what it has become."

Throughout the years, Kathryn has been involved with and improved all of the "behind the scenes" tasks that are so valuable to a thriving publication.

"While others said, 'Thanks, but I've got other things to do,'" Hillman shared, "Kathryn was ready to take on more responsibility."

"It was under Kathryn's tenure as Assistant Editor that we finally got four students doing the all of the 'Four Years at the Mount' section of the newspaper," said Hillman. "But more importantly, this time was about Kathryn's first management decisions. On one occasion, she had to select just one of the candidates from a pool of three. I remember vividly the call of panic from her – she didn't want to pick because she didn't want to disappoint anyone. But I told her it was her job. She was not happy with me!"

"About two days later, she called me with an option – she wanted to hire all three! When I hung up, I found myself smiling at her solution. Kathryn had figured out a way to make the situation a win-win for everyone," Hillman explained.

Kathryn's role in the hiring process for the Emmitsburg News-Journal set up an infrastructure that will allow the paper to grow and flourish. Kathryn personally chose or recommended everyone who works for the paper, and has trained them to move

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# ... KATHRYN FRANKE, MSM CLASS OF 2013 & 2015



Kathryn Franke has spent the last several years working in various capacities for the Emmitsburg News-Journal, from serving as the Arts Columnist to the Assistant Editor to the Managing Editor.

into leadership positions.

Most importantly, Kathryn has helped the staff to take ownership of the paper, and in doing so, has ensured that the current staff members will hand-pick replacements for their positions who also value the paper.

"Kathryn has taught me to see the potential in others as she has seen in me," said Alexandra Tyminski, the paper's Creative writer.

Eventually, Kathryn was moved into the Managing Editor position as head of the paper.

"In five years of running the paper, I was running out of ideas and growing tired of the monthly grind," said Hillman. "I needed someone who would not only take the load off of me, but who would also put in place a succession plan that would ensure the survival of the paper for years to come."

"Acknowledging that this was her staff – not mine – I gave her signing authority for all the checks, including her own," related Hillman. "I have to admit she was rather embarrassed when I forced her to not only fill out her own check, but to sign it as well. She was rather flustered, but that was my way of telling her that I trusted her."

With more and more responsibility, Kathryn thrived. And the writers who were under Kathryn's direction appreciated her leadership.

"Kathryn is one of those rare people whose determination, dedication, and drive towards a task influence the people working around her," said Caroline King, current Arts columnist of the Emmitsburg News-Journal. "I have no idea how she does all that she does, but it always makes me want to work harder!"

"Kathryn is so awesome," King continued. "[Since] she was the Arts columnist before me, [she] has always been so patient and kind to me as I... try to fill the shoes she left."

Current Senior Year columnist Kyle Ott commented on Kathryn's leadership abilities, "While she is fully capable of taking charge of a project (and she has many times), what's amazing is that she so readily transitions between taking charge and giving everyone who works under her the freedom to pursue his or her own ideas."

Kathryn has improved the Emmitsburg News-Journal by "bringing

the staff together," Ott continued. "The Emmitsburg News-Journal is blessed with a wide range of personality, background, and artistic vision. Kathryn's presence and her hard work is what binds us together and gives us direction."

Perhaps part of the reason why Kathryn is an effective leader is because she is an "out-of-this-world listener," said Tyminski. "Over the past few years, I can tell that Kathryn has done a brilliant job at being able to listen to us, both as writers and as people."

Responsibility for the most difficult parts of leadership rested with Kathryn, too.

"In addition to hiring staff, Kathryn had to deal with firing non-performers – that didn't come easy for her, but again I insisted she had to do it," said Hillman. "In the real world, you can't palm that responsibility off to anyone; you have to do it yourself. And she did it with tact."

Kathryn has also improved the paper by giving the "paper a face," according to Jones. "Many people on the Mount campus know she runs the paper, and I imagine many people in the community do as well, because I know she's gone knocking on doors offering advertising space. She also makes handmade thank-you cards for advertisers during the holidays. She's made it all very personable, so that no matter how big the paper gets, it still has a friendly, familiar face attached to it."

And that's exactly what Mike Hillman had in mind when he first started the paper—a paper with the highest standards that would serve well the town of Emmitsburg and Mount St. Mary's University.

Before Kathryn's time with the paper, many writers and editors for the Emmitsburg News-Journal sent the paper down the right path. But, in Hillman's words, "Kathryn pushed us over the finish line."

"I know now, with great confidence, I can leave one day and the paper will continue with the same level of excellence, thanks to Kathryn," he said.

But perhaps more impressive than any of Kathryn's leadership qualities, or any of her talents or abilities... is her unending joy and selfless love of others.

Kathryn "radiates joy," according

to Junior Year columnist Lydia Olsen. "Kathryn is always [at the meetings] with a smile on her face and a kind word to be said."

"Kathryn has one of the most beautiful hearts of anyone that I know," Olsen continued. "She is incredibly caring and selflessly gives anything she has to anyone in need. She is so talented in so many aspects of life and is sure to have a positive influence no matter where she goes."

"I vividly remember what a happy person she is," said Julia Mulqueen, a former Emmitsburg News-Journal writer from the MSM C'12.

"Kathryn is... someone who is always smiling and has a great attitude," said Tyminski.

"If I ever have had a question about the paper, I would call Kathryn on the phone," Tyminski explained. "However, my 'quick question' turned into an hour or so catch-up session with her. And the best part is that it happened every single time."

"Kathryn is not only a fantastic writer [and] an extraordinary editor... but she is also a great friend to me," said Tyminski.

One way that Kathryn has helped encourage others to experience the joy that comes from serving others was by bringing the idea of the "Pay It Forward" campaign to the Mount.

According to the Mount's website, "Pay it Forward was a book written by Catherine Ryan Hyde, where

"Kathryn is simply one of the finest people you can meet! She has great gifts and is able to bring them together in a quiet way that inspires others and separates her from those behind her. An honors student who has probably won just about every academic honor open to her, she continues to excel in all things that she chooses to engage herself in. In her graduate assistantship position with the Department of Communications here at Mount St. Mary's, her supervisors rave about her performance. She ran track here as a member of the Track Team. She was named Captain. She is a member of the University Karate Club. She is the President. And so it goes for this exceptional lady.

On another note, I have had the pleasure of teaching Kathryn for six years as her karate instructor. She will earn her Shodan, or first degree black belt, this year as a member of the Phoenix Karate-do Association Kyokushinkai International, which is headquartered here at the Mount. She has persevered, trained, sweated, and never quit. When she falls – and she does like all of us – she gets back up and immediately wants to work hard to avoid falling in the future.

While we will miss her at the Mount, I am fortunate in that there is no doubt in my mind, that Kathryn will continue in her karate training and remain active in the Association."

Dan S. Soller  
Executive Vice President  
Mount St. Mary's University

a young boy is given the assignment in class to find a way to change the world, and he comes up with the 'pay it forward' concept. His idea was if he did three good deeds for three different people and each of them went on to do the same for others, the movement could turn into a worldwide sensation."

On April 25, 2013, the Mount community was encouraged to do good deeds for others and expect nothing in return—thanks to Kathryn's leadership in launching the "Pay It Forward" campaign.

"We are so often consumed with our busy lives that we forget to slow down and appreciate how much we can all do to help each other," Kathryn is quoted as saying at the time of the campaign. "Even the smallest acts of kindness are appreciated: smiling at others as you pass them, holding the door for those behind you, and being there for a friend in need."

Kathryn is passionate about serving others, and that was reflected in her work with Hillman and the writers for the Emmitsburg News-Journal and in her monthly column.

In one article, Kathryn reflected on some possibilities for what she might do after college. Kathryn related how she had met a girl at the Mount who was interested in going into art therapy and wrote that it seemed like something she might also "love to do" because it combined two of her favorite things, "art and helping people."

For the immediate future, Kathryn will be working in marketing and not in art therapy, but one thing is sure—Kathryn will have a positive influence on whomever she meets in whatever she does.

"I have always loved volunteering and doing things to make others' lives better," Kathryn wrote in the Emmitsburg News-Journal, "I want nothing more than to end each day with a smile on my face knowing that I have helped make a difference in someone's life."

And that's exactly what she's been doing. Thank you, Kathryn: For your joy; for putting a smile on the faces of all those involved with the Emmitsburg News-Journal; and for your selfless service of others.

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## FASHION

# Reflections on the ready-to-wear

Valerie McPhail  
MSM Class of 2015

If couture houses rule the fashion industry, ready-to-wear brands regulate the trends. The media and retailers are subjects of its influence, looking to bring runway trends and industry insight to the forefront of the public's interest. Couture and ready-to-wear are two notorious runway seasons. The name of the French fashion house Chanel is commercialized on public television and in department stores, just as the name of American sportswear brand Michael Kors is referenced in lyrics on the radio. The impact of these fashion shows is that they have caught public attention through mass media. Now, both women and men desire to approach clothing and style in the same way these shows understand fashion, with personality and interaction with society. Women's wear is the queen of the fashion world.

Women's fashion is creative and innovative because women have learned not to take fashion too seriously. The old societal rules of fashion are hardly considered as style icons are photographed and blogged about for taking risks and showing new styles in fashion. This approach to fashion is different than the mentality of men's and children's fashion that dedicates style and design to the practicality of clothing. As a result, digital blogs and magazines, Instagram and Twitter accounts are captivated by women's approach to wearing fashion. The public has become

increasingly interested in what outfits other people wear and how to incorporate the latest trend in your wardrobe. This curiosity of this approach to fashion is appearing in the menswear and children's clothing industries as well. A woman's sense of style and fashion is her influence on the industry.

In my retail experiences, women customers are the "regular clients," those who have devoted themselves to a brand at a particular store location. And if it's not the woman, it's a man and his wife or a man seeking reassurance in his sense of style, confiding his concern for his fashion finds with a female sales associate. As for children's fashion, women are the customers that crowd Carter's and the Baby Gap during the busiest shopping day of the year, Black Friday, looking for cute ways to dress their children, nieces or grandchildren.

In my own personal shopping endeavors, I remember the stress I felt when I met my dad at the mall one time as my sister and I were leisurely shopping. Right after finding us scanning the sales rack at American Eagle, my dad waited patiently for my sister and I to finishing shopping, but I could sense his urgency. He did not want to shop and was ready to leave the mall. In that moment, I experienced perspective on fashion and shopping. I was initially disturbed and when I asked my mom why he acted this way, her response was, "Most men do not like to shop."

Women's approach to wearing

clothing, on the other hand, makes fashion fun and shopping exciting. Outfits have become creative experiments in the search of how to be expressive through clothing. Exploring the looks from the closing shows of New York, London, Milan and Paris Fashion Week reveals the extravagance and beauty of artistic expression through clothes. From the Marc Jacobs show that represents the end of New York Fashion week, through the Miu Miu's show in Paris, designers reveal their perspective on fashion and style. In the end, magazine editors, blog writers and socialites who sit at the shows are provided with endless opportunities for inspiration. Runway shows are opportunities to experience how designers envision new directions in fashion. After the fashion season is over, the rest of the world eagerly waits for the media to reveal the trends, so they too can express themselves through clothing.

Relating the closing runway shows in New York, London, Milan and Paris will reveal the final message these fashion capitals have to share. After all, finales are always the big, anticipated end-of-events. Marc Jacobs, Emilio de la Morena, Gorgio Armani and Mui Mui have a message for the fashionable cities they show in and for the world of fashion.

For the last couple seasons, Marc Jacobs has closed Fashion Week in New York City. This season, navy, deep purples and reds embodied the Victorian silhouettes of his fall 2015 ready-to-wear collection. The clothes brought a striking romantic elegance. The dark colors of plaid, floral and animal prints expressed Jacob's perspective, a matured spooky sense to high fashion. The color palate paired with styling elements of the show made the show look proper, like the Adams Family's Wednesday Adams. Slim-fitting cocktail dresses opened the show while knee length A-line skirts and evening gowns were standard looks and the trendy pieces of the collection. This collection mixed and matched prints. Marc Jacobs related furry stripes, deep plaids and light paisley to one another. One look, a tailored cropped jacket with fuzzy sleeves paired with a full-length skirt, expressed a clear perspective on the balance between a masculine and feminine bohemian design. Styled with leather gloves and boxy purses, Marc Jacobs cohesively offered New York City fashion options to dressing up for a formal event in classic



A look from Emilio de la Morena's Fall 2015 ready-to-wear show.

schoolgirl gothic style.

Emilio de la Morena was the second to last show during London Fashion Week in February. His show was a reoccurring image of Jacob's woman, however London's girl seemed much younger. There was a blend between innocence and youth in his collection. Models walked the runway in metallic-colored sweetheart-cut dresses, some with velvet and sheer detailing. As the show progressed, so did the complexity of his design. The simplicity of the first looks, solid colored knee-length dresses and pleated skirts, turned into geometric pattern meeting and overlapping dissimilar prints. Emilio de la Morena brought a young spirit to the elegance of formal wear. His collection was both sophisticated and fun. The last two looks of the show were deconstructed cocktail dresses that had neon colored stripes redesigned over the chest of printed dresses. These final looks were sporty with a hint of formal elegance. The pointed strappy heel paired with the deconstructed element of design brought a youthful edge to formal wear. The spirit of London's infamous youthful grunge age collides with eveningwear.

Unlike the Marc Jacobs and Emilio de la Morena shows, Gorgio Armani closed Milan Fashion Week with softer colors and suits. The collection offered a sleek aqua color palate, heavy in minimal prints and tailored blazers with pant suits. In relation to the other shows, Armani brought a balance between

the sophistication of business attire and the innocence of a girly strapless gown. There was juxtaposition between menswear inspired looks, cuffed and collared shirts with pastel colors and delicate beading throughout the collection. This balance in Armani's Fall 2015 ready-to-wear show revealed women's relation to fashion. Its relation to menswear and children's fashion influenced its design aesthetic. Armani brought Milan the calm before the high-energy Mui Mui collection.

The Mui Mui show in Paris had a fundamental design approach similar to the Armani show. Both shows complemented tailored menswear styles with youthful aesthetic. Overtly feminine, Mui Mui's fall collection mixed between brightly colored printed dresses and skirts paired with men's style, knee-length overcoats. The show's mix of colors and prints styled with small boxy purses brought a juvenile, schoolgirl theme to the collection. Mui Mui dressed the adventurous woman who does not take fashion too seriously.

For me, though, fashion is both fun and serious. Fashion is fun because it is creative and it is serious because it is personal. The art of dressing is a way to identify, to communicate yourself to the world. There is space for someone to become an expert on fashion and style through interest and attention to buying and wearing the clothes that makes one feel best. Experimenting with trends and various styles creates an expert on fashion. The overall message of these ready-to-wear shows teaches the fashion world about women's wear accomplishment to balance practicality and style of clothing. Marc Jacobs' Fall 2015 ready-to-wear collection in New York and Emilio de la Morena's London show reveal the spirit of young fashion in these cities, while Gorgio Armani's fall collection and Mui Mui's show illustrate its inspiration from the traditional tailoring known to menswear. All of these fall 2015 ready-to-wear collections showed how women's fashion is influenced by the city for which it presents its collection, while reminding the industry to never forget that personality comes through strong style.

**May 29th - June 14th**

**THE NERD**

Willum Cubbert, an aspiring young architect in Terre Haute, Indiana has often told his friends of Rick Steadman, a fellow ex-GI who saved his life. He has written Rick to say as long as he lives Rick will always have somebody on earth who will anything for him. Rick shows up at his door the night of his 34th birthday. Delight soon begins to fade when Willum realizes Rick is a "hopeless nerd" - a bumbling oaf with no social sense, little intelligence & even less tact. Rick overstays his welcome leading to one uproarious incident after another, until the normally placid Willum finds himself contemplating violence - a dire development, happily, is staved off by the surprising "twist" ending of the play!



**June 19th - July 5th**

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## CREATIVE WRITING

# Looking back in order to look forward

Alexandra Tyminski  
MSM Class of 2015

“Go confidently in the direction of your dreams. Live the life you have imagined,” said Albert Einstein. When we are little, we all have dreams. We tell our parents what exactly we want to be when we grow up. We dream about what could be and where we want to be. One of my dreams of going to college and getting my degree will soon be over. Mount St. Mary’s University’s graduation is creeping up on me. Recently, every graduating senior (including myself) has been asked the question, “What’s next?” However, I think that before we can look forward, it is important to look to our past.

Mount St. Mary’s was actually not my first choice for college. It was my parents who encouraged me to think about the Mount as a possibility. Long story short, parents really do know best. I ended up here, and it has been the time of my life. I know that many people older than me express how college is the best four years of your life, but it is a different four years when you come to the Mount. Looking back, I can see each and every moment where I have grown into the person I am today. It is an honor to write this article about the place that has developed my character.

Why is this time of the year for graduates so bittersweet? Is this a sign that we are truly ready for the next steps? I’m not exactly sure, but I think it is a combination of being excited for what’s ahead and fearful of leaving a comfort zone so dear to our hearts. I think that we fear what it is ahead, if we will succeed, and if we are even well prepared.

Albert Einstein said, “The important thing is to stop questioning.” This year, I want to leave the Mount with a different word other than “bittersweet.” I want to look back and see only why my college experience was absolutely sweet. I don’t want to question if I got everything I could out of my college experience without reflecting on it. So, for my last article as an undergraduate, I have decided to write a thank you letter to the Mount community for all they have given me and for helping make this experience possible.

...

Dear Mount St. Mary’s University, Four short years ago, I stepped onto your beautiful campus. I was unsure of who I was and what I wanted to do with my life. I was uncomfortable, confused, and scared. I came as one person, and I will be leaving as another. I am now confident, inspired, and ready to become a leader. Thank you for providing a place that allowed me to make new friends each and every day. You even taught me to

get rid of my bad public speaking skills. You gave me a great place to expand my knowledge. I have seen and learned so many new perspectives here.

Thank you so much for giving me professors that care about my professional and personal growth. They have really taught me how to work hard. I now understand why college is so hard and why it is important to keep working hard even beyond college. When there were times I thought I couldn’t make it until Friday, you allowed the professors here to be willing to work with me. Most importantly, thank you for all the morning coffees that provided me with energy to get through my harder school days.

You should also really be thanked for your location. It could not have been a better setting and environment. On a day of sunshine, rain, snow, or clouds, the Mount is still beautiful. Thanks for being my resting place, Mount St. Mary’s. You have really helped me grow in my faith life and my relationships and realize that I need to enjoy the small things in life. You even stretched out my adventurous side and encouraged me to dabble into the bigger things too. When I look back at my experience, I can’t help but smile at all of the fun activities that I participated in during my four years. At the Mount, I can say that I have done things such as rock climbed outdoors numerous times, caved in the mountains, gone to Hershey Park, enjoyed the crab feast every year, led retreats for other students, attended retreats for myself, traveled to do various service trips, and gone to other events like dances, homecoming, sports games, concerts, and karaoke.

Thank you for giving me friends that care about me and for the friendly faces that work here. The man who gives me my breakfast in the morning knows my order without asking. The woman at the cash register remembers my family when they come to visit. I have even eaten breakfast with the women that work in the café sometimes. Thank you for their presence and joyful attitudes as they have served me these past four years. My friends have been wonderful and you have given me



“Mount St. Mary’s has allowed me to develop sound thoughts, arguments, and reasoning. It is because of it that I want to strive to be a better person in both my career and my personal life.”

the best memories with them.

Mount St. Mary’s, you are an exceptional school that has prepared me for what is next. You have showed me why we should think more deeply about certain issues and how we can become better thinkers. Thank you for granting me opportunities to lead at the Mount through giving tours as a Mount Ambassador and leading the MLK Day Committee, and for introducing me to Mike Hillman so that I could write for the Emmitsburg News-Journal. The Mount has taught me to never say, “No, I can’t,” and always say, “Yes, I can,” when I am challenged with something. I have also learned to develop sound thoughts, arguments, and reasoning. I appreciate the finer things more and try to live more virtuously. It is because of you that I want to strive to be a better person in both my career and my personal life after graduation.

Before I finish the letter, there are just a few more things I need to look back on. To my mom and dad, thank you for giving me my college experience and the educational foundation I need to succeed. One thank you is never going to be enough to express how much I am thankful for your support, guidance, and

love. I wouldn’t be able to thank the Mount for all it has done for me if it weren’t for you both. I think that it is easiest to forget about how much our parents are a part of our college lives since, for most students, they live in a different place than we do. But, I know that you have been with me here in all that I have done, my decisions, and who I am becoming. You first showed me what the Mount had to offer. I will always be grateful for the people you are and for your great leadership. I would not be walking across the stage in May if I didn’t have you.

My final thank you is for your patience with me. I know that it has taken me these past four years to fully understand your mission as a university. I now get it. You have created the new me. I am no longer a young freshman who is concerned about the future. You have

taken me and grown me in every which way, given me people and experiences to shape my perspectives, provided opportunities to teach me about the things I’m most passionate about, and transformed me into the young woman who is ready to be the change she wants to see in the world.

Thanks again, Mount St. Mary’s University. I know that when I walk across that stage, I will look back on everything that you have given me. Courageously, I will look forward to my future. I know that you will be cheering for me on the sidelines as I go into the world. I will be leaving you with only a sweet feeling rather than a bittersweet feeling. Aristotle reminds me that “the roots of education are bitter, but the fruit is sweet.” Holding you in my heart, I will forever be thankful.

To read more articles by Alexandra visit the Authors section of Emmitsburg.net.

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## ARTS

# Celebrate Majestic's 90th anniversary

Jean Grubesky

On Saturday, November 14, 2015, Gettysburg College's Majestic Theater will celebrate its 90th birthday which is traditionally marked by diamonds, a symbol strength and beauty. Looking back on its 90 years as "the cultural crossroads of the college and the community" as envisioned by its founder and downtown booster Henry Scharf, the Majestic has displayed strength and beauty throughout its history from countless, memorable movies and sweet smooches in the balcony to high school and college graduations to the 2005 transformation into the magnificent Jennifer and David LeVan Performing Arts Center that presents world renowned artists and celebrates the cultural heritage of Adams County. It's a year to celebrate and this summer the Wednesday Night Majestic Movie Memories are dedicated to the last 9 decades of great movies!

Launch the summer with Wings (1927) on June 3, 2015 as Clara Bow and Buddy Rogers star in the silent film epic about WWI flying aces with thrilling dog fights that earned the film the very first Academy Award for Best Picture.

On June 10 see It Happened One Night (1934) with Claudette Colbert and Clark Gable as they star in Frank Capra's romantic comedy that won five Oscars. Every patron sporting a Clark Gable moustache gets a free bag of popcorn. Then, enjoy the music of Rose Marie (1936) on June 17 with America's singing sweethearts, Jeanette MacDonald & Nelson Eddy, as they warble their way across the scenic Canadian Rockies in search of fugitives, romance & echoes.

In the patriotic mood...get on your red, white and blue for Yankee Doodle Dandy (1942) on June 24 with Jimmy Cagney as he tapped his way to an Oscar with his "star-spangled banner" portrayal of Broadway legend George Cohan. On July 1, see The Best Years of Our Lives (1946) as director William Wyler's moving account of three WWII veterans returning home to small-town America starring Frederic March & Myrna Loy. Then join the infamous John Wayne on July 8 in Rio Grande (1950) with & Maureen O'Hara as they star in director John Ford's timeless tribute to the American West & the US Calvary. Finish the 1950's decade with your dancing shoes on with Carousel (1956) on July 15 in Rodgers & Hammer-

stein's beloved seaside musical starring Shirley Jones & Gordon MacRae.

Dr. Strangelove (1964) is next with Stanley's Kubrick's brilliant & biting satire on the Cold War starring Peter Sellers, Sterling Holloway & George C. Scott on July 22nd. Then on July 29 enjoy Bye Bye Birdie (1963) with Dick Van Dyke & Janet Leigh as they star in this irresistible musical comedy about a small Ohio town that gets caught up in rock 'n roll mania.

Round out the summer with these August favorites starting with Close Encounters of the Third Kind (1977) on August 5th Steven Spielberg's blockbuster science fiction adventure about alien intelligence starring Richard Dreyfuss & Melinda Dillion. All aliens are requested to park their space crafts on the upper level of the borough parking garage. The blockbuster

Indiana Jones and the Temple of Doom (1984) is on August 12 when Harrison Ford returns as the whip-cracking archeologist in Steven Spielberg's rip-snorting adventure film. The Big Lebowski (1998) is on August 19, the Coen Brothers original comedy about "The Dude" gets caught up in a web of mistaken identity, ex-



tortion, embezzlement, sex, pot & bowling starring Jeff Bridges, John Goodman, Julianne Moore & Steve Buscemi. And for the finale, we will present Gladiator (2000) on August 26. A Roman general is betrayed and his family murdered by a corrupt emperor, as he seeks revenge in the arena. Starring Russell Crowe & Joaquin Phoenix. Relive these great films

"on the Big Screen" in the historical Majestic Theater, Gettysburg starting June 3 through August 26 at 7:30 p.m. - tickets only \$6.00. To purchase tickets, call 717-337-8200, or stop by the Box Office, 25 Carlisle Street, Gettysburg. The Box Office is open Monday through Saturday from Noon until 7:30 p.m. and on Sunday from 1 to 5 p.m.

## Way Off Broadway's youth camp

As more and more young people are becoming interested in performing and learning about live theatre, it has become paramount for parents to find the

right theatre education program that fits their child's needs. This is especially true if these classes will be a first introduction to the performing arts. With nearly two de-

cadecades of experience in theatre education, The Way Off Broadway Dinner Theatre is still one of the most popular and well-respected programs in Frederick.

This year's Theatre Summer Camp will be the 19th year the area's only year-round, regional producing theatre has offered the classes. Sessions will once again be offered in both Drama and Musical Theatre for various ages. Students in the Drama Camp work on performance skills through im-

prov and acting exercises, while Musical Theatre Camps focus on all aspects of musical theatre through vocal music, acting exercises, and basic choreography. At the end of each session, students put on a production.

Two Musical Theatre Camps will be offered this year. The first running from July 6th - 16th for ages 9 - 12 and the second for ages 13 - 18, running July 20th - 30th. The production the Musical Theatre Camp for ages 13 -

18 will be working on is Legally Blonde Jr.

The Musical Theatre Camps are taught by Way Off Broadway's Executive Producer, Bill Kiska, and Creative Director, Jordan B. Stockdale, with Megan West joining the theatre's education team to direct the Drama Camps this summer.

Registration is currently underway. Space is limited and done on a first-come, first-serve basis. A complete listing of camp sessions and their details can be found on the theatre's website at [www.wayoffbroadway.com](http://www.wayoffbroadway.com).

Under the direction of the Kiska Family since 2002, Way Off Broadway proudly celebrated its 20th Anniversary Platinum Season in 2014. Since it first opened in 1995, the theatre has been a leader in the area's theatre community, proudly bringing both classic musicals, as well as regional and area premieres to the local stage.

Way Off Broadway is also the home of a one-of-a-kind children's lunch theatre, offering entertainment for the entire family, giving children a chance to see their favorite characters live on stage. In addition to its regular season, the theatre produces a number of special events throughout the year an interactive mysteries series. For more information on Way off Broadway visit [www.wayoffbroadway.com](http://www.wayoffbroadway.com).

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**thurmont thespians**

The Thurmont Thespians are proud to announce auditions for "Seussical, Jr.," their annual children's summer theater workshop, directed by Rebecca Richards. Auditions will be held Saturday, May 16 at 9 a.m. and Monday, May 18 at 6:30 p.m. at St. John's Lutheran Church, 15 North Church Street, Thurmont. Auditions are for children ages 7 to 14 years old only. Older teens are encouraged to help with stage and production crew. Please be prepared to sing a short song. Every child that auditions will be given an onstage role in the show. The Thurmont Thespians are proud to present the summer workshop at no cost, but parents are encouraged to assist with fundraising. Children will learn all aspects of theater. Performances will be held in July. For more information, please contact Becca at 240-446-2441 or by email at [beccanoelle122@gmail.com](mailto:beccanoelle122@gmail.com). You can also find out more by visiting the Thurmont Thespian Facebook page.

# Thurmont's Art, Wine, & Cupcake Walk

Caroline King  
MSM Class of 2015

I've attended Mount St. Mary's University for four years now. It's been a rollercoaster ride. I've learned so much here as a student and as your arts writer. Each year really did go by more quickly than the last, until in a haze of snowy winters, late night essay writing, and allergy-filled springs, I've arrived at the very end of my experience. The last three weeks, the last spring. And then on May 10, I will graduate from the university and from, dear readers, the position of your arts writer for the Emmitsburg News-Journal. It's a little bittersweet looking back now at every article I've written and all the classes I've taken. I can honestly and truly say I'm going to miss this, all of it.

But we have a few weeks of beautiful emerging spring (and one week of final exams for me) before we have to worry about that. And we have this one last article before I have to say goodbye, at least just for now.

Lately, there has been one thing I enjoy doing more than anything else this time of year. It's simply taking a walk and enjoying the return of the sun. The slowly greening grass, the blooming trees, and even the annoying bugs that signal that yes, the warm weather is returning, are delightful, and I've been fully intending to soak it all up. It's a sentiment shared by many, if the amount of people I see when I walk is anything to go by. It doesn't have to be a long walk, maybe just taking the slightly more winding path back to the dorms or taking a detour to dinner. But some of my favorite walks are taken in the quiet evening, when the sun is just starting to set. I walk and sit and listen to the chirps of birds fade into the calls of frogs until the breeze kicks up and the chill of the sun's retreat sends me scampering to-

wards my room and warm blankets. And more often than not, piles of homework left to do. But not for long!

As I write this, I have twenty-one evenings left to walk and enjoy the beauty that is packed into every crevice and inch of space in our lovely mountain community. But there's one night that promises a brief repose from my solitary walks and offers a different kind of beauty. Best of all? This is a kind of beauty that can be shared.

On May 8, I will be attending my very last event as the arts writer for the Emmitsburg News-Journal. That is, the Signs of Spring Art Walk, located on Thurmont's Main Street.

It's amazing how well the cycle of my time as the arts writer is wrapping up. One of my very first articles focused on an art walk and now it's come full circle. There will be so many amazing artists and businesses there, many of whom I've interviewed for prior articles! The walk will begin at 6pm and continue until 8:30pm. If you haven't attended this event in the past, this walk will be a perfect opportunity to familiarize yourself with local artists and the art scene in general.

As I said before, many of the artists there will be people I have interviewed and spoken to for prior articles and I can assure you, our community hosts some of the kindest artists I have ever met. Their pieces and drive speak volumes about our community. Rebecca Pearl will be having an art exhibit at Timeless Trends Boutique, featuring new work from the historic Roddy Bridge. She will also have limited edition prints, and if you remember the article interviewing her about the "Cozy," you have another chance to see her tribute in remembrance to the community. Yemi will also be there showing off some of his work, and if you haven't seen his mural on the side of the Timeless

Trends Boutique, make sure you do so! John Nickerson and Nancy Houston will both be displaying there, and "Art From The East Side" will be on display, consisting of art by Linda Sandagger, Sharon Crider, Cindy Poole, and Russ Poole.

We live in a wonderfully active art community, so be sure to stop by and enjoy the works from all the artists who help make our community great.

If that's not enough to get you excited and come out to enjoy the warm weather, there will also be food, music, dancing and more. There will be music by Paul Zelenka, dance by ESP, cupcakes by Michele Nolan and Joan Hurley, and food from Fine European Catering. Not to mention two wineries and a whole slew of local businesses. The Timeless Trends Boutique will be there participating, as will Browns Jewelers, Gateway Florists, Hobbs Hardware, Twice is Nice, Thurmont Bar & Grill, and Thurmont Kountry Kitchen. Of course, the Thurmont Historical Society will also be participating and there will be tons of prints and artwork for sale.

Spring is in the air and we're all excited! It's a time of great change and new beginnings. Flowers are already poking their heads out of the ground and even though the nights are chilly (and it's been a little too windy to be that warm!), we're finally moving forward into summer and shedding jackets and sweatshirts altogether. And what better way to celebrate the new coming warm weather than going out into the town with family and friends and enjoying everything the local art scene has to offer? I know I'm going to enjoy it one last time as a reporter and hopefully I'll be able to come to many more of these art events even after I graduate. Warm weather, music, art, and food...who could resist that?

Again, I hope you will join me



Roddy Road Bridge, Rebecca Pearl

for a final stroll through Thurmont. Visiting all the amazing artists and businesses that gave me such positive experiences as your writer will be the perfect last hurrah and goodbye. It's been a pleasure and an honor to bring you the updates and news about our art community. To all the sweet and amazing artists and local businesses that I have been blessed to interact with and speak to for these articles, thank you. My experience with the Emmitsburg News-Journal has been one of the most life-changing and meaningful experiences I have had throughout my college experience. I thank every

single one of you who read my articles (or were in them!) from the bottom of my heart. I can't imagine a better experience to have, and hopefully we can enjoy the nice weather, wonderful food, good company, and as always, the beautiful art together, one last time. Thank you, and goodbye for now. I'll be sure to visit!

For more information on the Signs of Spring Art Walk visit: [www.facebook.com/ThurmontFirst](http://www.facebook.com/ThurmontFirst).

To read more articles by Caroline visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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# SPORTS

## Catoctin Chaos

Michael Donahue

On March 18, the Catoctin Chaos took on Blaine County Recreation District (BCRD) in the U14 rec league. Both of these two teams came into the game ranked high and looking for a win. BCRD began the game quickly trying to break the back line of the Chaos. The backline held and Catoctin was able to counterattack. BCRD was forced to foul Kyle Crome while he was trying to play the ball through the back of the defense. The free kick was delivered, bringing with it the first chance of the game. The free kick slid all the way through the 6-yard box with a few players on both sides missing the ball.

After Catoctin's free kick, BCRD began a long possession base attack. For five minutes of play, BCRD held the ball deep in the Chaos defensive zone. Throughout the five-minute attack, BCRD generated a corner, two shots wide of the net, and a shot on target. Catoctin was able to break BCRD's offensive with a counter of its own. However, BCRD quickly moved back on the offensive. BCRD moved the ball effectively and was able to slip through the backline of the Chaos, leading to a 1v1 with the Catoctin keeper, who made a fabulous save. He dove for the ball, sending the rebound up the field. Unluckily, BCRD was the first to the ball and was able to chip it over a keeper who was still sprawled on the ground.



Not five minutes later, BCRD was able to break the line of Catoctin again, this time with fabulous dribbling abilities. BCRD crossed the ball into the mix of Catoctin and BCRD players. Unfortunately, the ball struck Jeremy Hochschild and deflected into the net. However, Chaos' morale improved after two quick goals, sparking a renewed attack against BCRD. They stayed on the attack for five minutes until Konnor Crome sent a shot in from the top right of the 18-yard box. The BCRD keeper crashed the shot, yet was unable to catch the ball. The rebound dribbled away from his hands and three tenacious Catoctin players were all there fighting to claim the rebound and credit for putting the ball into the back of net.

The Chaos was not done there. They followed their goal with a quick attack down the far side of the field. Catoctin sent a cross in and Kyle Crome struck the ball in mid-air beautifully. Unfortunately, the ball was hit right into the keeper's grasp and with his save the referee called halftime.

To start the second half, BCRD went back on the attack, wearing at the Catoctin defense. After 10 minutes, BCRD is able to force Catoctin to give up a corner. The ball was swung in from the fall corner and skipped through the box to the back of the post, where it was buried by BCRD. Catoctin began an attack of their own and was able to generate a few chances, however BCRD was able to strip the ball away from the Chaos and counter. Catoctin had pushed too far up the pitch, trying to generate a scoring opportunity, and they were exposed. Off to the races, BCRD was able to place the ball beautifully in the top left corner.

Catoctin continued to fight. However, BCRD dropped the majority of its team into the defensive side of the pitch and tried to prevent Catoctin from generating any more chances. The strategy worked.



Catoctin maintained possession but could not generate a scoring opportunity. They were finally able to score, however it was not the fault of BCRD. Rather, it was the skill of the strike. The ball was struck from an odd angle from about 20 yards away. The ball sailed into the top corner of the goal brilliantly. However, Catoctin could not build on its success and BCRD was even

able to counter the Chaos and score a goal very late in the game. The game ended 5-2 but could very well have been closer. The Chaos built opportunities and had the skill to compete with BCRD. During the game, they unluckily experienced a few bad bounces and left themselves open for a counter too many times. However, the Chaos has the talent to compete with BCRD.



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# Mount men's and women's rugby

**Bridgette Nitza-Buwala**  
MSM Class of 2015

The Mount St. Mary's University men's rugby team has proven that they are not a one hit wonder, but rather a program with continual success. On March 28, the men won a game against Susquehanna University (65-29) and on March 29, they won yet another game against the Duke University Blue Devils (67-14). These wins solidified the Mount men's return to the National Small College Rugby Organization (NSCRO) Championship "Final Four" tournament.

In the first game of the "Final Four" on Saturday, April 25, the men faced St. John's University of Minnesota. Though St. Johns was two-time defending champion, the Mount ended the game victoriously with a score of 55-45, earning their chance to compete again in the championship the next day on Sunday, April 26.

The game was a tough one, and both teams showcased tremendous effort and skill. Unfortunately, the Mount was defeated by New England College with a score of 32-15 in this final game. Still, the men placed second in the NSCRO, which is no small feat! The men of Mount Rugby have reminded all in the nation of their team's great potential. The team's Facebook page, "Mount St. Mary's Men's Rugby," proves the men are not discouraged by this defeat, but rather ready for next year. A recent post after the championship game stated, "We look forward to returning."

Both this and last season, guest coaches from Australia have contributed to the development of our university's rugby programs. The Men's rugby head coach, Jay Myles, specifically stated, "The success we have had has been from learning international play through their knowledge. This knowledge has allowed us to take the next step and become more competitive."

One guest coach from Australia explained that he and others opened a business in 2014 in order to build an American market. They contacted universities and quickly heard back from Coach Myles. Since that time, this guest coach has formed a personal relationship with Myles that extends beyond the rugby field. The guest coach feels privileged to experience the Mount culture.

The implementation of a welcoming Mount culture within the rugby program has always been important to Myles. He was excited to share that 53 accepted students, who could attend the Mount next year as freshmen, showed interest in joining the rugby program.

In four years time, these 53 students could leave the Mount as Myles hopes this year's seniors will: "Not only as good players, but also as good men." Myles often asks these men, "What do you want to leave behind?" To which, they answer, "We want to leave the rug-



The seniors of the 2014-2015 Mount women's rugby team (Photo Credit: Nataly Cisneros-Huacacolqui).

by program even better than it was when we began."

Senior Craig Sakowski can attest to all that was explained by Coach Myles.

"This season of rugby has been spectacular," he explained. "Not only did we earn the opportunity to return to Glendale, Colorado for the national championship following a dominating performance at the sweet 16's, but we have also spread the game of rugby and our culture to the community as well. We once again participated in 'Walk A Mile In Her Shoes' last semester, and when we traveled to Charlotte for the sweet 16's, we stopped at a children's hospital to visit with different doctors and teach children at a protective service's children's home how to play rugby."

"In rugby, there is no room for selfishness. The very first rule is to put the team above yourself, and I am proud to say that the men I call my brothers on this team exemplify this belief. We always strive to make ourselves and our team better, and I think I will most miss the complete dedication and sacrifice that these

men have given not only to me, but also to the program as a whole."

Under the direction of Coach Scott Stratton, the Women's Rugby Football Club has also proven themselves to be quite successful.

The women recently participated in a practice alongside the men, led by the Australian guest coach. Two freshmen women, Nataly Cisneros and Molly Stocker, raved about this practice. They enjoyed the experience, in addition to all other experiences they have had as a part of this year's Mount rugby program. Cisneros and Stocker have bonded with senior women's rugby player Alex Biris, who has provided her own thoughts on the women's season.

"Our season has been pretty slow," she admitted. "We haven't had a lot of games because teams keep backing out on us. We have a few girls participating in a 7s tournament and they could possibly be going to nationals! Our overall success is because of all of the hard work the girls have put into the team. When we knew we were going to 15s nationals, we made a big effort to get up early and run the



The Mount women's rugby 2015 7's team (Photo Credit: Nataly Cisneros-Huacacolqui).

loop in the cold."

She, like Sakowski, has been forever changed by her teammates.

"After the 17 seniors leave, I can see the underclassmen flourishing into even better players. They will be given good playing time and they will be our legacy. What I will miss most about rugby is all of the friends I have made on the team. They have become my family and they will always have a special place in my heart. I will miss all of the blood, sweat, and tears we have all put into making this team what it is today. We literally started from the bottom and worked our way up to playing for a national title. I will miss the hotel trips and laughs we all shared. And I can't forget the ice baths!" Biris exclaimed.

Cisneros and Stocker have not only formed close friendships with each other and Biris, but also with their entire club. They look forward to the three years they have ahead of them as Mount rugby athletes.

"As a freshman, the one thing I am looking forward to is the bonds and friendships that come with a new year of rugby," Cisner-

os explained. "Even though I'm of course excited to play for another three years, the bonds we make here last for a lifetime. Even if you graduate, you are always part of this team. Our alumni come to the majority of our games and support us. Two even became assistant coaches. We are a family here and that's why I love it so much. We welcome anyone who wants to learn the sport with open arms. We don't cut anyone and we make sure everyone is having fun because that's what it is all about. Joining this sisterhood was one of the best decisions I have made and I wouldn't change it for anything."

Stocker added, "The Women's rugby program is only three years old and we're already going to nationals, so I can't wait to see how much bigger and better it gets."

Neither can the Mount community. Staff, students, faculty, and the Emmitsburg News-Journal have followed the Mount rugby programs. All are impressed by its notable growth. As Coach Myles stated, "We hope such success continues to be an annual occurrence."



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## COMPLEMENTARY CORNER

# Stillness

Renee Lehman

We seem to be living accelerated and on-demand lives. We and our lives appear to be moving faster and faster, at the frenetic speed of machines. Yet, we are not machines. We are humans, and I would say that we are “getting out of breath.” We are on-demand 24/7 with our bosses, parents, children, etc. We are constantly looking to do or reach higher levels of excitement. How can we keep up with this? Is it even healthy to keep up with this? The ancient wisdom cultures would say no. Why should we say no? Because from a Traditional Chinese Medicine perspective (TCM), your Heart and your Heart Qi (chee) will thank you!

Remember that TCM deals with balancing the flow of the natural vital energy, or Qi which flows through all living things. Each organ of the body has Qi, and this Qi flows through the body on specific pathways called Meridians and is essential for health. When the Qi is balanced, moving smoothly, and in sufficient quality and quantity, health and wellness are promoted. When the Qi is unbalanced or blocked in any way, disease or disease, will occur. This disease may show up as symptoms on a physical, mental/emotional, or spiritual level.

Also, in TCM, the Heart is associated with the naturally occurring element of Fire, and has many functions on a body, mind, and spirit level. The Heart is considered to be the “Supreme Controller.” In China 3000 years ago, there was an Emperor who governed his kingdom. The Heart is your Emperor/Empress who controls and co-ordinates all of the Officials within the body (your other organs) and at the same time relies on them for guidance in “running the kingdom.” If the Heart radiates virtue, then all will be in harmony, balance, and peace.

On a physical level, the Heart is responsible for circulating blood to all parts of the body. When this is done well, then we feel nourished and strong. When the

Heart is in balance, one can fall asleep easily and stay asleep, complexion is clear and radiant, there is a sparkle in one’s eyes, and there is appropriate sweating.

On an emotional and mental level, the Heart is responsible for clear thinking, insight, cognition, perception, consciousness, and self-awareness that gives life meaning. When the Heart is in balance, one has the ability to maintain a sense of inner order enabling you to have appropriate behavior in any situation, thus giving you the ability to have meaningful relationships.

On a spirit level, the Heart is responsible for your capacity to feel compassion and demonstrate warmth, joy, and love. When in balance, the Heart allows you to feel calm, serene, and to “just be.”

In ancient TCM texts, it says that too much excitement or mania damages the Heart. What is meant by too much excitement -- Living off of your adrenaline. It is the emotion that is much too commonly sought out by us living in the Western world. How many of you can relate to striving for bigger and better thrills? It doesn’t matter whether you find this within the world of sports (the hard hits of football), video games, movies, or in adventures of your own life. You probably identify with this somehow. Peaceful, calm living is often seen as dull and boring! Even look at how some sportscasters are currently speaking about Major League Baseball – it is too boring when compared to the rougher sports of football, basketball, and ice hockey!

How many of you have ever experienced intense excitement, and then had a huge “letdown” afterward? Maybe you felt sad, or exhausted, or both? This is analogous to a blazing Fire burning itself out. And, in nature, Fire can burn itself out! Remember that the Heart is an important part of the Fire element in TCM. When you feel sad or exhausted after intense excitement, your Heart is “tired.” This rebound effect often leads one to seek out more excitement instead of peace. Who in



this world wants to feel sad, tired or bored? So, a vicious cycle continues.

How many of the following questions do you answer “YES” to?

1. Do you often work through your lunch hour or eat meals on the run?
2. Do you over-ride feelings of tiredness and continue to work?
3. Do you often feel obliged to work late?
4. If you are ill do you go back to work before you have fully recovered?
5. Do you find yourself continually juggling so many things that you never stop to rest?
6. Do you exercise even when you have not been sleeping well because your body couldn’t slow down?
7. Do you stay up late doing things, and then wake early for work?
8. Do you frequently use “energy” drinks or caffeine to help you keep going?

If you answered Yes to three or more of these questions then consider being STILL! To keep your “Fire” stoked appropriately and your Heart healthy, you need more balance! Do things to create a more peaceful life! Oh, how boring you may say!

In reality, a peaceful, calm life is far from boring! Stillness leads to

better health and emotional intelligence. Only by resting, can you come up with fresh and creative ideas. One must give your imagination room to breathe. Do you love music? I once heard someone say, “It is the pause in music that often gives the piece its beauty.”

If you went to the doctor and she said that for your cardiovascular health, you needed to start exercising 20 minutes each day; or to treat an injured shoulder, you had to go to physical therapy for several weeks, you would go. Correct? Why then, if it is recommended for mental and spiritual health that you spend 20 minutes each day being quiet, wouldn’t you do this? Does this sound too lavish? You may say that you don’t have time to do this. When in actuality, this could be much more fundamental to your overall well-being.

How could you begin to build some stillness into your life? Think about the following things:

- Check that you are getting enough breaks at work; you are resting during the day; and you are incorporating some stillness in your day to nourish yourself.
- Schedule a small amount of rest time into your day if you have not in the past.
- Do some restorative activity, such as yoga, qigong, tai chi, meditation, or anything that reconnects you to the natural

world around you.

- Scheduling some space for pleasurable activities (like getting a massage, taking a relaxing bath, or listening to music); even if it is only for a short time period, can rejuvenate you.
- Just sit where you are, and take some deep breaths.

I say that your HEART will thank you!

“In an age of acceleration, nothing can be more exhilarating than going slow.”

And in an age of distraction, nothing is so luxurious as paying attention.

And in an age of constant movement, nothing is so urgent as sitting still.”

- Pico Iyer (author of the book: *The Art of Stillness: Adventures in Going Nowhere*)

“It is not wise to dash about. Shortening the breath causes much stress.

Use too much energy, and You will soon be exhausted.

That is not the natural way.

Whatever works against this way will not last long.”

Tao Te Ching

*Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.*



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## FITNESS AND HEALTH

# Keep moving

## Exercise can improve health

By Linda Stultz  
Certified Fitness Trainer/  
Fitness Therapist

This article is allowing me to share with you some personal experiences from someone who was diagnosed with Multiple Sclerosis and how they feel exercise helped improving this condition and others that stem from MS. They are involved with the MS Walks and have been for several years but were unable to participate one year because of a persisting plantar fasciitis problem which many of us have experienced. The recommendation of a podiatrist was following a program of regular stretching exercises to regain flexibility and exercises to strengthen the muscles of the heel. Orthotics was also recommended to help keep the foot and arch in good alignment. Several months later, after following the stretching and strengthening exercise program faithfully, they decided to add weight lifting conditioning exercises along with aerobics to round out a complete pro-

gram. They wanted to help improve joints and muscles as well as help with energy and endurance. They were able to complete the MS walk and now feel much better in their daily activities as well. They contribute the big improvement to the special exercises and getting more activity over all. I am so glad they were willing to share their experience with me so I could get the word out to you. I hope that reading this person's experience may help you find the strength you have been looking for to get moving in whatever capacity you are able to start. I realize getting started is very difficult but once you do you will feel so much better. I am not trying to make any of this sound easy, but working on your health to give you a longer, happier and healthier life is so worth it. Maybe getting involved with a local fundraiser like the MS walk or any of the other community events to raise money for whatever disease or concern you or a family member may have is the motivator you need to introduce you to the exercise that will get

you started. Multiple Sclerosis is just one of the health conditions that exercise can help. I have listed them in the past, but I think a reminder is always good. Diabetes, heart conditions, high blood pressure, high cholesterol, depression, knee, hip and joint problems are only a few of the health conditions we are faced with. Obesity is probably the biggest problem that we need to control and some of the others I mentioned would not develop. I know exercise is not the cure for all health problems for all people but it can be a way to control or help for some without taking medication. Sometimes a combination of exercise and medication is the answer. Whatever works for you is certainly worth trying to keep you around and enjoying life as long as possible. I am sure we all know someone or we ourselves are faced with at least one of these conditions. Take a few minutes to see if you need to work on any of the above mentioned conditions and think about checking with your doctor to see if you are able to get started. A little work now may mean less pain as we get older. If you need any help getting started call me at 717-334-6009 with any questions. Remember Keep Moving!!!

# Fitness matters

George Puvel  
Anytime Fitness Owner

Question: My work schedule has changed and I will need to switch my workouts from evenings to early mornings. I've never been one to workout in the morning and need some advice on how to stick to my exercise program.

Answer: Changing your exercise time will be challenging at first, but since you already have exercise as part of your weekly routine these 3 tips should help you make the transition from evenings to mornings easier. Schedule in exercise like you would your dentist appointment or a work meeting. Write it down in your calendar or smartphone and set a reminder alarm for the night before. Be sure to review your calendar and ensure you can get plenty of sleep the night prior so your workouts are effective. Try moving your alarm to the other side of the room so you'll have to get up and get out of bed to shut it off. Once you're up it'll be much easier to get moving. Give yourself enough time to eat a small snack (a banana, toast with peanut butter or a hand full of almonds) and drink coffee (if you normally do), plus drink at least one glass of water on your way to the gym. Lastly, lay out your workout clothes the night before and pack your gym bag so you are ready to go and can get out the door quickly and stress free. Exercising in the morning is a great way to get your day started and check a very important 'to do' off your list!

Question: Every once in a while my knees ache and I need to take a break from performing exercises like squats and lunges. Are there any other good leg exercises I can do to strengthen my legs without putting stress on my knees?

Answer: The hip bridge is a great body-weight exercise that you can do to strengthen your glutes and hamstrings all while working your core and stretching your hip flexors. An excellent swap or addition to your workout, this exercise can be done anywhere and with no equipment necessary. Lie on your

back, knees bent, feet flat on the floor hip-width apart, arms relaxed at your sides. Squeeze and lift your glutes off the floor, pushing with your heels. Your body should be in a straight line from your knees to your shoulders. Hold this position for two seconds then lower back down to the floor. The hip bridge can also be performed with one leg by keeping one foot on the floor, lifting and holding the opposite knee towards the chest, and raising your glutes off the ground.

About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at [ThurmontMD@anytimefitness.com](mailto:ThurmontMD@anytimefitness.com).

villageorthodontist.com', 'Thurmont Office: 240-575-2877 / [gwsmls.com](http://gwsmls.com)'."/>

## ASTRONOMY

# The night sky of May

Professor Wayne Wooten

For May 2015, the Full Moon, the Rose or Strawberry Moon, occurs on May 4th. The following evening, the waning gibbous moon passes two degrees north of Saturn in SE sky. The moon is last quarter on the morning of May 11th, rising about midnight. On May 18th, the moon is new. The next evening, the waxing crescent moon passes 6 degrees south of Mercury, low in the SW twilight. On May 21st, the crescent moon sits eight degrees south of Venus, well up in the SW sky. The moon is first quarter on May 25th, passing five degrees south of Jupiter overhead.

Mercury comes into the evening sky early in May, with its greatest eastern elongation on May 7th. Venus still dominates the evening sky, far brighter than any other planet. Mars is lost in the sun's glare for the next several weeks. Jupiter is still well placed of early evening sky in Cancer, just east of Regulus in Leo. This is the month for Saturn, which comes to opposition on May 25th, rising in the east in the claws of Scorpius at sunset. This photo of the ringed wonder is by EAAA member Rick Johnston, and shows Saturn with its



A stunning image of the star cluster Westerlund 2 and gas cloud Gum 29 was chosen as the official photo for the Hubble telescope's 25th birthday.

rings about as open as they now appear in the telescope. You can also spot four of its larger moons in his photo, taken with an 8" telescope.

The winter constellations will soon be swallowed up in the Sun's glare, but Orion is still visible, with its famed Orion Neb-

ula, M-42, seen below the three stars marking his famed belt. Dominating the southwest is the Dog Star, Sirius, brightest star of the night sky. When Sirius vanishes into the Sun's glare in two months, this sets the period as "Dog Days".

The brightest star in the NW is Capella, distinctively yellow in color. It is a giant star, almost exactly the same temperature as our Sun, but about 100X more luminous. Just south of it are the stellar twins, the Gemini, with Castor closer to Capella, and Pollux closer to the Little Dog Star, Procyon.

Overhead, the Big Dipper rides high. Good scouts know to

take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. If you drop south from the bowl of the Big Dipper, Leo the Lion rides high. Note the Egyptian Sphinx is based on the shape of

this Lion in the sky.

Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley. Just east of Arcturus is Corona Borealis, the "northern crown", a shapley Coronet that Miss America would gladly don, and one of few constellations that look like their name. The bright star in the crown's center is Gemma, the Gem Star.

Spike south to Spica, the hot blue star in Virgo, then curve to Corvus the Crow, a four sided grouping. The arms of Virgo harbor the Virgo Supercluster of Galaxies, with thousands of "island universe" in the Spring sky.

To the northeast Hercules rises, with his body looking like a butterfly. It contains one of the sky's showpieces, M-13, the globular cluster faintly visible with the naked eye. Find it with binoculars midway on the top left wing of the cosmic butterfly, then take a look with a larger telescope and you will find it resolved into thousands of stars!

### Meteor Showers in May

May 1- Phi Bootids: Radiant--near Hercules. 12. 6 per hour.

May 3 - Alpha Scorpiids: Radiant--Near Antares.

May 4 - Eta Aquarids: Radiant-- near Water Jar. 21 per hour, yellow with bright trails. Comet Halley debris.

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## Farmers' Almanac

### Mid-Atlantic Weather Watch:

Fair and warm (1, 2, 3) with storms (4, 5). Fair and mild (6, 7, 8, 9, 10) with more storms in the north and showers in the east (11, 12). Fair and warm again (13, 14, 15, 16, 17, 18) with still more storms (19, 20). Fair and warm yet again (21, 22, 23) with more showers and storms (24, 25) turning fair with a warming trend (26, 27, 28, 29, 30, 31).

**Tornado Watch:** The Town and Country Almanack sees tornado activity in the Mid-Atlantic Region from May 24th to May 26th.

**Full Moon:** May's Full Moon will make its appearance on May 3rd. Because of the many flowers blooming during the month, its Full Moon has often been called Flower Moon (or as the Huron Indians called it, Budding Moon). Because of the noticeable increase in milk produced by their cows as the weather starts to warm, early

American farmers came to refer to it as Milk Moon.

**Special Notes:** May is 'Older Americans Month'. In April of 1963, President John F. Kennedy and the National Council of Senior Citizens together designated May as Senior Citizens Month in recognition of the 17 million Americans who had reached the age of 65. In 1980, Senior Citizens Month became Older Americans Month.

**Holidays:** Mothers are honored on Sunday May 10th. Do something nice for the one who gave you the gift life. Give her a call, send her a sentimental card or nice flower arrangement, or just spend some quality time with her on her special day! Armed Forces Day is Saturday, May 16th, and Memorial Day falls on Monday, May 25th. Start off the 2015 summer season right with a family picnic, barbeque with friends and neighbors, or special outing with the

kids. Don't forget that the day is to also remember those who have served in our military, those who are currently serving, and those who will serve in the future. Remember the sacrifices they make every day on our behalf to protect our precious freedoms and ensure our way of life.

The Garden: It's still not too late to fertilize your trees and shrubs. Use a Rhododendron or Evergreen type of plant food to feed evergreens and other acid loving plants like Azaleas and Rhododendrons, Camellias and Junipers, etc. Use an all-purpose garden fertilizer (10-10-10) to feed roses, deciduous shrubs and trees. Be sure to water the fertilizer in thoroughly after it is applied. Carrots, lettuce, potatoes, corn, beans, peas and most popular vegetables, with the exception of the warmer weather crops, can be seeded or planted into the vegetable garden at any time now. Wait until mid to late May before planting the warmer weather crops like Tomatoes, Squash, cucumber, pumpkins and peppers.

# COMPUTER Q&A

# Hidden Facebook settings

**Aysë Stenabaugh**

All of the settings mentioned below must be accessed using Facebook Desktop. To access the Desktop version of Facebook from a mobile device you will need to use your mobile web browser (do not use the Facebook app). Once you signed into Facebook on your mobile browser click on the three lines at the top right of the Facebook page. A menu will appear and you will scroll to the very bottom and choose "desktop site". If your device asks you how you would like to open the page be sure to choose your mobile browser to open the page instead of the Facebook app.

**Download a copy of Facebook Data**

More and more often people leave Facebook whether for the short or long-term. You can preserve a copy of your Facebook info in just a few easy steps.

1. Sign into Facebook
2. On Facebook Desktop click the down arrow icon in the top right corner of any Facebook page. A menu will appear allowing you to select settings (or you can visit [www.facebook.com/settings](http://www.facebook.com/settings))
- On Facebook Mobile click on the 3 vertical lined button and scroll to the bottom to access account settings.
3. Staying inside the general tab you will see below general account settings an option to download your Facebook data. Once selected you can click on start my archive. It may take some time for Facebook to gather all of your data and once ready you can download it to your computer.

**Create a restricted list**

While we may want to add family and friends, we cannot always say that we want to share everything that we want to share with our closer friends. One way to make this easy is to create a restricted list of people who you want to only be able to view your public posts, and will allow you to remain Facebook friends! What is great about this feature is that users are not notified that they are restricted and there are no hard feelings

1. Access account settings (see above)
2. Choose "Blocking" from the list of account settings on the left hand side of the page
3. The first option on this page will say restricted list - Click on edit list to the right of this option
4. A box will appear and will either let you display all your friends or people you have added to the restricted list so far. Add the people you want to only be able to see what you post publicly.
5. Once all users you want to limit access to have been checked click on finish.

Block those pesky games and invites too!

Tired of being asked to save the day in candy crush or send an item to a friend in Farmville? Well Facebook created a solution just to get rid of those daily annoyances. Not only that but you can block invites from that one specific friend who plays a new game every week and even block event invites from specific people!

1. Access Account settings (see above)
2. Choose "Blocking" from the list of account settings on the left hand side of the page
3. The third option will be for "block app invites" Here you can type in the name of any friend that you would like to block all future app invites from
4. The fourth option will be for "block event invites" Here you can block all future event invites from a specific person

5. The fifth option will be for "block apps" this will prevent you from seeing any posts from a specific app or game on your time line such as Farmville or candy crush!

All of the settings above can be changed should you have a change of heart by returning to the respective settings page and removing the restrictions.

*To learn more about how to use Facebook schedule a one-on-one class with Jester's Computer Tutor by calling (717) 435-7463 or 717-HELP-4-ME.*

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# UPCOMING EVENTS

**May 2**  
His Place Car Show - Whether you're a "gearhead" or simply appreciate vintage autos, be sure to come on down to the annual His Place Car Show at Mother Seton School. Proceeds benefit Mother Seton School and Hospice of Frederick County. Rain date is Saturday, May 9

**May 2 & 3**  
60th Annual Apple Blossom Festival - Spring has finally sprung and what better way to celebrate spring than attending to the 60th Annual Apple Blossom Festival with a ton of fun new activities for all members of the family! There are tons of mouth watering treats for you to enjoy all weekend long! Apple Sundaes, Apple Crisp, Apple Dumpings, Apple Slushies, Apple Pies, Breads, Cider Donuts, and samples of apple cider, apple butter and

fresh apple slices! South Mountain Fairgrounds, 615 Narrows Road, Route 234, Biglerville, PA. For more information call 717-677-7444 or visit [www.appleblossom-festival.info](http://www.appleblossom-festival.info)

**Bee Week at Hollabaugh Bros** - The Apple Blossom Festival is a great time to visit Hollabaugh Bros. Retail Farm Market. Our Bee Room will be full of ways for kids to learn all about our bees - and the vital part they play in the life of our farm. We'll have crafts and activities to do, as well as sampling throughout the market. We look forward to seeing you! Visit [www.hollabaughbros.com](http://www.hollabaughbros.com) or call 717-677-8412 for more information.

**May 3**  
Basket and Vera Bradley Bonanza Bing - Proceeds will support FCPS students competing at the Nation-

al SkillsUSA Conference in Louisville, KY in June. Thurmont Activities Building (located at the Thurmont Carnival Grounds). For more information Contact Jenny Maher at 301-748-7645 or Bridgette Hopkins at 443-244-0591

**May 4**  
Mother Seton School Fine Arts Night - You're invited to come browse fine works of art and music created by our talented students, grades Pre-K through 8. Discover emerging artists and enjoy a musical accompaniment from our awards-winning band! For more information, contact us at 301-447-3161 or visit [www.mothersetonschool.org](http://www.mothersetonschool.org).

**May 8**  
Thurmont Art, Wine, & Cupcake Walk - We have several artists, wineries, and cupcake makers! Entertainment will be provided by Paul Zelenka and Mary Guiles in Mechanicstown Park. Rebecca Pearl will unveil her latest Thurmont painting, Yemi, John Nickerson, and Nancy Houston will be on display with their works as well. Gourmet cupcake makers Michele Nolan and Joan Hurley will be sampling and selling their delicious products. For more infor-

mation visit [www.facebook.com/ThurmontFirst](http://www.facebook.com/ThurmontFirst)

**May 9**  
Mother's Day at Hollabaugh Family at their Fruit Farm and Market - Stop by and paint a pot and then plant it with beautiful flowers for Mom. Come by the market and let our friendly staff help you give your Mom a unique gift she's sure to love! For more information call 717-677-8412 or visit [www.hollabaughbros.com](http://www.hollabaughbros.com).

Creagerstown Community Dinner, St. John's Lutheran Church parish house, 8619 Black's Mill Road, Creagerstown. Adults \$16, children ages 6 to 10 \$8, under 6 years free. There will be baked goods and a fancy table. The proceeds will benefit cemetery upkeep and street lights.

The Gettysburg Garden Club's Mother's Day Spring Plant Sale - The sale will feature a wide variety of perennials from members' private gardens, succulents, herbs, and garden related items. Proceeds will be used to purchase plants for Lincoln Square flower gardens and to fund scholarships for Adams County students majoring in horticultural-related studies. The Outlet Shoppes at Gettysburg. For

more information call 717-337-9030 or visit [www.gettysburggardenclub.homestead.com](http://www.gettysburggardenclub.homestead.com).

Bark in the Park - Recreational event for dog lovers. Off leash area, agility courses, doggie fashion show & prizes, training and obedience demonstrations. Limit 2 dogs per owner. , Utica District Park, 10200-B Old Frederick Rd., Frederick. For more information call 301-600-2936 or visit [www.recreator.com](http://www.recreator.com).

Spring in the Village at Catoctin Furnace - Enjoy the ambiance of a spring celebration in the village - crafts, flowers, heirloom plants, herbs, and children's activities. Traditional music & foods. 12607 Catoctin Furnace Rd., Thurmont. For more information call 410-243-2626 or visit [www.catoctinfurnace.org](http://www.catoctinfurnace.org)

Music at FCC - "E Pluribus Unum - Out of the Many, One" Wind Ensemble. The FCC Wind Ensemble will join forces with Choral Arts Society of Frederick for an evening of music filled with the sounds and spirit of our nation. For more information, call 301-846-2512.

**May 10**  
The Majestic Theater presents - Rosanne Cash. One of the most compelling figures in popular music with a body of work encompassing country, rock, roots and pop influences, Grammy award-winner Rosanne Cash inherited a reverence for song and profound artistry. For more information call 717-337-8200 or visit [www.gettysburgmajestic.org](http://www.gettysburgmajestic.org).

Catoctin Mountain Park's Spring Wildflower walks at the Owens Creek Picnic Area. Join a ranger at the Brown's Farm Trail for an interpretive wildflower walk. Together, you will explore an easy 1/2 mile trail that meanders through several types of habitat. The ranger will acquaint you with the flowers that are blooming, and will tell you why they are so particular about where they grow and when they flower.

Gettysburg Chamber Orchestra - Presented by Music, Gettysburg! A Mother's Day tradition, this year featuring soprano Margaret Folkemer,

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the Orchards  
Sunday, May 3rd!**

Visit our website at: [www.appleblossomfestival.info](http://www.appleblossomfestival.info) for details!

**Vigilant Hose Co.#6 Seventh Annual Spring Fling!**

**\$30,000 GIVEN IN PRIZES**

**Saturday, May 16, 2015 - Mt. St. Mary's**  
Benefit: Vigilant Hose Company & VHC Explorers Post

All these prizes will be awarded on May 16, 2015. You do not have to be present to win. Tickets cost \$60 and are good for two. Ticket cost includes admission, food, drinks, entertainment, and chance on prizes.

**HORSESHOES - FOOD - BEVERAGES**  
**50/50 TIP JARS - LIVE MUSIC & TONS OF FUN!**  
**Tickets: \$60.00 Per Ticket (Good for 2 People)**  
**Tickets Purchased & Turned In By March 1st Will Be Entered In A BONUS DRAWING FOR \$500!**



For tickets and more info  
contact us at [www.vigilanthose.org](http://www.vigilanthose.org)  
or call...  
Chris Stahley 301-447-3081  
John Glass 301-447-3648  
Gabe Baker 301-447-2212 or Bill Boyd 717-642-9717

# UPCOMING EVENTS

with arias by Handel and Mozart.

**May 14**  
Music at FCC "Spring Romance" String Ensemble - The FCC Spring Ensemble will present an evening of romance, featuring music from Felix Mendelssohn, Elvis Presley, Samuel Barber, and Pyotr Ilyich Tchaikovsky. For more information, call 301-846-2512.

**May 14 - 17**  
69th Semi Annual Gettysburg Bluegrass Festival - Four days of music on two stages. For more information visit [www.gettysburgbluegrass.com](http://www.gettysburgbluegrass.com)

**May 16**  
2015 Annual Camp Eder Benefit Golf Tournament - Proceeds will benefit the 2015 Children's Summer Camp Program of Camp Eder, a Christian Camp & Retreat Center in Fairfield. Mountain View Golf Course, Fairfield. For additional Camp Eder details call 717-642-8256 or visit [www.campeder.org](http://www.campeder.org)

Littlestown Wine Festival - A wine tasting festival to help raise funds for Littlestown's 250th anniversary. For more information call 717-359-5101 or visit [www.littlestown-pa.info/250years](http://www.littlestown-pa.info/250years)

**May 17**  
Fairfield EMS Open House - In recognition of 2015 National EMS Week.

Emmitsburg Community Chorus annual spring concert - Featuring music from film such as Over the Rainbow, The Lion Sleeps Tonight, The Rainbow Connection, The

Theme From New York, New York, Come So Far, just to name a few. Apples Church (7908 Apples Church Road). For further information call Betsy Graham at 301-898-7821.

**May 18 - 23**  
Mother Seton School Carnival!

**May 21, 22 & 23**  
Saint Anthony Shrine's Yard and Bake Sale - Space will be available if you are interested in selling your own items. Food and baked goods will be available starting at 8:30. Come and enjoy the day with us. For more information call Helen Reaver at 301-447-6431 or the parish office 301-447-2367.

**May 25**  
Gettysburg's 148th Memorial Day

Parade and Ceremonies - One of the oldest continuing ceremonies in the country. The Memorial Day Parade will begin at 2pm at Lefever Street in Gettysburg. The Memorial Day Ceremony will take place at 3pm at the Rostrum in the Soldiers' National Cemetery.

**May 30**  
Frederick County Master Gardeners seminar - Container and Small Space Gardening. Learn how to create a thriving garden even in limited spaces — from your window-sill, porch, or balcony to a small yard. See how to go beyond flower-pots by using a variety of containers and raised beds to grow vegetables, herbs, flowers (both annuals and perennials), and native plants. UME

Office, 330 Montevue Lane, Frederick. To register call Lisa at 301-600-1595. Walk-ins are welcome if there is room.

Catoctin Area Civitan Covered Bridge 5K Fun Run in Thurmont - Proceeds from the run will be used

to purchase handicap accessible playground equipment, provide assistance to Thurmont Senior Center and other local projects. If you have any questions about Catoctin Area Civitan Club, please contact the Club President, Ginger Malone, at 301-606-6891.

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Bill Eiker

**Rocky Ridge Vol. Fire Co. Auxiliary**  
**CASH BINGO**  
**SUNDAY, MAY 3, 2015**  
Tickets: \$20 In Advance \$25 At the Door  
Doors & Kitchen Open At 11:30am - Games Begin At 1:00pm  
20 Reg. Games - \$50 • 2 Special Games - \$200 Each  
\$500 Jr. Jackpot • \$1000 Jackpot • Winner Take All  
Top Of The Tree Jars • Holder Jars • Door Prizes  
For Tickets **BONNY** at 301-271-3370 Extra Cards Available  
& Info Call: **LINDA** at 301-667-1760 At the Door!

**Choose When You Want To Play!**  
**THURSDAY NIGHTS**  
Great Food! Huge Jackpot!  
Doors Open @ 5:30 PM  
Bingo Starts @ 6:45 PM  
**TWILIGHT BINGO**  
1st Friday Of Every Month!  
Food! 3 Jackpots! Larger Payouts!  
Doors open @ 5:30 PM  
Bingo starts @ 8 PM

**Fairfield Fire & EMS**  
Follow Rt. 116 To Fairfield  
Turn Onto J. Harry Kane Blvd.

*for your Mama Bear!*  
*Bring Mom out for a pint of Hard Cider and a night of fun at Reid's!*

**Reid's Winery & Cider House Café**  
400 Baltimore Street  
Gettysburg 717-334-7537  
[reidsorchardwinery.com](http://reidsorchardwinery.com)

**Jubilee foods**  
**Premium MEATS • SEAFOOD • DELICATESSEN**  
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301.447.6688  
[www.ShopJubileeFoods.com](http://www.ShopJubileeFoods.com)  
[Jubilee515@comcast.net](mailto:Jubilee515@comcast.net)

**It's Buck Season at Jubilee!**

**Don't forget... Mother's Day is May 10th!**  
Jubilee will have a large variety of Flowers, Bouquets, Vases and Hanging Baskets!

**Check Out Our New Dollar Section!**  
With Over 500 Great Items And Growing!  
**WHY SHOP ANYWHERE ELSE?**

**Stretch your Dollar at Jubilee!**

**dollar SMART**  
A Smart Choice For Savings.

# MOUNT ST. MARY'S UNIVERSITY

## Advance Your Career WITH A DEGREE FROM THE MOUNT

*“My degree from the Mount made me stand out as a teacher candidate.”*

Amelia Rosario, C'11, Elementary Education  
Early Childhood Special Education Teacher  
at Montgomery County Public Schools



### Graduate & Adult Programs **OPEN HOUSE**

**Frederick Campus**  
Tuesday, May 19  
3-6 p.m.

Register online at  
[msmary.edu/openhouse](http://msmary.edu/openhouse)

In attendance will be the registrar,  
financial aid, career center, and  
program advisors.

## CALENDAR OF EVENTS

### **Mount Ensembles Concert**

May 1, 4 p.m.  
Terrace Gazebo near IC Chapel  
Celebrate May Day with a short outdoor band concert! Experience music the way your grandparents did—a small band playing standards in a gazebo.

### **Baccalaureate**

May 9, 5 p.m.  
ARCC Fieldhouse  
A celebration for all graduates and their families.

### **Commencement**

May 10, 10 a.m.  
ARCC Fieldhouse  
Commencement includes a full Mass and ceremony to celebrate the great accomplishments of the Mount's graduating seniors. There will be LiveStream coverage of the Commencement Exercises beginning at 9 a.m. Please visit [www.msmary.edu](http://www.msmary.edu) for more information.

### **Summer Sports Camps**

Register now for baseball, basketball, lacrosse, and soccer camps and clinics offered at the Mount! Visit [mountathletics.com](http://mountathletics.com) for more information.

Mount St. Mary's University is the only college in Frederick County offering accelerated evening and weekend classes exclusively for working adults. Four adult undergraduate programs and 12 graduate degree and certificate programs provide the opportunity to change or advance your career! Our Frederick Campus is conveniently located off I-270 and I-70 near the FSK Mall.

#### **ADULT UNDERGRADUATE DEGREES**

- B.S. in Business
- B.A. in Criminal Justice
- B.S. in Elementary/Special Education
- B.S. in Human Services

#### **GRADUATE DEGREES**

- Master of Business Administration (MBA)
- Emerging Leaders MBA (1 yr.)
- Master of Health Administration
- Master of Education
- Master of Arts in Teaching
- Master of Science in Biotechnology and Management

#### **GRADUATE CERTIFICATES**

- Advanced Study in Reading
- Government Contracting
- Logistics & Supply Chain Management
- Organizational Development
- Project Management
- **NEW!** Technology Facilitation

Register online at [msmary.edu/openhouse](http://msmary.edu/openhouse)

## *Elizabeth DiNunzio* MEMORIAL 5K FUN RUN/WALK REUNION WEEKEND • JUNE 6, 2015



### *Register today!*

Race Day Check-In: 7:30-8:15 a.m. The 5K will begin at 8:30 a.m.

Start and finish: Trailhead Plaza (near Tennis Courts), PNC Sports Complex

Registration Fee: \$25 Individual, \$10 Children 10 & Under

(All Proceeds Benefit the Elizabeth DiNunzio Memorial Trail)

Register at [www.msmary.edu/race](http://www.msmary.edu/race). Register by May 12 to receive a T-shirt.

Online registration closes on June 3, so be sure to register by then to receive a timing chip! Timing chips will not be available for walk-in registrations.

Post-race refreshments will be provided.

For more information, contact Jeanne Hurley at 301-447-6872  
or [jhurley@msmary.edu](mailto:jhurley@msmary.edu)

## MAY CROWNING OF OUR LADY

For the first time ever, a 12 foot, long silk flower crown will be hoisted over 100 foot in the air to crown the gold -leafed bronze statue of the Blessed Mother.

Accompanied by a beautiful ceremony, in the month dedicated to Mary, the Crowning of Mary will celebrate the conclusion of the academic year and honor her with both our prayerful thanks and petition her powerful intercession.

May 3, 2015

1 p.m., following Noon Mass  
Dubois-Seton Garden,  
National Shrine Grotto of  
Our Lady of Lourdes

For more information call 301-447-5318.

